

## Section II: Local Agency Procedure Manual

### II. Local Nutrition Services

#### E. Breastfeeding Promotion and Support

##### Purpose

To ensure Federal and State requirements in the promotion and support of breastfeeding are met and to work to increase breastfeeding initiation and duration rates within the State of Montana.

##### Policy

Local agencies are to provide a breastfeeding friendly environment and breastfeeding promotion and support activities.

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#### 1. Breastfeeding Promotion and Support

- Local Agency staff will encourage breastfeeding and ensure women have access to breastfeeding promotion and support activities during the prenatal and postpartum periods by:
  - Providing a breastfeeding-friendly WIC clinic to assure participants feel comfortable breastfeeding their infants in the clinic and asking questions about breastfeeding.
  - Providing educational material and access to breast pumps.
  - Communicating that breastfeeding is the optimal and normal way to feed an infant through visual aids, such as posters and other materials.
- All materials distributed to participants will be:
  - Free of any items with formula product names and/or logos, except for the WIC Approved Food List materials.
  - Free of language which undermines the woman's confidence in her ability to breastfeed.
  - An appropriate reading level for participants.
  - Culturally appropriate.
  - Accurate and up to date.
- All formula, and formula related material, in the clinic will be stored out of sight of participants.
- There shall be no formula related material posted around the clinic (pictures of formula, formula feeding, names of formula companies on items used, pictures of bottles, coupons etc.)
- To help breastfeeding promotion, Local Agencies may want to consider:
  - Providing a designated and comfortable area for women to breastfeed.
  - Implementing breastfeeding support/education groups.
  - Sponsoring peer-led parenting groups

- Participating in the local breastfeeding coalitions and the Statewide Breastfeeding Coalition.

## **2. Breastfeeding Training**

- Local Agency clinical staff will, at a minimum, be trained on breastfeeding promotion/support using the WIC Breastfeeding Support materials and curriculum through New Employee Training (NET), or otherwise if offered through separate platform.
- Attendance at other trainings including the Breastfeeding Learning Collaborative, Breastfeeding Coalition training(s), online classes, and other breastfeeding specific courses are highly encouraged for all staff who have direct contact with participants.
- See training requirements associated with Breastfeeding Coordinator, Breastfeeding Designated Expert, and Peer Counselors, and their supervisors, in respective policies.