MONTANA DEPARTMENT OF PUBLIC HEALTH & HUMAN SERVICES Quality Assurance Division – Certification Bureau

FEEDING ASSISTANT SKILLS COMPETENCY CHECKLIST

Facility	 	
Trainee's Name_		
Training Date(s)_	 	

Competencies by written exam	DATE PASSED	COMMENTS	SIGNATURE OF INSTRUCTOR
FEEDING TECHNIQUES/ASSISTANCE WITH FEEDING			
Proper nutrition			
Food likes & dislikes			
Adaptive feeding equipment			
Consistency of foods & fluids			
Proper positioning			
Resident & tray preparation			
Encouraging independence			
COMMUNICATION & INTERPERSONAL SKILLS			
Verbal & non-verbal communication			
Reporting amounts of food/fluid consumed			
Identifying/reporting feeding problems			
Communication with hearing impaired			
APPROPRIATE RESPONSE TO RESIDENT BEHAVIOR			
Factors re: to inappropriate behaviors			
Techniques to gain resident's cooperation			
RESIDENTS' RIGHTS			
Federal requirements			
State requirements			
HIPPA			
Competencies by demonstration			
Converses with residents during meals			
Supervision/cueing assistance to eat			
Partial physical assistance to eat	1		

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Full physical (hand-over-hand) assistance to eat		
Feeding totally dependent resident		
Assisting the blind		
Heimlich maneuver		
Checks for proper diet/safe temperature		
Proper hand washing		
Proper use of gloves		
Proper handling of food, utensils & dishware		

Verification of completion of course		
<u> </u>	Signature of instructor	Date

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