



High-Risk Participant Referrals

RD Registered Dietitian
 LC Lactation Counselor/Lactation Consultant
 HCP Health Care Provider
 DNT Dental Services
 SS/MHP Social Services/Mental Health Care Provider
 * Only refer to LC if participant is breastfeeding
 ** Only refer if participant is not actively receiving prenatal care
 *** WIC RD to coordinate with outside RD, HCP or other specialist involved in the care of the participant

Code	DESCRIPTION	RD	LC*	HCP	DNT	SS/MHP
101	UNDERWEIGHT WOMEN if pregnant or if postpartum after second consecutive measure.	X				
103	UNDERWEIGHT OR AT RISK FOR UNDERWEIGHT if infant refer on first measure; if child on second consecutive measure	X	X	X		
113	OBESE on second consecutive measure	X		X		
114	OVERWEIGHT OR AT RISK OF BECOMING OVERWEIGHT if overweight on second consecutive measure	X				
121	SHORT STATURE OR AT RISK OF SHORT STATURE after second consecutive measure			X		
133	HIGH MATERNAL WEIGHT GAIN if pregnant	X		X		
134	FAILURE-TO-THRIVE***	X	X			
135	SLOWED/FALTERING GROWTH PATTERN for two consecutive measures.	X	X	X		
141	LOW BIRTHWEIGHT AND VERY LOW BIRTHWEIGHT if infant with feeding difficulties or problems with weight gain	X	X	X		
142	PREMATURITY if breastfeeding infant		X			
201	LOW HEMATOCRIT/LOW HEMOGLOBIN if not at or above the established cut-off value upon recheck	X		X		
301	HYPERMESIS GRAVIDARUM	X				

Code	DESCRIPTION	RD	LC*	HCP	DNT	SS/MHP
302	GESTATIONAL DIABETES***	X				
303	HISTORY OF GESTATIONAL DIABETES**	X		X		
304	HISTORY OF PREECLAMPSIA** if pregnant	X		X		
311	HISTORY OF PRETERM DELIVERY** if pregnant	X		X		
312	HISTORY OF LOW BIRTH WEIGHT** if pregnant	X		X		
331	PREGNANT AT A YOUNG AGE	X				
335	MULTIFETAL GESTATION if pregnant or breastfeeding	X	X			
338	PREGNANT WOMAN CURRENTLY BREASTFEEDING if concerns about nutritional needs are present	X	X			
341	NUTRIENT DEFICIENCY DISEASE***	X				
342	GASTROINTESTINAL DISORDERS***	X				
343	DIABETES MELLITUS***	X				
344	THYROID DISORDERS***	X				
345	<u>HYPERTENSION AND PRE-HYPERTENSION***</u>	X				
346	RENAL DISEASE***	X				
347	CANCER***	X				
348	CENTRAL NERVOUS SYSTEM DISORDERS***	X				
349	GENETIC AND CONGENITAL DISORDERS***	X				
351	INBORN ERRORS OF METABOLISM***	X				
352a	ACUTE INFECTIOUS DISEASES***	X				
352b	CHRONIC INFECTIOUS DISEASES***	X				
353	FOOD ALLERGIES***	X				
354	CELIAC DISEASE***	X				
356	HYPOGLYCEMIA***	X				
358	EATING DISORDERS***	X		X	X	X
360	OTHER MEDICAL CONDITIONS***	X				

Code	DESCRIPTION	RD	LC*	HCP	DNT	SS/MHP
362	DEVELOPMENTAL, SENSORY OR MOTOR DISABILITIES INTERFERING WITH THE ABILITY TO EAT***	X	X	X		
381	ORAL HEALTH CONDITIONS (EXCEPT EARLY CHILDHOOD CARIES) if one or more food groups are being eliminated	X			X	
382	FETAL ALCOHOL SYNDROME if feeding difficulties or problems with weight gain	X		X		
383	NEONATAL ABSTINENCE SYNDROME	X				X
411	INAPPROPRIATE NUTRITION PRACTICES FOR INFANTS if routine diet is very low in calories and/or essential nutrients	X		X		
425	INAPPROPRIATE NUTRITION PRACTICES FOR CHILDREN if routine diet is very low in calories and/or essential nutrients, pica	X		X		
427	INAPPROPRIATE NUTRITION PRACTICES FOR WOMEN if consuming a diet very low in calories and/or essential nutrients, pica	X		X		
602	BREASTFEEDING COMPLICATIONS OR POTENTIAL COMPLICATIONS FOR WOMEN		X			
603	BREASTFEEDING COMPLICATIONS OR POTENTIAL COMPLICATIONS FOR INFANT if infant shows signs of breastfeeding jaundice, weak or ineffective suck, inadequate weight gain		X	X		
801	HOMELESSNESS					X
901	RECIPIENT OF ABUSE					X
902	WOMAN OR PRIMARY CAREGIVER WITH LIMITED ABILITY TO MAKE FEEDING DECISIONS AND/OR PREPARE FOOD					X