

WHAT'S HAPPENING

INTEGRATED BEHAVIORAL HEALTH

UPCOMING WEBINAR SERIES

Check for MPCA events and registration links on our website: <https://www.mtpca.org/events/>



A Primary Care Approach to Treating Substance Use Disorders

Join us for a webinar series aimed at **primary care physicians** that covers a variety of topics by local experts on **Substance Use Disorder topics**. CMEs pending, so this webinar series can help you meet your DEA requirement for licensure renewal.

CMEs pending; Behavioral Health CEUs available

Every other Wednesday 12:10 PM - 1:00 PM from January 24 - July 10.

Motivational Interviewing

Join us for a webinar series on **Motivational Interviewing (MI) techniques**. MI is a **counseling method** that helps people resolve ambivalent feelings and insecurities to find the **internal motivation** they need to **change their behavior**. It is a practical, empathetic, and short-term process that takes into consideration how difficult it is to make life changes.

Behavioral Health CEUs available for attending this training

Every other Thursday 9:00 AM - 10:00 AM from February 1 - March 14.

Stronger Together

Join us for this webinar series about **Integrated Behavioral Health (IBH)** which is a **team-based approach** that provides real time teamwork with **shared care plans** as a standard approach to care for designated populations. This model combines a **multidisciplinary team** that integrates treatment strategies and interventions to provide **whole person care**. Treating these complex and/or chronic illnesses with a team approach is innovative and evidence based best practice in the primary care setting.

Behavioral Health CEUs available for attending this training.

Every other Thursday 9:00 AM - 10:00 AM from April 11 - May 23.



WHAT'S HAPPENING

AT THE MONTANA PRIMARY CARE ASSOCIATION

ONLINE WEBINAR SERIES

A Primary Care Approach to Treating Substance Use Disorders

Every Other Wednesday 12:10 PM - 1:00 PM

Primary Care Providers have been a leader in addressing the opioid epidemic and are a key component in ending the death and suffering from this national scourge. Nevertheless, in 2024, the opioid epidemic, along with other substance misuse and abuse, continues. However, we cannot respond to this national plague in the exact same way as we did earlier in the epidemic. The drugs and environment continue to change.

Grab your lunch and join us for this up-to-date new webinar series, "A Primary Care Approach to Treating Substance Use Disorder," every other Wednesday starting at 12:10 PM. Various in-state experts will cover a range of topics. Each session will include a short presentation lasting 30 to 35 minutes, followed by a fifteen minute for Q&A. If you are not able to make every session, no worries; each session will be recorded and available to watch asynchronously.

The target audience for this webinar series includes physicians, nurse practitioners/nurses, physician assistants, pharmacists, counselors, and other healthcare providers.

CMEs Pending

Register Here: <https://us06web.zoom.us/meeting/register/tZYpc--srj0jH9ArfPeLysElzhpqaxknEWYH>

Session 1: January 24, 2024
A Public Health View of Substance Use Disorder
presented by Dr Greg Holzman

Session 2: February 7, 2024
Low Threshold Care
presented by Dr Dan Nauts

Session 3: February 21, 2024
Initiating Buprenorphine and Maintenance
presented by Dr Bob Sise

WHAT'S HAPPENING

INTEGRATED BEHAVIORAL HEALTH

FREE ONLINE TRAINING

Fundamentals of Addiction Medicine (FOAM)

The ASAM Fundamentals of Addiction Medicine is an **8-hour** innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction.

Addiction as a disease continues to cost the global community a staggering amount both financially and in lives lost, but there are treatments available to help patients. Participants of this workshop will learn more about **addiction medicine** and how to **screen, diagnose, treat,** and/or refer patients with addiction – many of whom have co-occurring medical and psychiatric comorbidities.

This is a practical, **case based course** designed to be **interactive and engaging**. The course is designed to empower primary care and other providers to diagnose and treat patients at risk for, or with addiction, by translating the signs of the disease of addiction into transformative, positive outcomes for patients.

The **target audience** for this beginner level workshop include: physicians, nurse practitioners/nurses, physician assistants, counselors, and other healthcare providers.

8 CMEs, CNEs, and Behavioral Health CEUs available

Two Upcoming Dates to Choose From

8:00 AM - 12:30 PM

February 22 & 23, 2024

Register Here: https://elearning.asam.org/products/asam-fundamentals-of-addiction-medicine-workshop-mtpca-february-22-23-2024#tab-product_tab_overview

June 6 & 7, 2024

Register Here: <https://elearning.asam.org/products/asam-fundamentals-of-addiction-medicine-workshop-mtpca-june-6-7-2024>

To register, visit www.mtpca.org/events



WHAT'S HAPPENING

INTEGRATED BEHAVIORAL HEALTH

FREE ONLINE TRAINING

Screening, Brief Intervention, Referral to Treatment (SBIRT)

SBIRT is a comprehensive, integrated, public health approach to the **delivery of early intervention** and treatment services for **persons with substance use disorders**, as well as those who are at risk of developing these disorders.

Primary care centers, hospital emergency rooms, trauma centers, and other community settings provide opportunities for early intervention with at-risk substance users before more severe consequences occur.

About SBIRT:

- Screening quickly assesses substance use indicating necessity of a referral
- Brief intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.
- Referral to treatment provides those identified as needing more extensive treatment with access to specialty care.

4 Behavioral Health CEUs available for attending this training

Three Upcoming Dates to Choose From

8:00 AM - 12:00 PM

February 16, 2024

https://us06web.zoom.us/meeting/register/tZcqf-ivrTwwGtOEblaX7Te0t9tH_NWUjxca

May 10, 2024

<https://us06web.zoom.us/meeting/register/tZAuc-6pqTsjHtVMXQbY6hYm0wKmyvZo-AsD>

September 6, 2024

<https://us06web.zoom.us/meeting/register/tZwodemorTMqGtO3jhbwLaMvr6qTre27ZZZw>

For this training and more, visit www.mtpca.org/events



Montana Primary Care Association

WHAT'S HAPPENING

INTEGRATED BEHAVIORAL HEALTH

FREE ONLINE TRAINING

Medications for Opioid Use Disorder (MOUD) 3-Hour Bootcamp

This course may be taken as an abbreviated training for those new to **prescribing buprenorphine** or as a refresher for those who have previously been trained. Also a great course for anyone working with patients with **Opiate Use Disorder** to better **understand treatment medications**

As of January 1, 2023, any provider (MD, DO, NP, PA) can prescribe Buprenorphine products to treat their patients with opioid use disorders. This training will assist with the details of pharmacology and dosing.

3 CMEs available for attending this training

February 8, 2024 9:00AM - 12:00PM

Register Here:

<https://us06web.zoom.us/join/register/tZwkd-CtrD8qGd1kddG0l5h5lq5Oy24aClDz>

September 12, 2024 9:00AM - 12:00PM

Register Here:

<https://us06web.zoom.us/join/register/tZAqdemqrzgoGNCFGEMq9kUSpyOmlj9WI9Nt>

For this and other trainings, visit www.mtpca.org/events



WHAT'S HAPPENING

INTEGRATED BEHAVIORAL HEALTH

FREE ONLINE TRAINING

A New Pair of Glasses: Stigma and Discrimination Workshop

This course will explore our culture and biases which directly influence our patient interactions and care. Learn about the history of substance use and disorders, the war on drugs, the effects of medical trauma, and how the language we choose shapes the way we treat our patients.

2 Behavioral Health CEUs available to attend this training.

Three Upcoming Dates

10:00 AM - 12:00 PM

February 9, 2024

<https://us06web.zoom.us/j/84802791794>
<https://us06web.zoom.us/meeting/register/tZEvcu2grDgtGNZEf8F9V0Zft1vo2o60-L5>

April 26, 2024

<https://us06web.zoom.us/j/84802791794>
<https://us06web.zoom.us/meeting/register/tZYkf-ippzgjE9blyLD5209F9ZsuNgGdHe6s>

September 13, 2024

<https://us06web.zoom.us/j/84802791794>
<https://us06web.zoom.us/meeting/register/tZ0rc-uvpj8rG9bDnuMR9UI4TMktCzpMzoZC>

For this training and more, visit www.mtpca.org/events



Montana Primary Care Association

Addiction Medicine Network

SAVE THE DATE

THE MANY FACES OF PAIN AND ADDICTION

Thursday, May 2 - Saturday, May 4, 2024

Hilton Garden Inn - Bozeman



*Thursday 1:00 - 5:00 PM followed by Welcoming Social
Friday 8:30 AM - 5:00 PM
Saturday 8:30 AM - 2:00 PM*

Save the date for the Addiction Medicine Network meeting, presenting **The Many Faces of Pain and Addiction** with national expert, **Dr. Mark Sullivan** from the **University of Washington**, who specializes in wholistic, team-based pain care.

Enhance your ability and comfort in **treating pain, substance use disorders, and mental health concerns.**

Please join us for this dynamic and informative conference where you can **interact with peers, discuss current issues in your practice setting, receive updates from the State, learn about Montana's Addiction Medicine Network, identify obstacles to care, and discuss possible resolutions.**

Agenda topics include, but are not limited to, overviews, updates, and treatment information for:

- *Methamphetamine, and Benzodiazepines*
- *MOUD updates*
- *Tobacco and Vaping*
- *Alcohol use disorder and ambulatory withdrawal management*
- *ADHD in an SUD World*
- *Perspectives on Anxiety and Depression*
- *Social Determinates of Health's effects on SUD and mental health*

Who should come: Any healthcare provider who treats or is interested in treating this patient population, including MD/DO, NP/PA, nurses, pharmacists and therapists.

CME and CEU for BH available, CEU for Pharmacy pending.

Registration will be up by the first week of February!

This conference is funded by a DPHHS grant; there is no registration fee. A block of rooms are reserved and paid for a limited number of participants. contact Barbs (bschott@mpca.org) for more information.

WHAT'S HAPPENING

INTEGRATED BEHAVIORAL HEALTH

IN PERSON TRAINING

Engaging Patients with Substance Use Disorder

This training focuses on the **biopsychosocial** (physical, emotional, and mental) changes **patients experience with withdrawal and early recovery/abstinence efforts** for substance use disorders. Effective **evidence-based approaches** for communication and patient engagement are discussed, as well as the impact of medical trauma and promoting team communication. Trauma within the healthcare, criminal justice, and social systems will be explored as a barrier to care and what we can do to **improve our care interventions**. Learn the history of opioids and how we ended up in an epidemic taking the lives of those we care about. Understand **best practices** for treating opioid use disorder, why it works, and how it is saving lives.

11.5 CNEs or BH CEUs available for attending this training

Day 1: 9:00 AM - 5:00 PM

Day 2: 9:00 AM - 3:00 PM

Two Dates, Same Great Content

March 7-8, 2024

Hilton Garden Inn - Missoula



Registration Link:
<https://cvent.me/VKaRaM>

September 9-10, 2024

Chico Hot Springs Resort



Registration Link:
<https://cvent.me/ze0PZw>

Registration is \$100 and covers the training, and lunches. A hotel room block has been made at each location with a special room rate that are available to participants if needed. Participants need to cover their own rooming costs.

For this training and more visit www.mtpca.org/events

