



**SENIOR & LONG TERM CARE DIVISION  
COMMUNITY SERVICES BUREAU**

**HOME AND COMMUNITY BASED WAIVER  
Policy Manual**

**Section: SERVICES**

**Subject: Nutrition**

**References: ARM: 37.40.1476**

**DEFINITION**

Nutrition services include the provision of meals in a congregate setting or home-delivered meals. Nutrition services can also include, but are not limited to, meals from restaurants, hospitals and meal service in a residential setting that is not considered room and board (e.g. apartment site that offers meal service separate from room and board).

**SERVICE  
REQUIREMENT**

Congregate or home-delivered meals must be provided as defined in ARM 37.40.1476.

**AREA AGENCY  
ON AGING (AAA)**

Meals may be purchased from an AAA if:

1. The AAA has a fixed rate for the meal, which it charges the general public. The Home and Community Based Services (HCBS) reimbursement rate cannot exceed the rate charged to the general public.
2. If the AAA does not have a fixed rate, meals can only be purchased if it a meal that the AAA normally does not provide or the AAA has not more funds available for meals and has an established waiting list for services.

**REIMBURSEMENT  
LIMITS**

No more than two meals a day shall be provided to members through congregate or home-delivered meals. Providing more than two meals a day constitutes a full nutritional regiment or “board”, which is not reimbursable under the HCBS program.

Medicaid providers cannot bill in advance of service delivery. Reimbursement can only occur for those meals delivered while the member is enrolled in waiver.