



Staff Interview 2

1.How frequently did individuals go out for entertainment in the past month?

Staff Response:

“Based on the individuals preference. Freedom to come and go.” Some residents take public bus or paratransit to town or senior center. Some residents spend time in the community with family/friends. One resident has its own car and goes out whenever they want. ALF doors locked at 10PM due to safety but residents can return at any time. After 10PM, resident can knock on the door or call ALF staff to open the door or ALF staff will have the door open if a resident notifies ahead of time. ALF has a vehicle and will go on outings especially in summer. ALF will take residents to doctors’ appointment if no paratransit available. Had a norovirus and covid outbreak so no ALF outings this past month. ALF was supposed to have an outing to take residents to see the holiday lights, but residents chose not to due to outbreak

2.What types of community groups or other activities in the community do individuals engage in? Who do individuals usually go with? How do individuals get there?

Staff Response:

“Depends on the person. Senior Center is a big one.” ALF post monthly senior center times and events. Use Missoula events website to help residents find events. Also, ALF daily chronicle includes daily events, and each resident provided a copy. Some residents participate in animeals, farmers market, out to lunch, dinner in park. The ALF has a facility fishing license and will take residents fishing. There is a resident that likes to go to brewery. Its resident choice if they leave facility. Family/Friends, STA/Hab Aides, ALF assist residents with shopping/social trips if needed. Facility van transmission went out but ALF renting a van temporarily. ALF tries to assist residents with transportation as much as possible. If a resident misses the public bus in the community, ALF will try to help. If ALF out on medical appointments, will try to take resident somewhere if needed. A Barber comes to the ALF. “Everything is person centered.”

3.Do individuals have any activities they are required to attend?

Staff Response:

No required activities. Residents always have a choice.

4.How do individuals see or make plans with their friends when they wish?

Staff Response:

“Residents are independent and can come and go.” Visitors allowed at ALF 24/7. Ask residents to try to notify if not here for meds ahead of time so a staff member can plan to give around schedule. Families will visit ALF often. There is an outdoor and indoor area residents can use for gatherings with family such as bday parties. Many residents have a cellphone, room landline, all have access to resident landline to contact family. The facility has IPADS residents can use to facetime or a lot have amazon kindles. ALF has free internet for residents to use.

5.How frequently can individuals see and/or communicate with their families.

Staff Response:

“Whenever they want, no restrictions.” Family is welcome to visit ALF at anytime. Most residents are in bed before 10PM. ALF door is locked at 10PM for safety reasons. Residents can knock or call after 10PM for ALF staff to unlock. There are locks on the resident’s door and they have own keys. ALF main door usually open at 5am. ALF has one night owl resident that comes home between 2am-4am a few nights a week. ALF staff unlock the door ahead of time for this resident.

6.How do individuals get places when they want to do something outside of the home?

Staff Response:

Residents use the public bus with a stop right outside ALF, paratransit, hab aide will assist, ALF van or friends/family. Bus schedule posted on the wall of ALF. Residents usually very independent. They will schedule appointments with Paratransit and ALF will assist if unavailable. ALF will provide transportation. Residents notify ALF or nurse manager know if need transportation to appointment and will be added to ALF staff transportation calendar. All staff can see schedule. Always tell residents if something happens such as missing public bus, contact ALF to get them.

7.Do any individuals have a competitive, integrated, paid job or volunteer in the community.

Staff Response:

One member goes to ORI for job. Residents welcome to work or volunteer. Its their choice.

8.Do individuals vote in local, state or federal elections?

Staff Response:

Yes, some resident will get ballots in the mail or can leave to vote. If a member needs help filling out ballot, social services will help.

9.What happens if individuals choose not to leave their home to attend planned activities or are otherwise unable to do so?

Staff Response:

“Don’t force residents to leave ALF. Some residents don’t want to leave their room.” Residents can have 1:1 activity with ALF staff if wanted. Residents have TVs in their rooms. Library used to come to ALF before Covid-19. “As long as residents are safe, can do whatever they want.”

10.How do individuals choose what to buy with their money and how do they go out and spend it?

Staff Response: If they have rep payee, will give money and many residents have their own bank accounts. Many residents are independent and purchase whatever they want. Get statements from ALF if have account with payee sending money for resident to purchase items.

11.How do individuals dictate their daily schedule?

Staff Response:

“Can do whatever they want.” Members preference when they wake up. There are set mealtimes three times day. If they don’t come down for meal, ALF staff will save a plate for member. Snacks available outside mealtime although many members have snacks in their room. They can ask an ALF staff member at any time to get them a snack. Coffee and tea are always available in common area and usually fruit also. Residents get to choose daily routine. ALF give meds based on physician order. Keep routine independent and personalized. Can do their own laundry or use schedule to schedule a time for laundry. PCA’s will do light housekeeping once a week and housecleaning once a week. Some residents refuse which is okay unless a cleanliness concern. Cleaners available almost every day. Let PCA’s know if resident spill something and will assist resident to clean up as needed. ALF supports resident independence and provide cues for task as needed. Have a meal plan to give to residents once a week and they can choose if want the meal or an alternative. ALF couldn’t let resident use their BBQ due to safety, but ALF manager scheduled a BBQ to compromise with resident. ALF always has snacks available to residents. Ask PCA to get them a snack due to sanitation reasons Residents have refrigerators and microwaves in their rooms. They know when pass meds, try to adjust meds with residents preferred schedule. Residents get up when they want. ALF will check when residents shower or provide support if needed or a safety concern especially if on their behavioral plan to monitor. A few residents will stop showering or attending senior center due to “behavioral reasons”. ALF tries their best to accommodate and support resident preferences.