### SOCIAL DETERMINANTS OF HEALTH AND DRUG OVERDOSE EVENTS IN GREAT FALLS, MT (2019-2022)

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- Drug overdose events are significantly increasing across the nation
- Opiate-related deaths have garnered national attention
- Narcan distribution is a reactive solution, rather than preventative

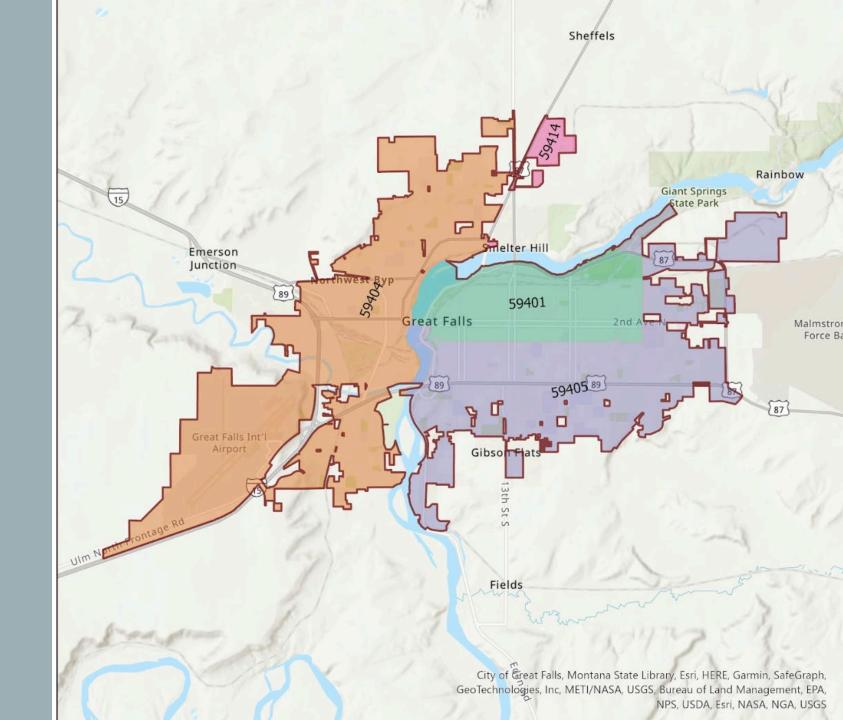


- Identify if correlations exist between certain SDoHs and overdose events in Great Falls, MT
- Provide data to guide future targeted interventions and research
- Encourage additional research across Montana communities to address the drug crisis
- Provide research on general drug overdose
  - Current work has strong focus on opiate related deaths and naloxone distribution



- Census Bureau data from 2020 census to provide background of population
- EMS data from NEMSIS for overdose suspected calls and total 911 calls
- Provider's Primary Impression drove overdose diagnosis
- Provider's Secondary Impression drove self-harm determination
- Limited by overdoses called into 911 and investigation of EMS personnel
  - Recent studies support EMS data as accurate, despite potential room for error

## CITY OF GREAT FALLS



#### MAKEUP OF GREAT FALLS

#### GREAT FALLS, MT1

- Median Household Income \$55,521
- Homeowning Population 65.2%
- Poverty Rate 14.5%
- Bachelor's or Above 28.2%
- Aged 65+ 18.1%
- 59401 Median Home Price \$285,000
- 59404 Median Home Price \$429,900
- 59405 Median Home Price \$325,000

#### NATIONAL<sup>2</sup>

- \$74,755
- 39.9%
- 11.9%
- 35.7%
- Estimate 17.3%
- Median Home Price \$416,100

#### WHAT DOES THIS TELL US?



Population density of 2,627.5<sup>1</sup>

3<sup>rd</sup> Largest City in State

Representative of other mid-size cities in MT



Blue-collar, working-class community

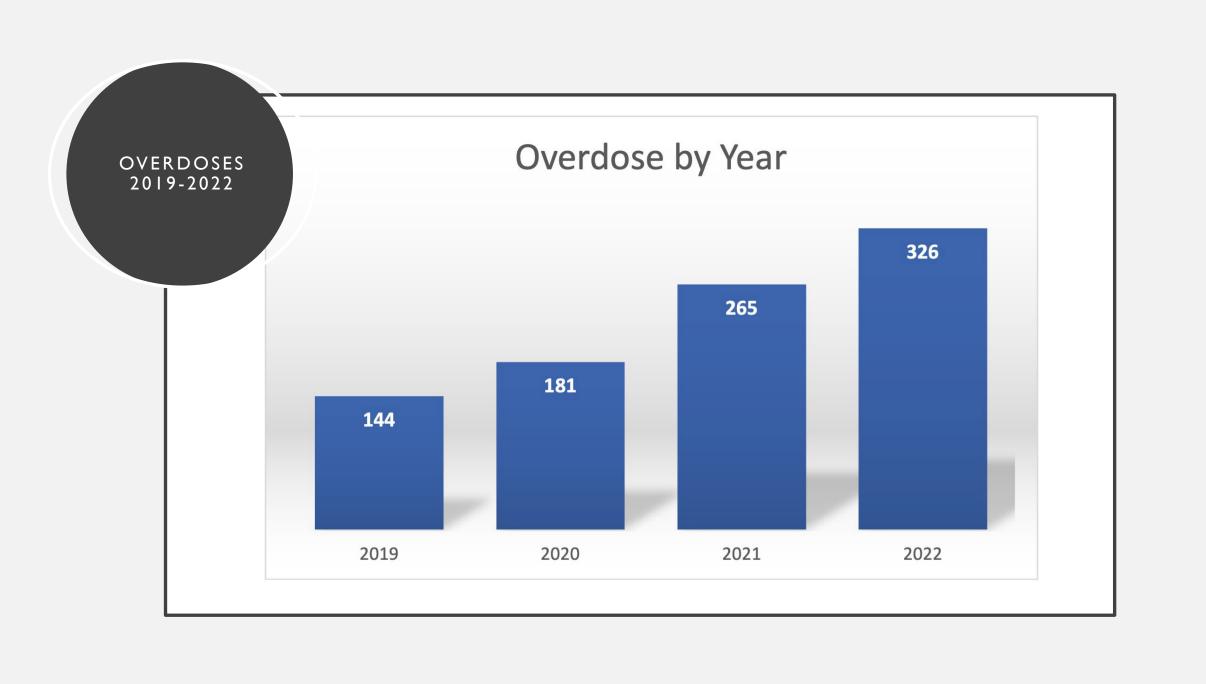
Representative of other working-class communities in the United States



Affluency concentrated in 59404



- Disparities will exist across racial groups, including in risk of self-harm<sup>3</sup>
- Overdose events occur more frequently in zip codes with lower income indicators
  - Participation in negative health behaviors show a gradient that tracks with SES<sup>4</sup>





- No significant difference in overdose events by zip code
- No significant difference in overdose events by race
- Significant findings for self-harm overdose events by age

## OVERDOSE BY ZIP CODE

Risk ratio of overdosing in all zip codes was ~1.00

• 59401:1.00

• 59404: 1.00

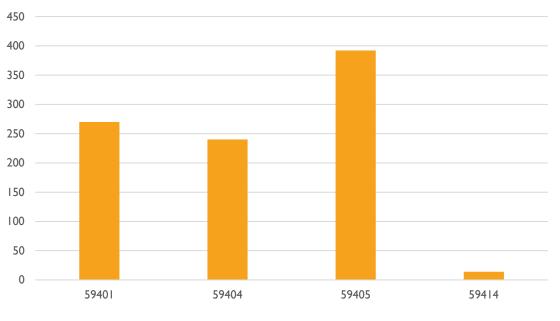
• 59405: 0.997

• 59414: 1.02

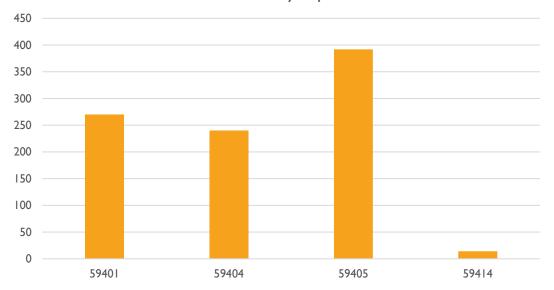
- Chi-Square Test for Homogeneity
- Compared 59405 and 59404
  - 59405 represents mid-level SES
  - 59404 represents highest level SES
- Chi-Square p-value = 0.305

# OVERDOSE BY ZIP CODE





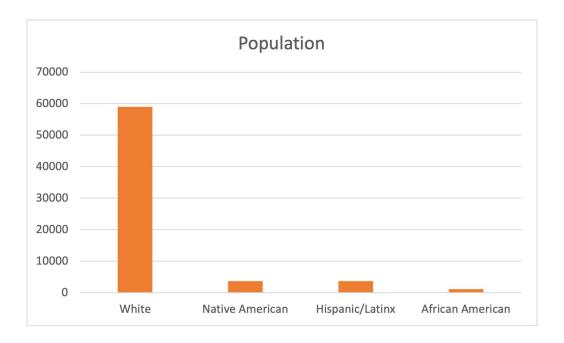
#### Overdoses by Zip Code

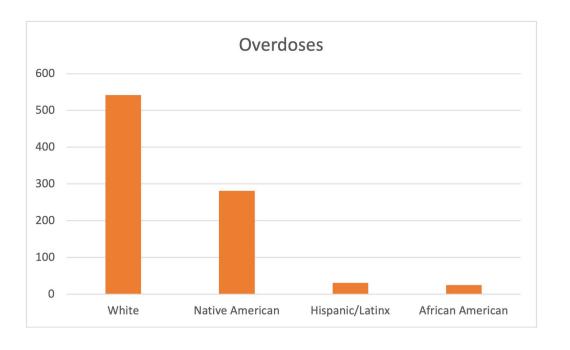


#### OVERDOSE BY RACE

- 4 key groups determined by population size
  - White 59,002
  - Native American 3,677
  - Hispanic/Latinx 3,368
  - African American 1,156
- Risk ratio showed all groups to have similar risk of overdosing
  - White 0.971
  - Native American 1.07
  - Hispanic/Latinx 0.995
  - African American 1.01

# OVERDOSE BY RACE

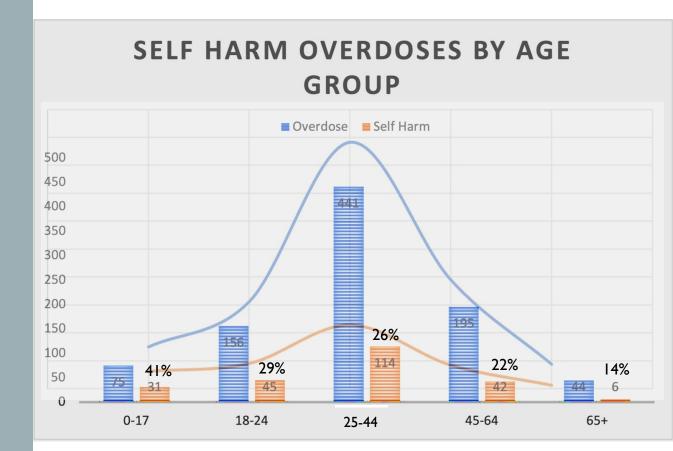




## SELF HARM & OVERDOSE

- Chi-Square Test found a significant association between age group and self-harm overdoses
  - p = 0.00943
- Risk Ratio found significance in self-harm overdoses by age group
  - 0-17 intentionally ODing 1.27
  - 18-24 intentionally ODing 1.04
  - 25-44 intentionally ODing 1.10
  - 45-64 intentionally ODing 0.919
  - 65+ intentionally ODing 0.843

## SELF HARM AND OVERDOSE





- Mental health history may be a good indicator of future self harm
  - Those with mental health history are 2.35x more likely to have a self harm related OD
  - Self harm related ODs have increased risk of fatal outcomes (RR = 1.09)



- Naloxone administration reduced risk of fatality only slightly
  - RR of fatal outcome with naloxone administration = 0.922
- Interventions for mental health may prove more beneficial
  - 0–17-year-olds spend significant amounts of time in school
  - Implementing mental health in schools may be a successful, preventative intervention
  - Addressing mental health from beginning ages may also reduce use in later ages, regardless of self harm intentions
    - Addiction is a mental health issue

### QUESTIONS?

#### REFERENCES

- 1. Explore Census Data. (n.d.). https://data.census.gov/profile/Great\_Falls\_CCD,\_Cascade\_County,\_Montana?g=06 0XX00US3001391533
- 2. Explore Census Data. (n.d.). https://data.census.gov/profile?g=010XX00US
- 3. Eylem, Z., De Wit, L., Van Straten, A., Steubl, L., Melissourgaki, Z., Danışman, G.T., De Vries, R., Kerkhof, A., Bhui, K., & Cuijpers, P. (2020, June 8). Stigma for common mental disorders in racial minorities and majorities a systematic review and meta-analysis. BMC Public Health; BioMed Central. https://doi.org/10.1186/s12889-020-08964-3
- 4. Dunn, J. R. (2010, March 24). Health Behavior vs the Stress of Low Socioeconomic Status and Health Outcomes. *JAMA*, 303(12), 1199. https://doi.org/10.1001/jama.2010.332