

BSW 714 Services: Health and Wellness

DEFINITION

Health and Wellness services ~~assist~~help members ~~in acquiring~~acquire, ~~retain~~ing, and ~~improving~~self- health, socialization, and adaptive skills to reside successfully in ~~the community~~their homes and communities.

COVERED SERVICES

This service includes adaptive health, wellness services, and therapeutic recreational services such as:

1. Classes on weight loss, smoking cessation, and healthy lifestyles.
2. Health club/fitness center memberships.
3. Costs associated with adaptive recreation activities such as skiing, horseback riding, and swimming.
4. Art therapy.
5. Living well with a disability classes through Independent Living Centers.
6. Hydrotherapy ~~and~~.
7. Hippotherapy.

~~7-~~ This is not an exhaustive list. Members can work with their case management teams and broader care network to determine what Health and Wellness services will support their health, socialization, and adaptive skill needs.

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