

MONTANA Minimum WIC Food Stocking Requirements

Refer to the Approved Food List for authorized brands/types. Montana authorized retailers must always have the following items in stock in the quantities specified below.

Peer Groups 1 & 2 (Small & Medium-sized stores)		
Food Item	Minimum Requirements	
Milk: Low-Fat (1%)/Non-Fat (skim)Milk AND whole milk		
Low-fat (1%) or Non-Fat (skim)	3 gallons total of any low-fat/non-fat type	
	3 half gallons total of any low-fat/non-fat type	
Whole milk	3 gallons	
	3 half gallons	
Cheese: 16-ounce packages OR 8-ounce packages		
16-ounce packages	3 packages (16 ounces) of 2 flavor varieties	
8-ounce packages	6 packages (8 ounces) of 2 flavor varieties	
Eggs		
Dozen only	3 dozen	
Breakfast Cereal: One of the cold or hot cereals must be WHOLE GRAIN		
12-ounce or larger packages	6 boxes total (2 each of three varieties)	
11-12-ounce hot cereal	2 boxes of one variety	
Whole Grains: Bread AND Rice		
16-ounce loaves whole wheat and/or whole grain bread	3 loaves of bread	
15-16-ounce packages brown rice and/or 14-16 ounce instant rice	3 packages of regular or quick/minute brown rice	
Juice: frozen AND bottled juice		
11.5-12 ounces frozen	3 frozen cans of 2 different flavors	
64-ounce bottles	3 bottles of 2 different flavors	
Peanut Butter		
16-18-ounce jars	3 jars	
Legumes (mature beans): Bags of dried beans AND canned beans		
16-ounce bags of dried beans	3 packages of 2 different varieties	
15-16-ounce canned legumes/beans	10 cans total including two varieties	
Canned Fish: Light Tuna OR pink salmon		
5-6-ounce cans	6 cans of light tuna	
5-6-ounce cans	6 cans of pink salmon	
Fresh Fruits and Vegetables		
Fruits	Two varieties	
Vegetables	Three varieties	



Infant Cereal: Two varieties		
8-ounce box	2 boxes, any variety	
Infant Foods: Stage 2 fruits and vegetables and meats		
Fruit: 4-ounce jars of stage 2	10 jars, including 2 flavors	
Vegetables: 4-ounce jars of stage 2	10 jars, including 2 flavors	
Meat: 2.5-ounce jars	5 jars	
Infant Formula: Powdered formula in specific sizes		
Similac Advance: 12.4 ounce	6 cans	
Similac Soy Isomil: 12.4 ounce	4 cans	

Peer Groups 3 & 4 (Large stores & Supercenters)		
Food Item	Minimum Requirements	
Milk: Low-Fat (1%)/Non-Fat (skim) Milk AND whole milk		
Low-Fat (1%) or Non-Fat (skim)	3 gallons total of any type	
	3 half gallons total of any type	
Whole milk	3 gallons	
	3 half gallons	
Cheese: 16-ounce packages OR 8-ounce packages		
16-ounce packages	3 packages (16 ounces) of 2 flavor varieties	
8-ounce packages	6 packages (8 ounces) of 2 flavor varieties	
Eggs		
Dozen only	3 dozen	
Breakfast Cereal: One of the cold or hot cereals must be WHOLE GRAIN		
12-ounce or larger packages	6 boxes total (2 each of three varieties)	
11-12-ounce hot cereal	2 boxes of one variety	
Whole Grains: Bread AND Rice		
16-ounce loaves whole wheat	3 loaves of bread	
15-16-ounce packages brown rice and/or 14-16-ounce instant rice	3 packages of regular or quick/minute brown rice	
Juice: frozen AND bottled juice		
11.5-12 ounces frozen	3 frozen cans of 2 different flavors	



3 bottles of 2 different flavors		
Peanut Butter		
3 jars		
Legumes (mature beans): Bags of dried beans AND canned beans		
3 packages of 2 different varieties		
10 cans total including two varieties		
Canned Fish: Light tuna OR pink salmon		
6 cans of light tuna		
6 cans of pink salmon		
Fresh Fruits and Vegetables		
Two varieties		
Three varieties		
Infant Cereal: Two varieties		
2 boxes of 2 different varieties		
Infant Foods: Stage 2 fruits and vegetables and meats		
20 jars, including 2 flavors		
20 jars, including 2 flavors		
10 jars		
Infant Formula: Powdered formula in specific sizes		
6 cans		
6 cans		