



Review checklist through observation at facilities that serve infants. This list is not all inclusive. The checklist serves as guidance for monitor visits to ensure that infants are being fed appropriately. Every situation is different. This checklist is a tool to help Sponsoring Organizations get started.

- Infants are fed on demand and held in staff arms in a semi-sitting position when fed breast milk or formula from a bottle
- 'Infant Feeding Schedules' are available for all infants and kept up-to-date with diet and schedule changes as needed
- 'Infant Feeding Schedules' are being followed
- The amount of food offered to infants is sufficient; minimum serving sizes should be based on age as per the CACFP Meal Pattern Chart and more food is be offered if the infant is hungry
- Infant foods are all creditable
- Infant foods are appropriate for infants; foods are modified correctly on an individual basis
- Foods offered to infants are safe to pick up, chew, swallow, and encourage freedom in self-feeding
- Infants appear safe during feeding (i.e. no risk of choking on food)
- Infants should be seated to eat or drink anything except a bottle
- There is adult supervision during infant feeding
- Infant bottle contents are appropriate; breast milk, formula, milk, and water only
- Infant bottles must be taken from the infant when feeding is finished, when the bottle is empty, and when the infant is lying down or sleeping.
- Formula containers state "with iron" or "iron fortified" on the label
- Encourage whole milk to be provided to infants or children under 24 months old that have transitioned to milk
- Infant high chairs or baby feeding tables are being used during meal service for infants
- Infant high chairs are being used, located, and positioned appropriately (i.e. infants are eating together with high chairs facing each other, or high chairs are pushed up to the table for infant(s) to participate in meal time with the children)
- Infant high chairs are clean and sanitized
- Infant high chairs are safe and in working condition