

# HELP ME KEEP WATERBORNE ILLNESSES OUT OF THE POOL!



## PROTECT YOUR FAMILY & OTHERS FROM WATERBORNE ILLNESSES INCLUDING CRYPTO, GIARDIA, E.COLI, SHIGELLA, & NOROVIRUS BY FOLLOWING THESE SIMPLE RULES:



Wash your hands with soap and water after using the toilet or changing diapers and before eating.



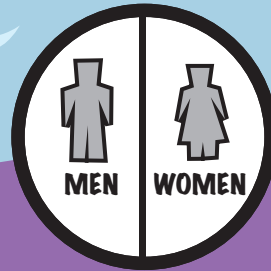
Always wash children — especially hands and bottoms — before water play.



Never let children with diarrhea play in the pool or splash park.



Don't let your children swallow the water they play in.



Make sure children take frequent bathroom breaks and check diapers often.



Never change your baby's diaper at waterside — use the bathroom or designated area.

**REMEMBER,  
HEALTHY SWIMMING  
IS NO ACCIDENT!**

Even a tiny speck of stool contains millions of Crypto parasites that can make you and others very sick. Chlorine in the pool isn't strong enough to kill these parasites. Symptoms of an illness can include stomach ache and diarrhea. If you or a family member gets a waterborne illness wait two weeks after the diarrhea ends before returning to the pool or splash park.