

The Importance of Smokefree Housing

Why go smokefree?

- Marketability
 Only one-in-four Montana renters
 (26%) are protected by smokefree housing policies, but 69% of renters not currently protected by a smokefree policy would like to see their landlord adopt one.¹
- Cost Savings
 Apartment turnover costs are 2 to

 7 times greater when smoking is allowed in a unit, studies show.⁵
- Improved Safety
 Smoking is one of the leading causes of home fire fatalities in the United States.⁶
 In 2020, cigarettes caused nearly 40 residential fires, 2 deaths, and \$1.3 million in property loss in Montana.⁶

Smokefree Housing Database

Looking for smokefree housing in your community? Want to advertise your smokefree housing facility? Visit tobaccofree.mt.gov.



CONTACT

Montana Tobacco Use Prevention Program

Phone: (866) 787-5247 E-mail: infotobaccofree@mt.gov Website: tobaccofree.mt.gov

Tobacco smoke doesn't stay next door.

- Doors and walls can't stop neighbors' tobacco smoke from finding its way into surrounding units. Smoke drifts through ventilation systems, through doorways and windows, and even through electrical outlets.
- Air purifiers and ventilations systems can't prevent secondhand smoke from passing into neighboring units. The American Society of Heating, Refrigerating & Air Conditioning Engineers stated that "the only means of avoiding health effects and eliminating environmental tobacco smoke exposure is to ban all smoking activity inside and near buildings."²

Where there's smoke, there's danger.

- The U.S. Surgeon General has concluded there is no safe level of secondhand smoke exposure.
- Secondhand tobacco smoke contains more than 7,000 chemicals, 70 of which are known to cause cancer.³
- Exposure to secondhand smoke increases the risk of health problems such as heart disease, respiratory problems, Sudden Infant Death Syndrome (SIDS), and headaches.⁴

Tobacco product residue damages health & property.

- Thirdhand smoke is the residue from tobacco smoke and e-cigarette aerosol that remains in the environment after the product has been used. This residue clings to furniture, drapes, walls, carpet and many other surfaces and builds up over time.⁷
- People and pets can be exposed to thirdhand smoke through ingestion, absorption, or inhalation as the chemicals release into the air.⁸ Similar to secondhand smoke, thirdhand smoke increases the risk of heart disease, respiratory problems and SIDS.⁹
- Thirdhand smoke decreases property value and renter appeal. 10 Removing the residue takes time and is costly.

Thirdhand Smoke Property Damage









The Importance of Smokefree Housing

SOURCES

- 1. Montana Department of Public Health and Human Services. Montana Adult Tobacco Survey, 2018. Helena (MT): Chronic Disease Bureau. Montana Tobacco Use Prevention Program.
- 2. American Society of Heating, Refrigerating & Air Conditioning Engineers,

https://www.ashrae.org/File%20Library/About/Position%20Documents/pd_environmental-tobaccosmoke-2020-07-1.pdf

- 3. U.S. Department of Health and Human Services. The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014 [accessed 2019 May 31].
- 4. U.S. Department of Health and Human Services, U.S. Surgeon General's Office, The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General, 2006, https://www.ncbi.nlm.nih.gov/books/NBK44324/pdf/Bookshelf_NBK44324.pdf
- 5. U.S. Department of Housing and Urban Development, Office of Healthy Homes and Lead Control. Smokefree Housing: A Toolkit for Owners/Management Agents of Federally Assisted Public and Multi-family Housing, 2012, https://www.hud.gov/sites/documents/pdfowners.pdf
- 6. U.S. Fire Administration. National Fire Incident Reporting System, Residential and nonresidential building fire and fire loss estimates by property use and cause (2003-2018); Montana (2020).
- 7. Goniewicz, M. L., & Lee, L. (2015). Electronic cigarettes are a source of thirdhand exposure to nicotine. Nicotine & tobacco research: official journal of the Society for Research on Nicotine and Tobacco, 17(2), 256–258.

https://doi.org/10.1093/ntr/ntu152 8. Jacob, Peyton 3rd et al. "Thirdhand Smoke: New Evidence, Challenges, and Future Directions." Chemical research in toxicology vol. 30,1 (2017): 270-294. doi:10.1021/acs.chemrestox.6b00343 9. American Thoracic Society. Patient Education Information Series: What are Second and Third-hand Smoke and Vaping Aerosols? March 2020. https://www.thoracic.org/patients/patientresources/resources/second-hand-smoke.pdf 10. Burton A. (2011). Does the smoke ever really clear? Thirdhand smoke exposure raises new concerns. Environmental health perspectives, 119(2), A70-A74. https://doi.org/10.1289/ehp.119-a70 11. American Nonsmokers' Rights Foundation, Thirdhand Smoke in Apartments and Condos: Recommendations for Property Owners and Managers, 2017, https://no-smoke.org/wpcontent/uploads/pdf/thirdhand-smoke-inapartments-and-condos.pdf.

12. NAA National Apartment Association, AIMS Property Management Update, Feb 1, 2008 http://www.tcsg.org/sfelp/NAA-SFMemo.pdf

Monetary Impacts on Housing Providers

	No Smoking	Light Smoking	Heavy Smoking
General Cleaning	\$240	\$500	\$720
Paint	\$170	\$225	\$480
Flooring	\$50	\$950	\$1,425
Appliances	\$60	\$75	\$490
Bathroom	\$40	\$60	\$400
Total	\$560	\$1,810	\$3,515

Source: Adapted from the Čaŋlí Coalition's Tribal Tobacco Toolkit. Available at https://www.findyourpowersd.com/toolkit/.

Smokefree policies are legal.

- There is no Montana or federal law that prohibits a landlord from making an entire building or property smokefree. In fact, having a smokefree policy may protect you from the risk of some legal violations such as warrant of habitability or covenant of quiet enjoyment.
- Tenants with disabilities caused by or made worse by secondhand smoke may have legal protections under the Americans with Disabilities Act.¹²

Free assistance and resources are available.

- The Montana Tobacco Use Prevention Program (MTUPP) can help implement or request a smokefree policy on the property.
- Model lease addendum language, free smokefree property signs, compliance and enforcement tips, and free Montana Tobacco Quit Line promotional materials are available at tobaccofree.mt.gov.
- You can access a <u>free online course</u> about the importance of smokefree housing at tobaccofree.mt.gov.
- The Tobacco Education Specialist (TES) in your community can assist with the steps of promoting or implementing a smokefree policy. Find your local TES by contacting your county or tribal health department.



Free signs can be ordered from tobaccofree.mt.gov

