



5 Tips



To Help Your Family Prepare for Emergencies

1 Identify Hazards & Risks

Hazards are anything that can cause harm. **Risk** is the chance that the hazard will occur.



Local officials are responsible for helping identify, respond to, and notify you regarding potential hazards in your area.

2



Hold a Family Meeting

- Discuss why it is important to **be prepared**
- Review likely disasters that may impact you
- Assign individual responsibilities if needed
- Discuss evacuation routes
- Decide on locations where to meet if something occurs
- Discuss how you will communicate in an emergency

3 Consider Specific Family Needs

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Do you have **pets**?

Does anyone have special needs?

Does anyone have accessibility issues?

Are there must have medications?



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Prepare

- Assemble a disaster supply kit
- Locate safe places in your home
- Become trained in CPR and first aid
- Show all family where to shut off utilities
- Make a complete home inventory
- Know how to use a fire extinguisher, and when
- Post emergency contacts



5 Practice Your Plan

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- Practice your plan every 6 months
- Check your disaster kit every 3 months
- Replace stored water and food every 3 months
- Update emergency contact info as they occur



MONTANA PUBLIC HEALTH EMERGENCY PREPAREDNESS