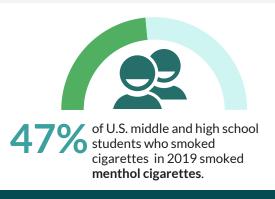
MENTHOL

Menthol is a flavor additive used by the tobacco industry to create a minty taste and aroma.

WHY SHOULD MENTHOL BE INCLUDED IN FLAVOR RESTRICTIONS?

- 1 It increases the likelihood of nicotine addiction in youth.
- It creates a cooling and numbing sensation that helps mask the harshness of tobacco.
- It enhances the addictiveness of tobacco products and makes quitting more difficult.







One in five Montana high school students who used e-cigarettes in 2021 reported using menthol flavored products most often.

Menthol is not federally restricted and this flavor can be found in many types of tobacco products.



Cigarettes



Dissolvables



Chew



Cigars



E-cigarettes

WHAT SHOULD MONTANANS KNOW?

Prohibiting the sale of flavored tobacco products, including menthol, is an effective way to reduce youth access to tobacco products.

Sources:

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 2. Campaign for Tobacco-free Kids. "Stopping Menthol: Saving Lives: Ending Big Tobacco's Predatory Marketing to Black Communities."
- https://www.tobaccofreekids.org/assets/content/what_we_do/industry_watch/menthol-report/2021_02_tfk-menthol-report.pdf. February 2021.

 3. Centers for Disease Control and Prevention, Office on Smoking and Health. "Summary of Scientific Evidence: Flavored Tobacco Products, Including Menthol." https://www.cdc.gov/tobacco/data_statistics/evidence/pdfs/Scientific-Evidence-Brief-Flavored-Tobacco-Products-Including-Menthol-
- 508.pdf. February 2021.

 4. Montana Youth Risk Behavior Survey, 2021.

