

# Montana Healthcare Provider Diabetes Awareness and Practice Survey (2021)



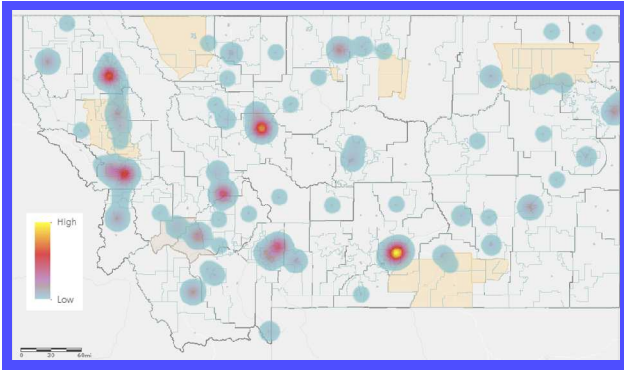
326  
responses  
(11.2%)



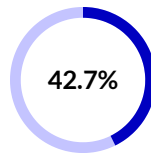
Sent throughout Montana to  
Physicians  
Psychologists  
Physician Assistants  
Adv. Practice Reg. Nurses



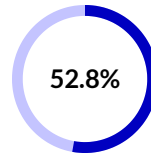
## Distribution of Responses



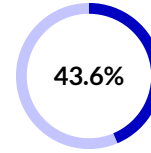
## Primary Respondent Characteristics



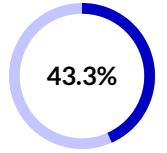
Primarily in practice more than 20 years



Primary license type: physician



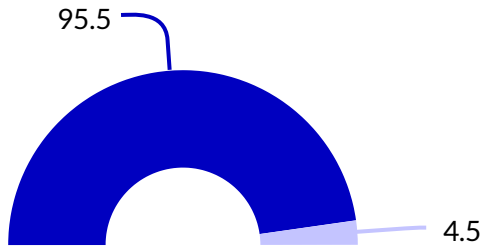
Primary facility type: hospital



Primary specialty: family medicine

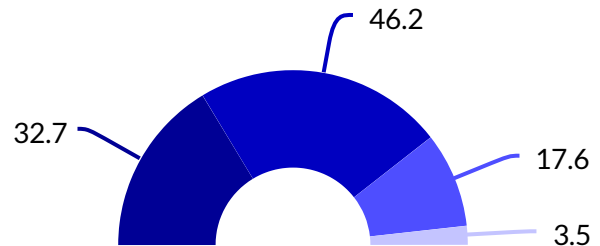
## Total Annual Patient Visits Pertaining to Different Diabetes Types

### Type 1, Gestational, and Other



● Less than 10% ● 10% or more

### Type 2



● Less than 10% ● About 25% ● About 50% ● More than 75%

## Confidence in Helping Patients Manage Their Diabetes

38.3%

Very confident

38.6%

Somewhat confident

4.9%

Not confident at all

18.2%

Not applicable to my practice



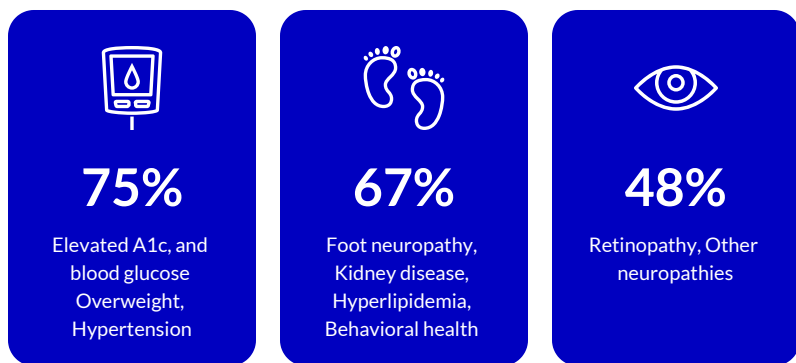
Data from the 2021 Montana Provider Diabetes Awareness and Practice Survey, Montana Diabetes Program and 2019 Montana Behavioral Risk Factor Surveillance System (BRFSS) Survey.

Additional DSMES benefits and information can be found at <https://dphhs.mt.gov/publichealth/diabetes/QDEI> and <https://www.cdc.gov/diabetes/dsmes-toolkit/background/benefits.html>

To find DSMES services near you, visit: <https://arcg.is/KnyzG>

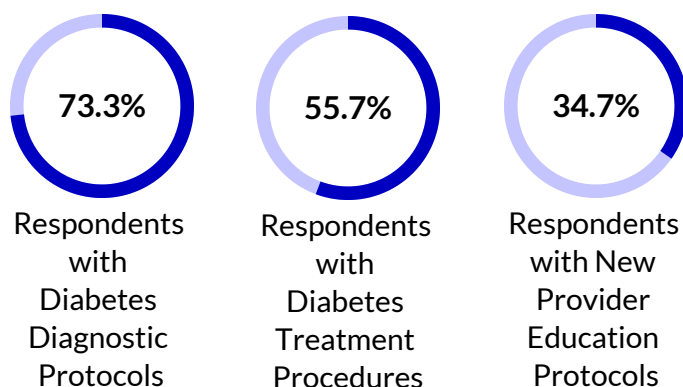
## Other Chronic Conditions\* Regularly Treated by Respondents along with Diabetes

\* not an inclusive list



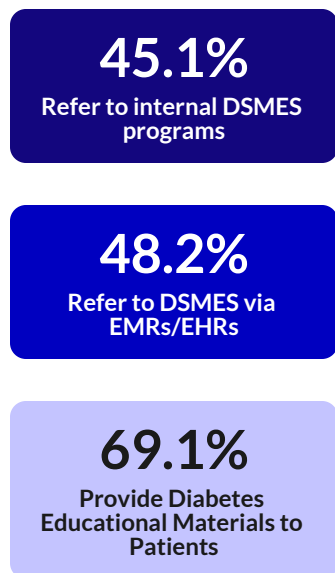
All listed chronic conditions are impacted by and impact patients' diabetes and are recommended to be cotreated along with diabetes by patients' care teams.

## Diabetes-Related Practices and Protocols at Facilities

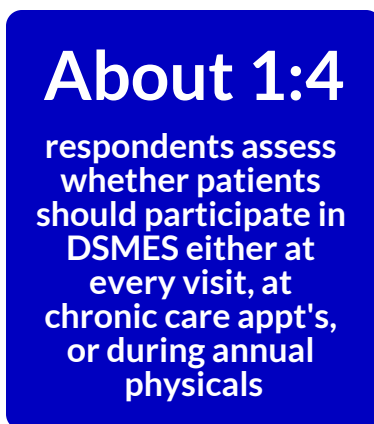


These protocols and practices are considered best practices and can be created and enhanced through clinical quality improvement projects.

## General Referral Practices



## Patients with Diabetes and Diabetes Self-Management Education and Support (DSMES)



Four key times for providers to refer patients to DSMES:

- At diagnosis
- Annually or patient not meeting treatment goals
- When complicating factors develop
- When transitions in life and care occur

## Five Top Provider Barriers to DSMES Referral

- Patient understanding and perceived need of services
- Lack of transport/distance
- Health insurance doesn't cover it
- High co-pay/out-of-pocket expense
- No formal referral system available

## Barrier Busters



Montana has required DSMES coverage up to \$250 for all insurance types



More than 60 physical DSMES locations PLUS telehealth options



Funding, technical assistance and quality improvement available through Montana Diabetes Program

## Five Top Perceived Patient Barriers to DSMES Participation

- Patient understanding and perceived need of services
- Patients don't want to take a "class"
- Lack of transport/distance
- Patients too overwhelmed/adverse life circumstances
- Health insurance doesn't cover it