



SENIOR & LONG TERM CARE DIVISION COMMUNITY SERVICES BUREAU

HOME AND COMMUNITY BASED WAIVER Policy Manual

Section: SERVICES

Subject: Pain and Symptom Management

References: ARM: 37.40.1428

DEFINITION

This service allows for the provision of traditional and non-traditional methods of pain management. There must be an expectation that these services will be beneficial to the member.

COVERED SERVICES

Treatments include, but are not limited to:

1. Acupuncture
2. Reflexology
3. Massage Therapy
4. Craniosacral Therapy
5. Hyperbaric Oxygen Therapy
6. Mind-body therapies such as hypnosis and biofeedback
7. Pain Mitigation Counseling/Coaching
8. Chiropractic therapy (Members age 21 or older. Members under the age of 21 receive this service as a State Plan service under EPSDT)
9. Nursing services by a nurse specializing in pain and symptom management

Providers of these services must meet any applicable provider qualifications as required by state law.

REQUIREMENT

Any non-traditional treatments require written documentation by a health care professional indicating that the treatment will not harm the member.

PAYMENT TO LEGALLY RESPONSIBLE INDIVIDUALS

Payment for this service may be made to legally responsible individuals, if program criteria are met. Refer to HCBS 604-1.