

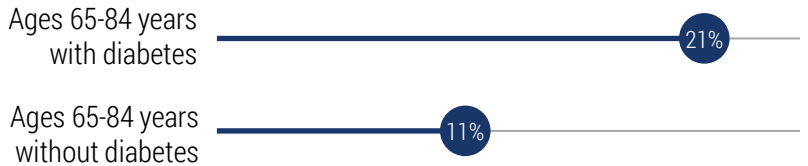
Diabetes in Montana among people aged 65 or more years

Due to the significant health disparities people aged 65 or more years experience in Montana, the Montana Diabetes Program (MDP), in collaboration with the CDC, will tailor and focus projects and funding related to diabetes prevention and management to this population.

What is MDP doing to address this disparity in the next few years?

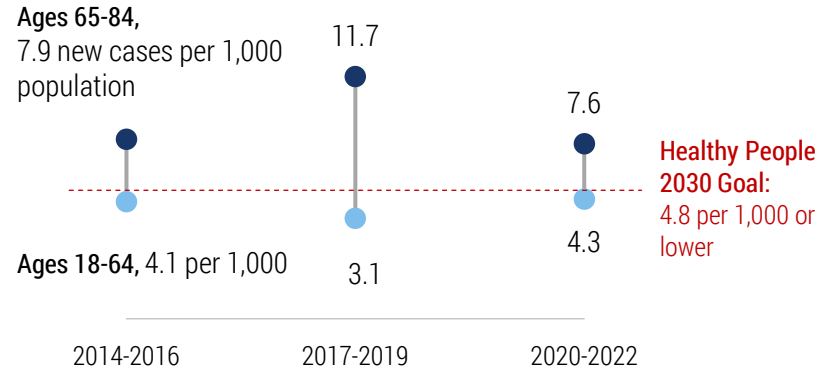
- ⊕ We have set goals to increase priority population participation in Montana's National Diabetes Prevention Program (DPP) 15% by 2029. According to National DPP sites that report to the MDP, since 2015 there have been 3,218 Montanans aged 65 or more years enrolled in the program (47%).
- ⊕ We are rolling out diabetes support programs and family healthy weight programs.
- ⊕ We are contracting with sites to focus on Montanans aged 65 or more years as a priority population for quality improvement in diabetes care and prevention in the healthcare setting.

More Montanans aged 65-84 years with diabetes reported having two or more other chronic diseases than those without diabetes.



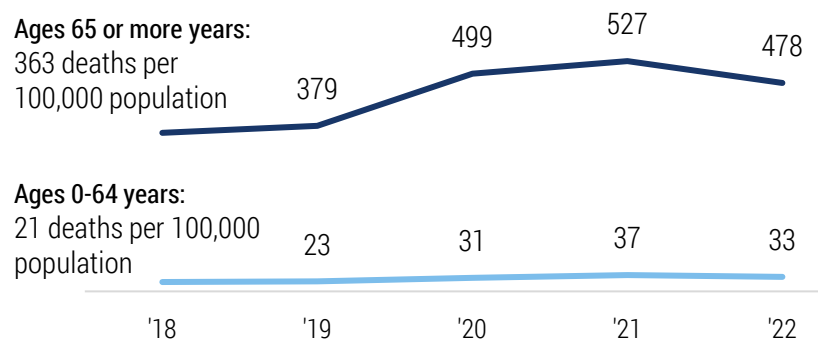
Source: BRFSS, 2020-2022, age-adjusted

The gap in the incidence of diabetes in Montanans aged 18-64 and Montanans aged 65-84 has narrowed, but the incidence is still above the Healthy People 2030 Goal.



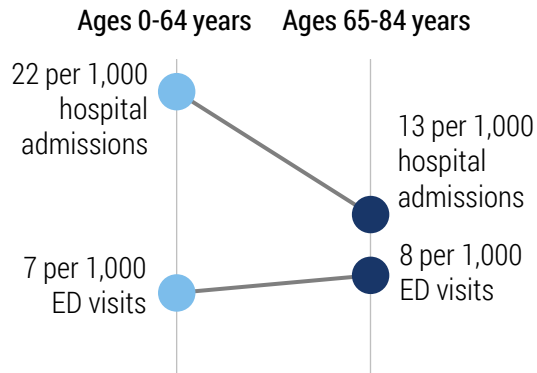
Source: BRFSS, 2014-2022, age-adjusted

Diabetes-related deaths among Montanans aged 65 or more years has continuously been higher than among Montanans ages 0-64 years.



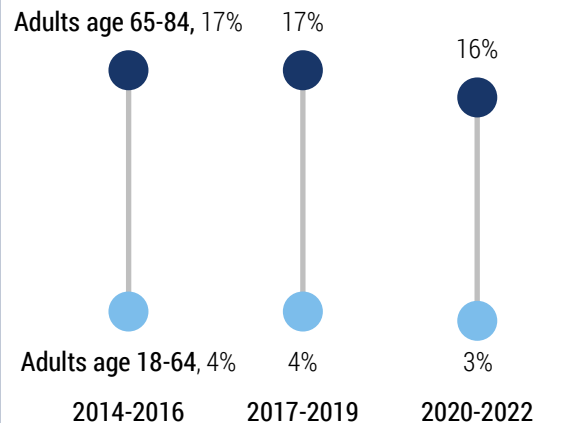
Source: CDC WONDER Multiple Cause of Death Data, 2018-2022

Hospital admissions related to diabetes were less common among Montanans aged 65-84 years than among younger Montanans.



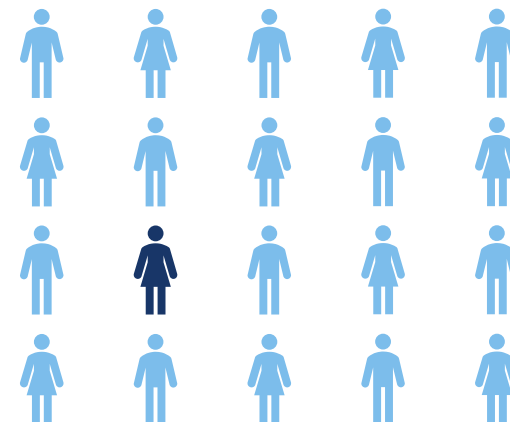
Source: Montana Hospital Discharge Data System, 2022

The prevalence of diabetes has been higher among Montanans aged 65-84 years.



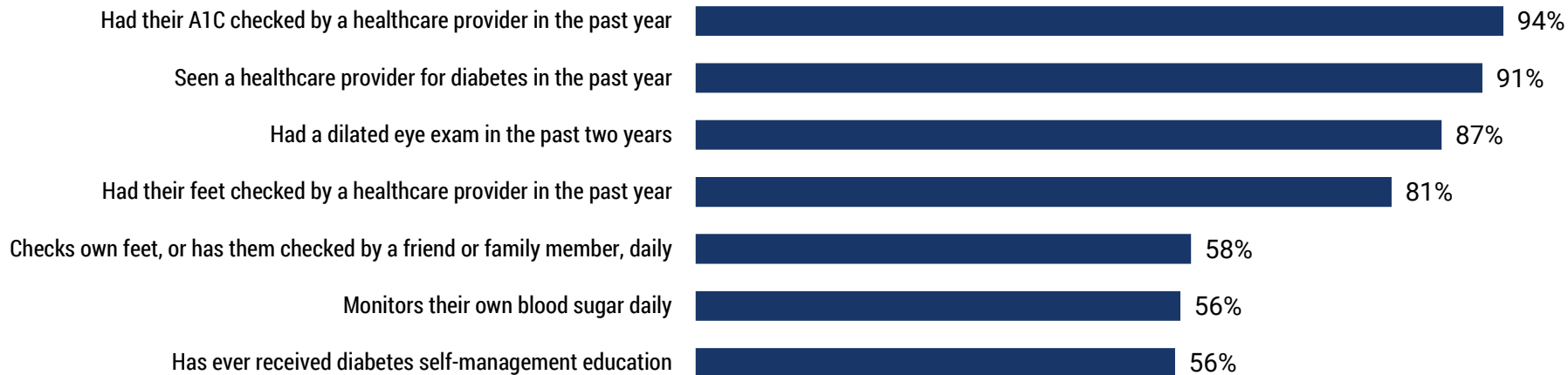
Source: BRFSS, 2014-2022, age-adjusted

1 in 20 Montanans aged 65-84 years living with diabetes reported not being able to afford a doctor.



Source: BRFSS, 2014-2022, age-adjusted

Healthcare provider check-ups were common, among Montanans aged 65-84 years with diabetes. However, practices to learn about and engage in diabetes self-care were reported by less than 60%.



Source: BRFSS, 2021, age-adjusted

Ages 65-84 years was used in place of 65 or more years for all age-adjusted data due to weighting methodology. **Printing Note:** Formatted for 11" x 8.5" paper.

Published: November 2024