

MONTANA POSTSECONDARY TRANSITION GUIDANCE

2025-2026

REGION V



Acknowledgments

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Special thanks to:

- **Montana Empowerment Center**
- **The Department of Public Health and Human Services**
- **Pre-Employment Transition Services/Vocational Rehabilitation and Blind Services**
- **The Office of Public Instruction**
- **Montana Center for Inclusive Education**
- **North Central Independent Living Services**
- **NTACT:C (The National Technical Assistance Center on Transition: The Collaborative)**

Your shared commitment to supporting youth with disabilities as they navigate the transition to adulthood has been instrumental in shaping this guide. We appreciate your dedication, insight, and ongoing partnership in empowering students and families across Montana.

This guide was also inspired by the **Region II Youth Transitions Resource Guide**, and we acknowledge its role in informing and influencing the structure and content of this resource.

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- Dial-A-Ride, Paratransit, and Fixed Bus Routes
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COMMUNITY RESOURCES

ABLE Accounts

Normally, having too much money saved can disqualify someone from receiving certain government benefits. But with an ABLE account, a person with a disability can save up to \$100,000 (or even more, depending on the benefits) without losing eligibility for programs. **ABLE accounts** are special savings accounts designed to help people with disabilities save money without affecting their eligibility for government benefits like **Medicaid** or **Supplemental Security Income (SSI)**.

The funds can be used for disability-related expenses such as housing, healthcare, education, and transportation. Anyone—family, friends, or the account holder—can put money in the account, and the money grows tax-free, with tax-free withdrawals for eligible expenses.

These accounts are for U.S. citizens or legal residents who became disabled before age 26. This does not mean that they have to open the ABLE account by age 26—just that the disability began before this age. People who receive or are eligible for Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI) are automatically able to get an account. If they are not getting SSI or SSDI, they may still be able to get an ABLE account if they have the certification of a disability.

Resources on ABLE Accounts

The Montana ABLE Account website has application steps and more information on eligibility requirements:

<https://savewithable.com/mt/home/plan-benefits.html>

The ABLE National Resource Center has guides for employers, service providers, and individuals who want to open their own account:

<https://www.ablenrc.org/>

Ag Worker Health and Services

Ag Worker Health & Services offers health care for agricultural workers and their families. They provide medical, dental, and mental health care at year-round clinics in Billings, Fairview, Dillon, and Lolo, Montana, as well as Powell, Wyoming. They also use mobile units and seasonal clinics to reach workers during busy farming seasons.

They make sure everyone can get care, no matter their ability to pay or whether they have insurance. To help with costs, they offer a sliding fee discount for all their services.

Locations and Contact Information

Website: <https://www.agworker.org/>

Lolo Clinic

Address: 9801 Valley Grove Drive, Suite D,
Lolo, MT 59847

Phone: **(406) 273-4633**

Fax: (406) 273-4707

All Nations Health Center

All Nations Health Center in Missoula, Montana, provides health and wellness services to Native Americans and the local community. They offer:

- **Medical Care:** Regular check-ups, vaccines, and treatment for illnesses.
- **Mental Health Services:** Counseling, addiction support, and trauma care.
- **Traditional Healing:** Combines Native spiritual practices with modern healthcare.
- **Community Programs:** Health education, fitness, and support for families and youth.
- **Social Services:** Help with housing, employment, and accessing benefits.

They focus on blending cultural traditions with modern care to support overall well-being.

Locations and Contact Information

- Website: <https://www.allnations.health/>
- Phone: (406) 829-9515
- Fax: (406) 829-9519

All Nations Clinic

Address: 830 West Central
Missoula, MT 59801

Administrative Office

Address: 2100 Stephens Avenue, Suite 105
Missoula, MT 59801

Behavioral Health Center

Address: 1511 S Russell St
Missoula, MT 59801

Assistive Technology Programs

Assistive technology is any tool, device, or equipment that helps people with disabilities or challenges do things they might otherwise find difficult. It can be something simple, like a magnifying glass, or more advanced, like a speech-generating device. These tools are designed to make everyday tasks easier, like communicating, moving around, learning, or working.

Examples include:

- Wheelchairs or walkers for mobility
- Hearing aids to help with hearing
- Apps or devices that help people with communication
- Tools like grabbers or special utensils for daily tasks

MonTECH is a program in Montana that helps people with disabilities live more independently by providing access to tools and technology. They offer devices like communication aids, mobility equipment, and tools for learning or daily living. MonTECH allows people to borrow these items at

no charge, and try them out before deciding if they want to buy something similar. They also provide training and support to help users and their families learn how to use the devices effectively.

MonTECH website: <https://montech.ruralinstitute.umt.edu/>

The Montana Assistive Technology Loan (MATL) program helps people with disabilities pay for tools and equipment they need. It offers loans with low interest rates, so it's easier for individuals or families to buy these items. The program makes sure people can get the technology they need to live better and more independently, even if they can't pay for it all at once.

MATL website: <https://www.matl.ruraldynamics.org/>

AWARE Inc.

AWARE Inc. is a nonprofit that helps people live more independent lives by offering support to those with mental health challenges, developmental disabilities, and families with young children. The services they can provide are:

- **Residential and Day Programs:** Provide housing and daily care for kids and adults with developmental disabilities.
- **Case Management:** Help over 2,000 people statewide get the services they need.
- **Mental Health Services:** Offer counseling, psychiatric assessments, and specialized programs for adults with severe mental illness, so that they can stay in the community.
- **Early Childhood Programs:** Support families with young children (ages 0–8) through Early Head Start, home visits, childcare, and behavioral health services.

AWARE Inc. will take various payment methods and insurance plans, including Medicaid, Medicare, military insurance, and private health insurance. They also offer a sliding scale for payment based on how much money a person makes.

AWARE Inc. Locations and Contact Information

Website: <https://www.aware-inc.org/>

Missoula Main Office

Address: 3335 LT Moss Rd.

Missoula, MT 59804

Phone: **(406)563-8117**

Blackfeet Transit Service

The **Blackfeet Transit Service** provides door-to-door transportation for people on the Blackfeet Reservation in Montana. It serves areas like Browning, Kalispell, Cut Bank, Shelby, and Great Falls.

How it works:

You can book a ride using the Blackfeet Transit mobile app or by calling their office. The service groups passengers traveling in the same direction to make trips more efficient.

When it operates:

Monday to Friday, from 8:00 a.m. to 4:30 p.m.

Cost:

-Adults: \$1 per ride.

-Seniors, people with disabilities, and kids under 17: Free.

Accessibility:

New all-wheel-drive vans, fully ADA-compliant, make rides more reliable and accessible, even on rough roads.

Contact Information:

- **Phone:** (406) 338-5007
- **Office Address:** PO Box 850, Browning, MT 59417

Links to Download the Mobile App

- Apple: <https://apps.apple.com/us/app/blackfeet-transit/id1574141372>

- Google Play:
<https://play.google.com/store/apps/details?id=blackfeet.transit&hl=en-US>

Cedar Creek Integrated Health

Cedar Creek Integrated Health provides care in Montana to help people with mental health, substance use, and overall well-being. The services they can offer are:

- **Counseling:** Therapy for individuals, children, and families to address mental health challenges.
- **Addiction Treatment:** Outpatient programs and courses to help people recover from substance use issues.
- **Medication Management:** Evaluations and medication support for mental health conditions.
- **Case Management:** Help for adults, children, and families to find and use services that support their health and recovery.
- **Community Support:** Services to promote independence and wellness in daily life.
- **Peer Support:** Guidance from people who have personal experience with mental health or addiction recovery.

Cedar Creek's goal is to provide care that focuses on healing and overall health for everyone they serve. They take all major insurance plans, including Medicare and Medicaid.

Contact Information and Location

Website: <https://www.cedarcreekintegratedhealth.org/>

Missoula Office

Address: 2620 Connery Way
Missoula, MT 59808
Phone: (406) 203-9949

Ronan Office

Address: 330 Main Street South West

Ronan, MT 59864
Phone: (406) 676-0630

Centers for Independent Living

Centers for Independent Living (CILs) help people with disabilities of all ages live more independently through:

- **Information and referral:** They help people find things they need, like special equipment, money, fun activities, places to live, friends for support, and job opportunities.
- **Advocacy:** They help people speak up for themselves and get what they need, like figuring out their goals, making a plan to reach them, and improving their problem-solving skills.
- **Peer support:** People with disabilities can talk to each other for support and advice.
- **Independent living skills training:** They offer classes to teach people how to do everyday things, like managing money, socializing, planning fun activities, hiring personal care assistants, and using community resources.
- **Transition services:** They help people move from one living situation to another, like moving out of a care facility, going to college, or staying in the community instead of going to an institution.

****Note:** Centers for Independent Living do not offer a place to live. They help people live independently in their own homes or communities by teaching them skills and providing support.

Centers for Independent Living can also assist special education teachers in these ways:

- **Providing information and resources:** CILs can offer information about assistive technology, educational materials, and community supports for students with disabilities.
- **Offering training and workshops:** CILs can teach teachers about independent living skills, self-advocacy, and disability awareness, which can help them support their students better.
- **Collaborating on transition planning:** CILs can work with schools to create personalized plans to help students prepare for life after high school.

Locations and Contact Information

Summit Independent Living

Phone Number: (406) 728-1630

Website: <https://www.summitilc.org/>

Service Areas: Lincoln, Flathead, Sanders, Lake, Mineral, Missoula, Ravalli

Children's Special Health Services Financial Assistance

If your child doesn't have insurance, doesn't have enough coverage, or doesn't qualify for programs like Medicaid or Healthy Montana Kids, you might be able to get help from **Children's Special Health Services (CSHS)**.

CSHS can help if your family is struggling to pay for medical treatments, equipment, or other care that insurance doesn't cover. To get this help, you'll need to provide proof from a healthcare provider.

To qualify for financial help from Children's Special Health Services (CSHS), a child or young adult must:

- Be under 22 years old.
- Have a long-term physical, developmental, behavioral, or emotional condition, or be at risk of developing one.
- Need extra medical care or support compared to most kids.
- Live in Montana and be a U.S. citizen or a qualified immigrant.
- Be enrolled in Healthy Montana Kids (Medicaid or CHIP) if they qualify.
- Have a family income that is at or below 300% of the Federal Poverty Level.

Contact Information

CSHS Phone Number: **1-800-762-9891**

Website with application form:

<https://dphhs.mt.gov/ecfsd/cshs/CSHSFinancialAssistance>

College Programs for Students with Intellectual and Developmental Disabilities

An **Inclusive Postsecondary Education (IPSE) Program** gives students with intellectual and developmental disabilities the chance to go to college. These programs help students learn, make friends, and prepare for jobs in a supportive environment.

What IPSE Programs Offer:

1. **Classes:** Students take regular college classes or special courses to learn life and job skills.
2. **Job Training:** Students get hands-on experience through internships and job training to prepare for work.
3. **Campus Life:** Students join clubs, activities, and events to enjoy college life and make friends.
4. **Support:** Staff and mentors help students succeed in school and life.

5. **Certificates:** Students earn a certificate when they finish the program, showing their skills and accomplishments.

[Thinkcollege.net](https://www.thinkcollege.net) has a search tool where people can look up the Inclusive Postsecondary Education Programs in their state. Montana's programs as of 2025 are:

- MOSSAIC at The University of Montana in Missoula:
<https://www.umt.edu/speech-language-hearing-occupational-sciences/dewit-ritecare-clinic/mossaic.php>
- MSU Life Scholars at Montana State University in Bozeman:
<https://www.montana.edu/ehhd/lifescholars/>

Community Colleges

A **community college** is a school where people can take affordable classes to learn new skills, prepare for a job, or get ready to transfer to a four-year university.

Key Features of Community Colleges:

1. **Affordable Education:** Tuition is usually much lower than at universities, making it a cost-effective option.
2. **Open to Everyone:** Most community colleges accept anyone with a high school diploma or GED.
3. **Flexible Options:** They offer part-time, full-time, online, and evening classes to fit different schedules.
4. **Career Training:** Many programs focus on skills for specific jobs, like nursing, automotive repair, or IT.
5. **Path to a University:** Students can take the first two years of college at a community college, then transfer to a university to finish their degree.

6. **Local Focus:** They are usually in or near your community and focus on meeting local education and job needs.

Community Colleges in the Area

Flathead Valley Community College (locations in Lincoln and Flathead County)

Website: <https://www.fvcc.edu/>

Address for Flathead Campus: 777 Grandview Drive, Kalispell, MT 59901

Phone for Flathead Campus: **(406) 756-3822**

Address for Lincoln County Campus: 225 Commerce Way, Libby, MT 59923

Phone for Lincoln County Campus: **(406) 293-2721**

Salish Kootenai College

Website: <https://www.skc.edu/>

Address: 58138 US Highway 93, Pablo, MT 59855

Phone: **(406) 275-4800**

Blackfeet Community College

Website: <https://bfcc.edu/>

Address: 504 South East Boundary Street

Browning, MT 59417

Phone: **(406) 338-5441**

Missoula College

Website: <https://www.umt.edu/missoula-college/>

Address: 1205 E. Broadway St.

Missoula, Montana 59802

Phone: **(406) 243-7811**

Bitterroot College

Website: <https://www.umt.edu/bitterroot-college/>

Address: 103 South 9th Street

Hamilton, Montana 59840

Phone: **(406) 375-0100**

Developmental Disabilities Program

The Montana Developmental Disabilities Program (DDP) helps people with developmental disabilities live their lives to the fullest. They offer different services and supports to help these individuals be as independent as possible and participate in their communities.

To qualify for Montana's Developmental Disabilities Program a person must be found "**eligible**". A person is eligible when they meet the requirements for developmental disabilities that are outlined in Montana law. The term "Developmental Disabilities" under Montana law means disabilities that affect the brain and nervous system, such as intellectual disabilities, cerebral palsy, epilepsy, autism, or similar conditions. These disabilities must start before the person turns 18, last a long time or be expected to last indefinitely, and cause significant challenges in daily life.

Contact the Developmental Disabilities Program office closest to you to ask about these requirements and the steps to apply for the program:

Missoula Office

Address: 2675 Palmer Suite B, Missoula, MT 59801

Phone: **(406) 329-5415**

FAX: **(406) 329-5490**

Kalispell Office

Address: 121 Financial Drive Suite B, Kalispell, MT 59903

Phone: **(406) 300-7389**

Fax: **(406) 300-7397**

Website (includes descriptions of the three main Developmental Disabilities Program services):

<https://dphhs.mt.gov/BHDD/DisabilityServices/developmentaldisabilities/index>

DDP services are available to people who qualify for Medicaid through programs called "**waivers**." One waiver, called the **Comprehensive 0208 Waiver**, has a long waiting list, but it provides a lifetime of services. Since the wait can be several years, it's a good idea to talk to a DDP Eligibility Specialist as soon as possible to get on this waitlist once the person qualifies for the Developmental Disabilities Program. There are other waivers through the **Department of Health and Human Services** that are available for children before or after they are on the waiting list.

A description of waivers, and action to steps to apply for them are available here: <https://dphhs.mt.gov/assets/hcbs/InfoSheetforMTHCBSWaivers.pdf>

Dial-A-Ride and Paratransit

Demand Response/Dial-A-Ride Services

Dial-a-Ride is door-to-door rides for people who can't use regular buses because of disabilities, age, or other reasons. You usually need to book these rides ahead of time, and they may only be available in certain areas.

Paratransit Services

Paratransit is transportation for people with disabilities who can't use regular buses because of their condition. This also applies if the disability makes it hard to get to or from a bus stop. To use Paratransit services:

- The service must operate within 3/4 of a mile of a bus route.
- It runs during the same hours and days as regular buses.
- The fare can't be more than twice the regular bus fare.
- Riders can schedule a ride for any time the day before. Rides should be provided within an hour of the requested time.

Locations and Contact Information

(regular or “fixed” bus routes are also noted where available)

City	Transit Agency Name	Service Type	Destinations	Phone	Email
Dillon	City of Dillon	Dial-A-Ride	City of Dillon	406-683-4245	areaVbus@dillonmt.org
Kalispell	Eagle Transit	Fixed/Para Transit Dial-A-Ride	Columbia Falls and Whitefish	406-758-2427	dnovak@flathhead.mt.gov
Ronan	Lake Community Transit	Dial-A-Ride	Lake County	406-676-2367	director@lakecountycoa.org
Pablo	Confederated Salish & Kootenai Tribes Transit Program	Dial-A-Ride Intercity	Missoula	406-675-2700	corkys@cskt.org
Libby	Lincoln County Transportation Service	Dial-A-Ride	Kalispell	406-293-8024	lcts2ride@yahoo.com
St. Regis	Mineral County Transportation Services	Dial-A-Ride	Missoula	406-280-0167	Pattliston41@hotmail.com
Missoula	Mountain Line	Fixed/Para Transit	Missoula Transit District	406-543-8386	info@mountainline.com
Hamilton	Bitterroot Bus	Dial-A-Ride	Missoula	406-363-7484	spaddock@ravallliccoa.org

Hot Springs	Sanders County Transportation	Dial-A-Ride	Sanders County, Polson, and Missoula	406-741-2343	transccoa@gmail.com
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Disability Rights Montana

Disability Rights Montana is an organization that helps protect the rights of people with disabilities in Montana. They make sure people with disabilities have the same opportunities and protections as everyone else. Here's what they do:

1. **Advocacy:** They stand up for people with disabilities and push for laws and policies that make life easier and fairer for them.
2. **Legal Help:** If someone with a disability faces discrimination or problems in areas like work, school, or housing, Disability Rights Montana provides legal help.
3. **Access to Services:** They assist people with disabilities in getting the services they need, like healthcare, transportation, and education.
4. **Education:** They teach people with disabilities and their families about their rights and the services available to them.
5. **Improving Systems:** They work to change rules and systems that make life harder for people with disabilities, aiming to make things better for everyone in Montana.

Their goal is to ensure that people with disabilities are treated fairly, have equal opportunities, and can fully participate in their communities.

Contact Information

Website: <https://disabilityrightsmt.org/>

Email: info@DisabilityRightsMT.org

Phone (Voice/TDD): (406) 449-2344

Phone (Toll-free): (800) 245-4743

Family Health Information Center

If you need more help with the application process for the Developmental Disabilities Program and waivers, you can contact the **Montana Family to Family Health Information Center** for support. The Montana Family to Family Health Information Center helps families of children with disabilities by providing information and support. They offer guidance on health care, services, and programs available in Montana. They also help families understand how to access services like Medicaid, the Developmental Disabilities Program, and other resources. Their goal is to make it easier for families to find the support they need and navigate the systems that can sometimes be confusing.

Phone: (406) 243-4570

Email: montanaf2f@umontana.edu

Website: <https://www.umt.edu/family-to-family/>

Food Banks and Food Pantries

A food bank or food pantry is a place that provides free food to people who are struggling to get enough to eat. People can go there to get groceries like canned goods, bread, and fresh produce to help them get by. These services are often run by charities or community organizations to support those in need.

Contact Information and Locations

Alberton Community Food Pantry

Address: [502 5th St, Frenchtown Fire Station #8](#)
[Alberton, MT 59820](#)

Phone: 406-722-4410

Alberton School Pantry

Address: [306 Railroad Ave](#)
[Alberton, MT 59820](#)

Phone: (406) 722-4413

Bigfork Food Bank Inc.

Address: 7535 Hwy 35
Bigfork, MT 59911
Phone: 406-837-2297

Columbia Falls Food Bank

Address: 82 Railroad St.,
Columbia Falls, MT 59912
Phone: 406-892-0241

Community Food Bank of Mineral County

Address: 308 Pine St
Superior, MT 59872
Phone: (406) 822-3471

Community Harvest Food Bank

Address: 704 1/2 Preston
Thompson Falls, MT 59873
Phone: 406-827-6333

Darby Bread Box

Address: 304 East Tanner
Darby, MT 59829
Phone: 406-821-2081

Flathead Food Pantry

Address: 1203 Hwy 2 W, Ste 2
Kalispell, MT 59901
Phone: (406) 752-3663

Flathead Valley Community College Student Food Pantry

Address: Learning and Resource Center, Room 109
777 Grandview Dr, Kalispell, MT 59901
Phone: (406) 756 - 3922

Haven House Food Bank

Address: [316 N 3rd Suite 162](#)
[Hamilton, MT 59840](#)
Phone: 406-363-2450

Hot Springs Food Pantry

Address: [100 Main Street](#)
[Hot Springs, MT 59845](#)
Phone: 406-741-2012

Libby Christian Church Food Pantry

Address: [100 Kootenai River Road](#)
[Libby, MT 59923](#)
Phone: (406) 293-3747

Libby Food Pantry

Address: [700 Idaho Ave](#)
[Libby, MT 59923](#)
Phone: 406-293-3332

Mission Valley Food Pantry

Address: [203 Blaine St](#)
[St. Ignatius, MT 59865](#)
Phone: (406) 745-5484

Montana Food Bank Network

Address: [5625 Expressway](#)
[Missoula, MT 59808](#)
Phone: 406-215-1772

Pantry Partners

Address: [3614 ALC Way](#)
[Stevensville, MT 59870](#)
Phone: 406-777-0351

Plains Community Food Bank

Address: [302 Central](#)

[Plains, MT 59859](#)

Phone: 406-826-3800

Polson Loaves and Fish Pantry

Address: [904 1st St E](#)

[Polson, MT 59860](#)

Phone: (406) 883-6864

Ronan Break Basket

Address: [10 6th Ave SW](#)

[Ronan, MT 59864](#)

Phone: (406) 676-4357

Seeley-Swan Community Food Bank

Address: [456 Airport Road](#)

[Seeley Lake, MT 59868](#)

Phone: (406) 677-5025

Tobacco Valley Food Pantry

Address: [17 1st Ave W](#)

[Eureka, MT 59917](#)

Phone: (406) 297-7690

Troy Community Baptist Church Food Pantry

Address: [725 E Missoula Ave](#)

[Troy, MT 59935](#)

Phone: (406) 295-4206

Troy Food Pantry

Address: [301 E Kootenai Ave](#)

[Troy, MT 59935](#)

Phone: (406) 295-4758

University of Montana Student Food Pantry

Address: 32 Campus Dr - University Center, Room 119
Missoula, MT 59812

Phone: (406) 243-5125

West Shore Food Bank

Address: 140 Bill's Rd
Lakeside, MT 59922

Phone: (406) 844-2779

Whitefish High School Food Pantry

Address: 1143 4th St
Whitefish, MT 59937

Phone: (406) 862-8600

Yaak Food Cupboard

Address: 34 Riverview Dr
Troy, MT 59935

Phone: (406) 295-4048

Helen Keller National Center

The Helen Keller National Center (HKNC) is the only national program that helps young adults and adults with combined vision and hearing loss (deafblindness) to live and work in their communities. They offer specialized training and support to help people achieve their goals.

Youth Programs

HKNC offers several Youth Programs focused on college and career options for young adults, ages 16-24. These programs are held at their headquarters in Sands Point, New York:

- **Summer Youth Vocational Program (SYVP):** Helps participants find jobs, create resumes, and develop work readiness skills.
- **M~POWER:** Helps participants explore job options, learn job skills, and apply for college.

- **College Bound Program:** Prepares youth for college by focusing on independent living skills and classroom accommodations.
- **Braille Adventure program:** Helps young adults enhance their braille skills.
- **Summer Assessment Program:** Helps participants explore career and college options and develop an action plan for their future.
- **STEAM Pathways:** Helps students explore Science, Technology, Engineering, Art, and Math (STEAM) and build Pre-Employment Transition Services (Pre-ETS) skills.

How to Connect

Your HKNC Regional Representative knows all about the state-wide and national programs and services that are available to individuals with deafblindness, and their families. Contact them to learn more about support services near you, assistive technology available through the National Deaf-Blind Equipment Distribution Program, or how to explore the possibility of training in one of their youth programs.

Helen Keller National Center Youth Programs Website:

<https://www.helenkeller.org/hknc/youth-programs/>

Regional Representative Contact Information:

Kirsten Hille

Phone/Text: (516) 479-4822

Video Phone: (541) 897-2289

Email: khille@helenkeller.org

Homeward Organization

Homeward is a nonprofit organization that helps people find and keep affordable, safe, and eco-friendly homes. Here's what they do:

- **Affordable Housing:** They build and manage quality rental homes that are energy-efficient and long-lasting. They have properties available in Kalispell, Missoula, Whitefish, and Big Fork.

- **Homebuyer Classes:** They teach people how to buy a home, including picking a lender, understanding inspections, and weighing the pros and cons of owning a home.
- **Money Management Help:** They offer free classes to help people budget, build credit, and handle financial changes.
- **Counseling:** They provide one-on-one advice for buying a home, avoiding foreclosure, and reaching financial goals.

Main Office Location and Contact Information

Website: <https://homeword.org/>

Email: info@homeword.org

Address: 1535 Liberty Lane, Suite 116A

Missoula, MT 59808

Phone: 406-532-4663

Fax: 406-541-0239

Housing Authorities

Housing authorities are government agencies that help people find affordable places to live. They manage public housing and provide rental assistance programs like Section 8, which helps pay part of the rent for low-income families. They also set affordable rent prices, process housing applications, and work on improving communities. Their goal is to make sure everyone has a safe and affordable home.

Housing Authority Locations and Contact Information

Whitefish Housing Authority

Address: 100 4th Street

Whitefish, MT 59937

Phone: (406) 901-2844

Website: <https://www.whitefishhousing.org/>

Missoula Housing Authority

Address: 1235 34th Street

Missoula, MT 59801

Phone: (406) 549-4113

Website: <https://www.missoulahousing.org/>

Lake County Community Housing and Ronan Housing Authority

(they serve the communities of Charlo, Polson, Ronan, and St. Ignatius)

Address: 111 2nd Avenue South West

Ronan, MT 59864

Phone: (406) 676-5900

Website: <https://www.lakecountyhousing.org/>

Salish and Kootenai Housing Authority (for members of federally recognized tribes)

Address: 56243 US Highway 93,

Pablo, MT 59855

Phone: (406) 675-4491

Website: <https://skha.org/>

Human Resource Council

The Human Resource Council (HRC) is a nonprofit that helps low-income people in Mineral, Missoula, and Ravalli Counties in Montana. Each year, HRC supports around 8,360 people by focusing on housing, health, education, and jobs.

HRC works with other organizations and government groups to provide resources and solutions for those in need. It is run by a board made up of people from different parts of the community. HRC has helped create programs like Head Start, affordable housing, and energy assistance for low-income families.

Locations and Contact Information

Website: <https://www.humanresourcecouncil.org/>

Email: info@hrcxi.org

Mineral County

Address: 38 Mullan Rd. W.

Superior, MT 59872
Phone: 406-822-4251

Missoula County

Address: 1801 S. Higgins Avenue
Missoula, MT 59801
Phone: 406-728-3710

Ravalli County

Address: 303 N. Third
Hamilton, MT 59840
Phone: 406-363-6101

Indian Health Service

Indian Health Service (IHS) in Montana gives free healthcare to Native Americans and Alaska Natives. They provide:

- **Doctor Visits:** Checkups, help with sickness, and care for long-term issues like diabetes.
- **Medicine:** Prescriptions and advice on how to take them.
- **Dental Care:** Teeth cleaning, checkups, and fixing dental problems.
- **Mental Health:** Counseling and support for issues like depression or addiction.
- **Hospital Care:** Some clinics handle emergencies or send patients to nearby hospitals for serious care.
- **Care for Women and Children:** Help for pregnant women, baby checkups, and family health.
- **Health Tips:** Advice on eating healthy and avoiding sickness.

These services are free for members of recognized tribes. IHS clinics are in places like Billings, Browning, and Crow Agency, and they work with local tribes to meet community needs.

For a list of Indian Health Service facilities throughout Montana, visit <https://www.ihs.gov/billings/healthcarefacilities/>

Clinic Locations and Contact Information

Arlee Health Center

Address: 71972 Bitterroot Jim Road
Arlee, MT 59821
Phone: 406.726.3224

Elmo Health Center

Address: 33116 US Highway 93 N
Elmo, MT 59915
Phone: 406.849.5798

Hot Springs Health Center

Address: 3214 North Spring Street
Hot Springs, MT 59845
Phone: 406.741.3266

Missoula All Nations Clinic

Address: 830 West Central
Missoula, MT 59801
Phone: 406.829.9515

Polson Health Center

Address: #5 Fourth Avenue East
Polson, MT 59860
Phone: 406.883.5541

Ronan Health Center

Address: 430 Mary McLeod Lane
Ronan, MT 59864
Phone: 406.745.3525

Salish Kootenai College Health Center

Address: 35928 Joe McDonald Drive
Pablo, MT 59855
Phone: 406.275.2767

Saint Ignatius Health Center

Address: 35401 Mission Drive
St. Ignatius, MT 59865
Phone: 406.745.3525

Job Service Centers

Job Service Centers help people find jobs and assist businesses with hiring. Here's how they work:

- They post job openings and help you apply.
- Offer help with writing resumes, preparing for interviews, and improving job skills.
- Provide training programs to eligible job seekers to learn new skills or switch careers.
- Assist with filing for unemployment benefits if you've lost your job.

The services are free and available to anyone. You can visit a center in person or use their website to access job postings and resources. They aim to connect job seekers with opportunities and support Montana's economy.

Center Locations and Contact Information

Website: <https://montanaworks.gov/>

Libby Job Service

Address: 417 Mineral Ave Suite 4
Libby, MT 59923
Phone: (406) 293-6282

Kalispell Job Service

Address: 427 1st Avenue East
Kalispell, MT 59901
Phone: (406) 758-6200

Thompson Falls Job Service

Address: 2504 Tradewinds Way Suite 1
Thompson Falls, MT 59873
Phone: (406) 382-3045

Polson Job Service

Address: 417 Main Street Suite B
Polson, MT 59860
Phone: (406) 883-7880

Missoula Job Service

Address: 539 South 3rd Street West
Missoula 59801
Phone: (406) 728-7060

The Montana DeafBlind Project

Deafblindness means having both vision and hearing loss, which can make it harder to communicate, learn, and get information. It's also called "dual sensory loss." Most people with deafblindness still have some usable hearing or vision.

The Montana DeafBlind Project helps families, teachers, and caregivers find the information and resources they need to support the learning and development of children with deafblindness, from birth to age 21.

Website: mtdeafblind.org

Phone: (800) 732-0323

Email: MTDeafBlind@mso.umt.edu

Montana Fair Housing Organization

Montana Fair Housing helps people make sure everyone has a fair chance to find a place to live. Here's what they do:

- **Stop Discrimination:** They help if someone is treated unfairly when renting or buying a home because of things like race, gender, disability, or family status.
- **Education:** They teach people about housing rights and responsibilities.
- **Help with Complaints:** They assist people in solving problems or filing complaints if they face unfair treatment.
- **Advocate for Fairness:** They work to create better housing opportunities for everyone.

If you feel treated unfairly in housing or have questions about your rights, they can help.

Contact Information

Website: <https://montanafairhousing.org/>

Address: 501 East Front Street #533

Butte, MT 59701

Phone: 1-406-782-2573

Toll-free Phone: 1-800-929-2611

Montana Center for Inclusive Education

The Montana Center for Inclusive Education (MCIE) helps people with disabilities and different learning needs to succeed in school, work, and community life. Based at Montana State University Billings, the center provides support, resources, and programs for students, teachers, and the community.

What They Do:

- **Training for Teachers and Professionals:**
MCIE offers workshops and events to teach inclusive practices, how to use assistive technology, and raise disability awareness.
- **Support for People with Disabilities:**
They help students move from high school to college or jobs and connect people to resources for education or workplace accommodations.
- **Technology Help:**
MCIE provides tools and training on assistive devices and software to make learning and work easier.
- **Partnering with Schools and Businesses:**
They work with schools and companies to create inclusive and welcoming spaces.
- **Community Events:**
The center runs programs to promote understanding and acceptance of diversity in the community.

Other Important Services They Offer:

- **Movin' On in Montana:** High school students with disabilities prepare for college. Students are paired with mentors who also have disabilities for monthly online meetings and seminars to guide them through the college transition. There is also a free four-day, on-campus experience where students live in dorms, eat in the cafeteria, attend classes, and visit other colleges to get a feel for college life.

- **Work Incentives Planning and Assistance (WIPA) program:** helps people on Social Security Disability understand how working may affect their benefits. Available in Montana, Idaho, North Dakota, and South Dakota, WIPA offers free counseling on benefits, work incentives, and career planning to support employment and independence.

Contact Information and Location

Main Website:

<https://www.msubillings.edu/montanacenter/>

Work Incentives Planning and Assistance Project

<https://www.msubillings.edu/socialsecurity/>

Movin' On in Montana

<https://www.msubillings.edu/montanacenter/movin-on.htm>

Montana Center for Inclusive Education Montana State Address

University Billings 1500 University Drive

Billings, MT 59101

Phone: 406-657-2312

Toll-free: 1-888-866-3822

The Montana School for The Deaf and The Blind

The Montana School for the Deaf and the Blind (MSDB) offers learning and growth opportunities for children from birth to age 21 who are deaf, hard of hearing, blind, have vision loss, or are deafblind. These programs help prepare students for a successful and independent future.

The Montana School for the Deaf and Blind's **Outreach Program** is a resource for the whole state, offering information, advice, and training to families, schools, and professionals who work with students who are deaf, hard of hearing, blind, have vision loss, or are deafblind. Consultants also provide technical help and lend equipment to schools for short-term use. These services are free for families and schools.

Blind and Visually Impaired Outreach Consultants in Your Area

Barb Peterson

Phone: (406) 544-7537

Email: bpeterson@msdb.k12.mt.us

Counties served: Lincoln, Missoula, Ravalli, Granite, Powell, Sanders, Mineral, Lake (southern, up to Ronan and Pablo) and Lewis and Clark (northern, including Lincoln)

Heather Hill

Phone: (406) 403-1004

Email: hhill@msdb.k12.mt.us

Counties Served: Flathead, Lake (Polson, Elmo, Big Arm, Dayton)

Deaf and Hard of Hearing Outreach Consultants in Your Area

Alice Anderson

Phone: (406) 468-4818

Email: aanderson@msdb.k12.mt.us

Counties Served: Lincoln, Flathead, Lake, Ravalli, Sanders, Mineral, Ravalli and Missoula

For a list of the blind and visually impaired services they offer, go to page 2:

<https://www.msdbmustangs.org/wp-content/uploads/2024/10/VI-Outreach.pdf>

For a list of the deaf and hard of hearing services they offer, go to page 2:

<https://www.msdbmustangs.org/wp-content/uploads/2024/10/DHH-Outreach.pdf>

Mountain Home

Mountain Home Montana is a group in Missoula that helps young moms and their kids who don't have a safe place to live. They give moms a stable home and the tools they need to take care of their kids, find jobs, and build a better future. Here's what they do:

- **Housing:** They provide safe places for moms and kids to live with support from staff.
- **Personal Help:** They work one-on-one with moms to set goals like finishing school, finding jobs, or learning parenting skills.
- **Counseling:** They offer therapy to help with stress, trauma, or mental health struggles.
- **Parenting Support:** They teach moms how to take care of their kids and build strong relationships.
- **Life Skills:** They help moms learn things like budgeting, cooking healthy meals, and getting ready for work.
- **Community Connections:** They help moms meet others and build support networks.

Contact Information and Location

Website: <https://mountainhomemt.org/>

Mountain Home Montana

Address: 2606 South Avenue West

Missoula, MT 59804

Phone: 406.541.4663

Offices of Public Assistance

Offices of Public Assistance help people access government programs and services to meet basic needs. They assist with things like applying for **food assistance (SNAP)**, **healthcare coverage (Medicaid)**, **cash benefits (TANF)**, and other support programs. These offices guide individuals and families through the application process and help them understand what benefits they qualify for.

Each government program has its own rules to qualify. You can use this online tool to see which programs you may qualify for:

<https://apply.mt.gov/access/accessController?id=1989512884>

You can apply for the programs online:

<https://apply.mt.gov/access/accessController?id=-2083228722>

If you have questions while filling out the application, you can call the Office of Public Assistance Helpline: **1-888-706-1535**

You can also visit your closest Office of Public Assistance to apply in person, ask questions about the application, or see which programs you may be eligible to get.

Offices of Public Assistance in Your Area

Hamilton Field Office

310 North Third Street
Hamilton MT 59840
Phone: (406) 363-1944
Email: hhshcsoparavalli@mt.gov

Kalispell Field Office

121 Financial Drive, Suite A
Kalispell, MT 59901
Phone: (888) 706-1535
Email: hhshcsopaflathead@mt.gov

Missoula Field Office

2677 Palmer, Suite 100
Missoula MT 59808
Phone: (888) 706-1535
Email: hhshcsopamissoula@mt.gov

Polson Field Office

49627 Hwy 93
Polson MT 59860
Phone: (888) 706-1535
Email: hhshcsopalake@mt.gov

Opportunity Resources Inc.

Opportunity Resources Inc. (ORI) is a nonprofit in Missoula that helps people with disabilities live more independent and fulfilling lives. The main programs and services that they provide are:

1. **Residential Services:** They provide safe housing for people with disabilities, ensuring they have a place where they can live independently while receiving the support they need.
2. **Employment Support (EmployAbilities Program):** ORI helps individuals with disabilities find and keep meaningful jobs. They offer job training, support, and help with finding work that matches each person's abilities.
3. **Art Programs (Artists of Opportunity):** Through their art programs, ORI offers creative activities where individuals can express themselves through painting, sculpture, and other arts. This program helps build confidence and allows participants to showcase their work.
4. **Recreational and Social Activities:** They organize fun activities like social gatherings, educational events, and outings that help people connect with others and enjoy life in the community.
6. **Other Services:** ORI also provides personal support services to help people with everyday tasks, such as managing finances or staying organized.

Location and Contact Information

Website: <https://orimt.org/>

Email: info@orimt.org

Address: 2821 S. Russell Street

Missoula, MT 59801

Phone: +1 (406) 721-2930

Montana Empowerment Center (Parent Training and Information Center)

Montana Empowerment Center is Montana's Parent Training and Information Center (PTI), here to support families of children with disabilities from birth through age 26.

We believe parents know their children best—and we're here to help you feel confident, informed, and ready to be an active part of your child's education.

Our team provides free and confidential one-on-one support, easy-to-understand information, and practical tools so you can work well with schools and service providers to meet your child's needs.

We also offer workshops and trainings to help families understand special education, learn what works best for their child, and become strong partners in making schools better for everyone.

For youth with disabilities, we provide support to build self-advocacy skills—like learning how to speak up, make decisions, and plan for the future. Whether it's help with special education, IEPs, or life after high school, we're here to walk alongside you and your child.

You're not alone on this journey. Montana Empowerment Center is here to help you every step of the way.

Free trainings and tips on special education, early intervention and transitioning to adult life are available on their website:

<https://mtempowermentcenter.org/>

Phone: 877-870-1190

Partnership Health Center

Partnership Health Center (PHC) in Montana provides affordable healthcare for everyone, especially people who might not be able to afford it. They focus on making sure everyone can get the care they need. Here's what they do:

1. **Doctor Visits:** They offer checkups, treatment for illnesses, and help managing long-term health issues.
2. **Dental Care:** They provide cleanings, fillings, and other dental services to keep your teeth healthy.
3. **Mental Health Support:** PHC offers counseling, help for substance use, and support for emotional well-being.
4. **Low-Cost Medicine:** They help you get the medications you need at affordable prices.
5. **Women's Health:** They provide care like prenatal checkups, family planning, and health screenings for women.
6. **Specialized Care:** If you need a specialist, they can help connect you to the right person.
7. **Community Programs:** PHC works to educate and support the community with programs and resources to stay healthy.
8. **Affordable Fees:** They use a sliding scale based on income to make sure care is affordable for everyone.

Contact Information and Locations

Website: <https://partnershiphealthcenter.org/>

Missoula Main Clinic

Medical, Dental, Behavioral Health, and Pharmacy

Address: 401 Railroad St W.

Missoula, MT 59802

Phone: (406) 258-4789

Fax: (406) 258-4732

Lowell School Health Center (open to the public)

Medical, Dental, and Behavioral Health

Address: 1150 Sherwood St.,
Missoula, MT 59802
Phone: (406) 258-4430
Fax: (406) 258-4732

Seeley-Swan Medical Center

Medical, Dental, and Behavioral Telehealth
Address: 3050 Highway 83,
Seeley Lake, MT
Phone: (406) 677-2277
Fax: (406)-258-2387

PHC Missoula Behavioral Health Center

Address: 323 W. Alder Street
Missoula, MT 59802
Phone: (406) 258-4789
Fax: (406) 258-4732

Pre-Employment Transition Services

Pre-Employment Transition Services (Pre-ETS) is a program that helps students with disabilities ages 14-21 get ready for work or college after high school. **Vocational Rehabilitation and Blind Services (VRBS)** works with schools and a variety of providers to offer these services. Students also receive Pre-ETS services directly from the Pre-ET Specialists.

Pre-Employment Transition Services can help students with:

- **Finding the right job:** They help students figure out what kind of jobs they might like and if they're a good fit.
- **Trying out jobs:** Students can do things like shadow people at work or get work experience.
- **Deciding about college:** They help students learn about college and decide if it's a good option. If they do choose college, they

help with things like applying, getting financial aid, and finding support services.

- **Learning job skills:** They teach students how to apply for jobs, act professionally, and be responsible employees.
- **Learning to advocate for themselves:** They teach students how to ask for what they need and be independent.

Eligibility for Pre-Employment Transition Services

Students are eligible for Pre-ETS if they meet the following criteria:

- A student with a disability
- Between 14-21 years of age
- In high school, college, or another recognized education program

How to Get Pre-Employment Transition Services

To apply, students can ask their teacher or family to help schedule an appointment with the VRBS Pre-ETS Specialist or the Vocational Rehabilitation Office that is in their area (see contact list for offices below).

Action Steps for Educators: How to Apply for a Pre-ETS Contract

A contract with VRBS allows you to offer more services to your students than you might already have. This could include things like:

- New programs or classes to help students explore careers.
- More opportunities for students to try out jobs through job shadowing or internships.
- Resources to help students apply to college and get financial aid.
- Training for teachers and staff on how to help students with disabilities prepare for work and independence.

If you are interested in offering these services at your school: [contact the Pre-Employment Transition Specialist in your area](#) and set up a time to discuss your school's needs and transition plans.

For resources on types of Pre-ETS activities you can do at your school, check out this website from the Montana Department of Public Health and Human Services: <https://dphhs.mt.gov/detd/preets/Educators>

Pre- Employment Transition Specialists by County

Andrew Lowney, M.Ed., CRC Pre-ETS Specialist

Counties Served: Mineral, Missoula, Ravalli
Address: 2675 Palmer, Suite A
Missoula, MT 59808
Cell Phone: 406-210-2201
Office Phone: 406-329-5400
Toll-free Phone: 888-279-7528
Fax: 406-329-5420
Email: alowney@mt.gov

Stephany Ho Pre-ETS Specialist

Counties Served: Lincoln, Flathead, Sanders, Lake
Address: 121 Financial Dr, Suite B
Kalispell, MT 59901
Cell Phone: 406-417-9214
Office Phone: 406-300-7412
Fax: 406-300-7396
Email: Stephany.Ho@mt.gov

Tammy Hogan, M.Ed., CRC, Pre-ETS Bureau Chief

Address: 201 1st St S, Ste 2
Great Falls, MT 59405
Voicemail: 406-454-6069

TTY: 406-454-6080

Toll-Free Phone: 888-279-7527

Fax: 406-454-6084

Email: thogan@mt.gov

Rural Development Program

USDA's Rural Development Program in Montana helps families in small towns and rural areas by:

1. **Housing Help:** Offering loans and grants to buy, build, or fix homes.
2. **Affordable Rentals:** Supporting low-cost housing for families and seniors.
3. **Community Projects:** Helping build schools, clinics, and fire stations.
4. **Utilities:** Bringing clean water, electricity, and internet to rural areas.
5. **Business Support:** Helping small businesses and farms grow to create jobs.

They make rural life better with safe housing, essential services, and stronger communities.

Office Locations and Contact Information

Main Website: <https://www.rd.usda.gov/mt>

Missoula Area Office

Address: 3550 Mullan Road, Suite 106

Missoula, MT 59808-5125

Phone: (406) 829-3395 ext. 4

Counties served: Granite, Mineral, Missoula, Powell, Ravalli, and Sanders

Kalispell Area Office

Address: 450 Corporate Drive, Suite 111

Kalispell, MT 59901

Phone: (406) 756-2005

Counties served: Flathead, Glacier, Lake, Lincoln, and Blackfeet and Flathead Indian Reservations

Montana Transition and Employment Projects

Montana Transition and Employment Projects help young people with disabilities get ready for adult life. They provide easy-to-use tools such as fact sheets, newsletters, and guides on topics like employment, health care transition, and alternatives to guardianship.

The projects also offer workbooks for students and families, toolkits for teachers and agencies, and step-by-step resources to help with Social Security and work incentives. In addition, they highlight stories of Montana youth leaders, award small community grants, and create training materials that can be used in schools, at home, or by service providers.

Anyone looking for resources on postsecondary transition for youth with disabilities can connect with Montana Transition and Employment Projects.

Visit the website at: <https://transition.ruralinstitute.umt.edu/>

Contact:

Phone: (406) 243-4134

Email: ellen.condon@mso.umt.edu

Saint Patrick House

Saint Patrick House in Missoula, is a place where people can stay if they or a loved one need to travel for medical care at local hospitals. It's affordable, comfortable, and designed to feel like a home away from home. Here's what they offer:

- **Rooms:** The house has 15 bedrooms and 10 bathrooms. Some rooms have private bathrooms, while others share.
- **Shared Spaces:** Guests can use the kitchen, dining room, and living areas, creating a warm, welcoming space.

- **Essentials:** They provide basic supplies like coffee, tea, eggs, milk, and cooking supplies. There's also space to store food and a grocery store nearby.
- **Support:** Friendly staff and volunteers are there to help and provide a listening ear during tough times.
- **Cost:** Staying costs \$45 per night, but financial help is available if someone can't afford it.

Contact Information and Location

Address: 501 W. Alder Street, Missoula, MT 59802

You need to book in advance by calling 406-541-2828. The house is close to St. Patrick Hospital, making it easy to get to medical appointments.

Website: <https://foundation.providence.org/montana/our-priorities/st-patrick-house>

Salvation Army

The Salvation Army helps people in need by offering a variety of services to support individuals and families. Here's what they do:

- **Shelter:** They provide a safe place to stay for people without a home.
- **Food Help:** They give out meals and food from their pantry to those who are hungry.
- **Financial Aid:** They help with things like rent, utility bills, and other urgent expenses.
- **Programs for Kids:** They offer activities and learning opportunities to support children.
- **Spiritual Support:** They have church services, Bible studies, and community gatherings for those who are interested.

Locations and Contact Information

Missoula

Address: 355 S. Russell St.,

Missoula, MT

Phone: 406-549-0710

Website: <https://missoula.salvationarmy.org/>

Kalispell

Address: 110 Bountiful Dr.,

Kalispell, MT

Phone: 406-257-4357

Website: <https://kalispell.salvationarmy.org/>

Sanders County Community Housing Organization

The Sanders County Community Housing Organization (SCCHO) in Thompson Falls, Montana, helps provide affordable rental housing for workers, retirees, and families in the area. They currently manage rental units in Plains and plan to build more homes each year to meet the community's needs.

SCCHO works with local businesses to create homes that fit the community's look and feel, helping to build strong neighborhoods. Their main goal is to make sure there are enough affordable homes for people living and working in Sanders County.

They also partner with other organizations in western Montana to tackle bigger housing challenges and improve the region.

Location and Contact Information

Website: <https://sccho.org/>

Address: 303 West Main Street, Suite 3

Thompson Falls, Montana 59873

Phone: (406) 546-7183

Sapphire Community Health

Sapphire Community Health in Hamilton, Montana, provides affordable and accessible healthcare for people of all ages and backgrounds.

Services They Offer:

- **Primary Care:** Regular check-ups, care for illnesses, and prevention services for the whole family.
- **Mental Health Support:** Counseling and therapy to help with life challenges and mental health needs.
- **Substance Abuse Help:** Support and counseling for people struggling with substance use.
- **Psychiatric Services:** Help with medications and mental health conditions from trained specialists.
- **Lab Testing:** On-site testing for quick results.
- **Financial Assistance:** They help make sure that healthcare costs don't prevent people from getting the care they need, with sliding a sliding fee discount program.
- **Mobile Medical Unit (MMU):** A traveling clinic that brings healthcare to rural areas in the Bitterroot Valley, including check-ups, vaccines, and illness testing.

Contact Information and Locations

Website: <https://sapphirechc.org/>

Main Health Center

Address: 316 N. 3 rd Street
Hamilton, MT 58940
Phone: 406-541-0032

Clinic and Administrative Building

Address: 210 S. 3 rd Street
Hamilton, MT 59840
Phone: 406-541-0032

Tribal Vocational Rehabilitation

Montana offers **Tribal Vocational Rehabilitation (TVR)** programs for Native Americans, who can choose to work with both TVR and the state **Vocational Rehabilitation (VR)** program. TVR mainly supports Native Americans living on or near reservations and collaborates with state VR programs to provide complete assistance.

TVR programs address the cultural and financial needs of Native communities while offering services like job support, education, and training for people with disabilities.

Eligibility Requirements and the Application Process

The basic requirements to get Tribal Vocational Rehabilitation Services are:

- You must be an enrolled member of the tribe.
- You need to have a physical or mental disability that makes it hard for you to get a job.
- You need to be ready to work with the program to get training, education, or other help that can lead to a job.

It is important to note that each Tribal Vocational Rehabilitation Program in our state is a little different. They each have their own rules for who can get services, their own goals, and their own application process. Each program also offers services that are a good fit for the culture of their specific tribe.

To find out how to apply for services, it's a good idea to contact the Tribal Vocational Rehabilitation office in your area. They can explain the steps you need to take to enroll in their program and answer any questions you have about the process.

Contact Information and Office Locations

Blackfeet Tribe Vocational Rehabilitation

Director: Roberta Gordon, Acting
Deputy Director: Christy Horn
Administrator: Joleen Weatherwax

Address: PO Box 1090/409 N. Piegan St., Browning, MT 59417-1090
Office Phone: (406) 338-2111
Office Cell: (406) 845-33426
Email: jweatherwax@blackfeetnation.com

Fort Belknap Tribes

Director: Annette Horn
Address: RR1, Box 66, Harlem, MT 59526
Phone: (406) 353-2205 ext. 410
Email: Annette.horn@ftbelknap.org

Confederated Salish & Kootenai Tribes

Director: Carmelita Matt
Address: PO Box 278, Pablo, MT 59855
Phone: (406) 675-2700 ext. 1150
Email: carmelita.matt@cskt.org

Fort Peck Tribes

Director: Wilfred "Max" Bear
Address: PO Box 1027, Poplar, MT 59255
Phone: (406) 768-2451
Email: asvrp@nemont.net

Chippewa Cree Tribe

Director: Tracy Caplette
Address: 31 Agency Square, Box Elder, MT 59521
Phone: (406) 395-5739

Northern Cheyenne Tribe

Director: Steve Small
Address: PO Box 98, Lame Deer, MT 59043
Phone: (406) 477-3641
Email: ssmall@cdkc.edu

Vocational Rehabilitation and Blind Services

In Montana, there's a program called **VRBS (Vocational Rehabilitation and Blind Services)** that helps people with disabilities find and keep jobs. They work with each person to figure out what they're good at and help them find jobs that match their skills. VRBS also offers training and support to help people improve their job skills.

You are eligible for Vocational Rehabilitation and Blind Services if you meet all three of the following criteria:

1. You have a physical or mental disability
2. Your disability prevents you from getting or keeping a job
3. You want to work and you need VRBS services to help you get or keep a job.

You are presumed eligible if you receive Supplemental Security Income (SSI) or SSDI benefits.

Once eligible these are the types of services VRBS can provide based on what you need to prepare for a career, get into that career and maintain employment on your career path. Services MAY include some of the following:

- **Evaluation Services** – Interest surveys, career information websites, and other evaluations may be used to help you learn more about yourself, unique skills, abilities and interests as well as your needs related to your disability.
- **Career Counseling and Guidance Services** – Learn about the world of work and careers. In conjunction with information about you and your choices, you and your VRBS counselor will develop an Individualized Plan for Employment (IPE) outlining the services you need for your career path.
- **Medical or Psychological Services** – These services may be available on a limited basis should you need them to get and keep going on your career path.
- **Training** – Vocational Rehabilitation may coordinate and help fund such services as on-the-job training, job coaching, business/trade school, college or other vocational programs if you need them for your career.

- **Job Development and Placement Services** – Vocational Rehabilitation will provide assistance to help you with your job search. Assistance may include helping to complete a job application and help to prepare for a job interview.
- **Rehabilitation Technology** – You and your counselor may identify and obtain adaptive aids or equipment necessary to help you get or keep a job. For example, computer adaptations, workstations, modifications, etc.
- **Post Employment Services** – Once you are employed, support services related to your disability may be provided to help you keep your job.
- **Referrals** – Vocational Rehabilitation can coordinate with other programs and services to increase your opportunities for employment.

Vocational Rehabilitation also has special **services for people who are blind or have low vision**. These services offer the same kinds of training and support as Vocational Rehabilitation for people with disabilities, but they also have services that are only for people who are blind or have low vision who want to find and keep jobs. Some examples are training on how to get around (orientation and mobility) and learning braille.

To qualify for Blind and Low Vision Services, the person must have a vision problem that affects daily activities and work, such as being legally blind (vision of 20/200 or worse with glasses or contacts) or having low vision (vision between 20/200 and 20/60 with glasses or contacts).

There's also a program called **Pre-Employment Transition Services** that helps students with disabilities get ready for work. This program is part of VRBS and helps students learn job skills and get prepared for the workforce. Pre-Employment Transition Services are explained in a separate section.

How to Apply for Vocational Rehabilitation Services

For more information about applying for services, contact the VRBS Counselor or Pre-ETS Specialist that serves your area. Find your nearest Vocational Rehabilitation and Blind Services office here: [VRBS Offices by](#)

County) Contact information and office locations are also available at the end of this section.

Important Note for Educators/Non-Family Members

You will need parental or guardian consent to refer a student under 18 to Vocational Rehabilitation and Blind Services (VRBS) in Montana. This makes sure that you follow privacy laws and allows Vocational Rehabilitation Services to get the information they need to assist the student. Parents/Guardians can be given the form to “Invite [an] Outside Agency” at an IEP meeting. An example of the form from Montana’s Office of Public Instruction, is available here: [Consent to Invite Outside Agency](#).

Contact Information and Office Locations

Pre- Employment Transition Services Offices

Andrew Lowney, M.Ed., CRC

Pre-ETS Specialist

Counties Served: Mineral, Missoula, Ravalli

Address: 2675 Palmer, Suite A

Missoula, MT 59808

Cell Phone: 406-210-2201

Office Phone: 406-329-5400

Toll-free Phone: 888-279-7528

Fax: 406-329-5420

Email: alowney@mt.gov

Stephany Ho

Pre-ETS Specialist

Counties Served: Lincoln, Flathead, Sanders, Lake

Address: 121 Financial Dr, Suite B

Kalispell, MT 59901

Cell Phone: 406-417-9214

Office Phone: 406-300-7412

Fax: 406-300-7396

Email: Stephany.Ho@mt.gov

**Tammy Hogan, M.Ed., CRC,
Pre-ETS Bureau Chief**

Address: 201 1st St S, Ste 2
Great Falls, MT 59405
Voicemail: 406-454-6069
TTY: 406-454-6080
Toll-Free Phone: 888-279-7527
Fax: 406-454-6084
Email: thogan@mt.gov

**Vocational Rehabilitation & Blind Services Offices by County
Flathead, Lake, Lincoln, and Sanders**

Vocational Rehabilitation

Address: 121 Financial Dr, Ste B
Kalispell, MT 59901
Phone: 406-300-7400 (voice/TTY)
Phone: 877-296-1760 (toll-free)
406-300-7396 (fax)

Blind and Low Vision Services

Address: 2675 Palmer Street, Suite A
Missoula, MT 59808
Phone: 406-329-5400 (Voice/TTY)
Phone: 888-279-7528 (Toll Free)
406-329-5420 (Fax)

Mineral, Missoula, and Ravalli

Vocational Rehabilitation/ Blind and Low Vision Services
Address: 2675 Palmer Street, Suite A
Missoula, MT 59808
Phone: 406-329-5400 (Voice/TTY)
Phone: 888-279-7528 (Toll Free)
406-329-5420 (Fax)

We Care Behavioral Health Services

We Care Behavioral Health Services in Montana helps people with mental health and substance use challenges through personalized care and support. They serve adults, adolescents, and children. The services they can offer are:

- **Therapy:** Counseling for individuals, children, and families to address mental health needs.
- **Case Management:** Helping people access the services they need to manage their mental health or substance use.
- **Youth Case Management:** Assisting families and children by serving as an advocate and helping them access resources like in-school services.
- **Group Homes:** Housing and daily support for adults with mental health conditions to help them grow and connect with their community.
- **Community Support:** Services to help people live independently and improve their mental health.
- **Transportation:** Patients can get free shuttle rides to wherever they need or want to go.

Currently Medicaid is the only insurance that will pay for case management and community-based rehabilitation support services from We Care. They do offer a sliding fee scale for services if needed. They also accept most major insurance providers for outpatient therapy services.

Location and Contact Information

Website: <https://www.wecarebhp.com/>

Email: info@wecarebhp.com

Missoula Office

Address: 2809 Great Northern Loop, Suite 300
Missoula, MT 59808

Phone: (406) 546-2301

Hamilton Office

Address: 274 Old Corvallis Rd., Suite X

Hamilton, MT 59840

Phone: (406) 361-2361

Western Montana Mental Health Center

Western Montana Mental Health Center (WMMHC) is a nonprofit that helps people of all ages in Montana with mental health and substance use challenges.

The services they can provide are:

- **Mental Health Treatment:** Counseling, therapy, medication management, and crisis care for conditions like depression, anxiety, and bipolar disorder.
- **Substance Use Treatment:** Outpatient programs and follow-up care for addiction, including support for people with mental health and substance use issues.
- **Residential Programs:** Housing and daily support for people with mental health challenges to help them grow and connect with their communities.
- **Case Management:** Help with finding and accessing the services people need to manage their health and wellbeing.

Western Montana Mental Health works with all insurance plans to help patients get the most from their coverage. They accept Medicaid, Medicare, Healthy Montana Kids, and most private insurance. If needed, they can also offer a sliding scale fee to make treatment more affordable.

Contact Information and Locations

Website: <https://www.wmmhc.org/>

Email: administration@wmmhc.org

Kalispell Center

Address: 410 Windward Way
Kalispell, MT 59901
Call: (406) 257-1336
Fax: (406) 257-1353

Libby Center

Address: 34169 US-2
Libby, MT 59923, USA
Call: (406) 283-3044
Fax: (406) 293-3862

Missoula Crisis Facility

Address: 1273 Dakota St
Missoula, MT 59801, USA
Call: (406) 532-8949
Fax: (406) 543-2631

Missoula Center

Address: 1325 Wyoming St
Missoula, MT 59801, USA
Call: (406) 532-9700
Fax: (406) 541-3035

Missoula Children's Center

Address: 1305 Wyoming Street Missoula
MT 59807, USA
Call: (406) 532-9770
Fax: (406) 541-3034

Hamilton Center

Address: 209 N 10th St. Suite A Hamilton
MT 59840, USA
Call: (406) 532-9101
Fax: (406) 363-4498

Hamilton Crisis Facility

Address: 1404 Westwood Drive
Hamilton, MT 59840, USA
Call: (406) 532-8990
Fax: (406) 363-4207

Plains Center

Address: 200 E. Railroad Plains
MT 59859, USA
Call: (406) 826-5529

Thompson Falls Center

Address: 115 Broad St, Suite B
Thompson Falls, 59873
Call: (406) 532-9190
Fax: (406) 206-5133

Winds of Change Mental Health Center

Winds of Change Mental Health Center in Missoula, Montana, provides support for children, teens, and adults dealing with mental health issues and substance use problems.

Services They Offer:

- **Therapy and Counseling:** Individual and group therapy for mental health concerns.
- **Case Management:** Helping clients find and connect with resources they need.
- **Substance Use Treatment:** Programs to help people with substance abuse issues.
- **Psychiatric Rehabilitation:** Support to help people live successfully in their community and recover.
- **Wellness Programs:** Coaching to encourage healthier lifestyles.
- **Support Groups:** Groups for people in recovery to connect with others.

- **Group Home Living:** Short-term housing to help people gain stability.
- **Youth Services:** Therapy and support for children and teens.

They use evidence-based treatments like Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), and EMDR to help clients. They accept Medicaid, Medicare, and private payment options.

Contact Information and Location

Website: <https://wellnessmt.com/>

Address: 1120 Cedar Street

Missoula, MT 59802

Phone: (406) 541-4673

Yellowstone Boys and Girls Ranch

Yellowstone Boys and Girls Ranch (YBGR) is a non-profit mental health center that has residential and community-based programs for children ages 11-18 with serious social, emotional, or behavioral challenges.

They specialize in treating:

- Anxiety
- ADHD
- Autism spectrum disorders
- Bipolar disorder
- Depression
- PTSD
- Oppositional defiance disorder
- Substance use disorders
- Reactive attachment disorder (RAD)
- Obsessive-compulsive disorder

They also support those dealing with issues like self-harm, suicidal thoughts, defiance, and poor social skills. Their community-based services include home-support, mental health therapy, youth mentorship, and behavior intervention at school.

Services at YBGR can be covered by insurance, private payments, education funding, or Medicaid. They accept most insurance plans, including TriCare West, Blue Cross Blue Shield, PacificSource, and Beacon Health Options, and can help check insurance benefits for residential care. In some cases, school districts may provide funding.

Yellowstone Boys and Girls Ranch Contact Information

Community-based services are offered throughout Hamilton, Kalispell, Missoula, and Polson. Call the number below, or email to ask about how to connect with these services in your area.

Website: <https://www.ybgr.org/>

Email: inquiry@ybgr.org

Phone: (406) 606-4075

Youth Dynamics

Youth Dynamics in Montana helps children, teens, and families with mental health and behavior challenges. Their goal is to support young people and help families stay strong. Here's what they do:

1. **Therapy:** They provide counseling for kids, teens, and families to help with emotions and behavior (including substance abuse).
2. **Help at Home:** They work with families in their homes to teach skills and provide support.
3. **Foster Care:** They find safe homes for kids who need them and support foster families.
4. **Care Coordination:** They help families get the services and resources they need.
5. **Group Homes:** They offer safe places for kids who need extra care and therapy.

6. **Community Education:** They teach people about mental health and how to support kids and families.

Locations and Contact Information

Website: <https://www.youthdynamics.org/>

Hamilton

111 Baker Street
Hamilton, MT 59840
Phone: (406) 802-7032
Fax: 406-802-7033

Missoula

619 SW Higgins, Unit E
Missoula, MT 59803
Phone: (406) 728-9672
Fax: 406-728-9716

Polson

410 1st St. E.
Polson, MT. 59860
Phone: (406) 601-9154
Fax: 406-319-6603

Youth Homes

Youth Homes Montana is a nonprofit that helps young people who are struggling, especially those who are homeless, have experienced trauma, or are dealing with behavior problems. They can offer:

1. **Emergency Shelter:** Housing for young people who are homeless or in unsafe situations.
2. **Residential Treatment and Care:** They provide special care for young people with mental health or behavior issues, helping them get better and learn important life skills.
3. **Therapy:** They provide counseling to help young people work through tough experiences and emotions.

4. **Family Help:** They assist families in rebuilding relationships and, when possible, help kids return home safely.
5. **Life Skills Programs:** They teach older youth important skills like job preparation, money management, and how to live on their own.

Locations and Contact Information

(Group homes are located in Kalispell and Missoula)

Website: <https://youthhomesmt.org/>

Email: info@youthhomesmt.org

Missoula Office

Address: [550 North California Street](#)

[Missoula, MT 59802](#)

Phone: (406) 721-2704

Helena Office

Address: [200 Miller Street](#)

[Helena, MT 59601](#)

Phone: (406) 449-3038

YWCA of Missoula

The YWCA in Missoula helps women, children, and families by providing support and resources to improve their lives. Here's what they do:

1. **Emergency Shelter:** They provide a safe place for women and children escaping domestic violence or homelessness.
2. **Support Services:** They offer counseling and help to guide people through difficult situations.
3. **Youth Programs:** They have programs to help young people, especially girls, build confidence and leadership skills.
4. **Job and Money Help:** They offer programs to help women learn job skills, become financially independent, and find work.

5. **Community Education:** The YWCA hosts events to raise awareness about issues like gender equality and domestic violence.

Location and Contact Information

Website: <https://www.ywcamissoula.org/>

Address: 1130 W Broadway Street

Missoula, MT 59802-3918

Phone: 406 543-6691

Timelines for Transition

- 6-14 years old
- 14-15 years old
- 15-17 years old
- 18-21 years old

Transition Timeline for 6-14 years old

Note: If the student was not part of Early Intervention Services (Part C), speak with the Developmental Disabilities Program (DDP) office closest to you to see if the student would be eligible for the program/services. If found eligible, look into getting on the waitlist for the "Comprehensive 0208 Waiver" as soon as possible. You can find more information on DDP eligibility, waivers, and contact information for DDP offices in the Community Resources section of this binder.

- ☐ Prepare for the child's Individualized Education Plan by sharing evaluations, writing down their strengths/needs, and any goals they have shared with you or goals you have for them.
- ☐ Get the child involved in their IEP meetings; they could introduce themselves and share about needs and goals with lists or pictures.
- ☐ Teach the child everyday skills they can use on their own, both at school and at home (Examples: sorting items, taking turns, cooking, doing laundry, money management)
- ☐ Support the child in joining fun activities that are right for their age (examples: team sports, playing music, dancing, painting, etc.).
- ☐ Introduce and encourage "self-advocacy skills"; have the child practice speaking up for themselves/asking for what they need.
- ☐ Consider opening up an ABLE account for your child to begin saving up for their future.
- ☐ If you have not already, consider applying for Supplemental Security Income (SSI) benefits for your child. SSI benefits and the application process are explained in this fact sheet from the Social Security Administration: <https://www.ssa.gov/disability/Documents/Factsheet-CHLD.pdf>

Suggested Resources: Your nearest Center for Independent Living has programs, workshops, and activities for youth with disabilities to practice skills like self-advocacy and socializing. Their contact information, along with information on ABLE Accounts is in the Community Resources section of this binder.

Transition Timeline for 14-15 years old

- ☐ Schedule an appointment with the Pre-Employment Transition Specialist in your area. You can also request Vocational Rehabilitation Services for the child through this specialist as well. Contact information for them is in the Community Resources section of this binder.
- ☐ Meet with the Developmental Disabilities Case Manager (if the child is served by DDP) to talk about what supports may be available like therapy, family workshops, and other local resources.
- ☐ Find opportunities for the child to be out in the community, like volunteering, job shadowing, or extracurricular activities.
- ☐ Teach the child to take charge of their health care and continue this into their adulthood (examples: taking their medication on time, scheduling doctor's appointments, keeping track of their ID or health insurance card).
- ☐ The child has an active role on their IEP Team and understands the accommodations they need.
- ☐ Teach different transportation options to the child (bus systems, dial-a-ride, paratransit, bicycles, rideshare, driver's license, etc.)
- ☐ If the child gets Supplemental Security Income benefits or is eligible for them, they can open a PASS plan at age 15. More information on the PASS plan can be found here:
https://www.ssa.gov/disabilityresearch/wi/documents/PASS_and_Ticket_Guide.pdf
- ☐ If you are considering leaving an inheritance or managing larger assets for your child, research Special Needs Trusts (SNTs) to protect their eligibility for public benefits

Suggestion: Your nearest Center for Independent Living has programs, workshops, and activities for youth with disabilities to practice independent living skills and learn their transportation options. You can find this information in the Community Resources section of the binder.

Transition Timeline for 15-17 years old

- ☐ Keep a Transitions Documents file to store records like IEPs, evaluations, and progress reports.
- ☐ Meet with the IEP team to create transition goals for education, employment, and independent living after high school, as well as the services needed for the child to achieve them (in Montana, these goals must be in place by age 16).
- ☐ If the child is served by The Developmental Disabilities Program or qualifies, make sure that they have targeted case management in place, and are on any waiting lists for appropriate services.
- ☐ Sign up for Pre-Employment Transition Services/Vocational Rehabilitation if you have not already followed up with your local Pre-ETS Specialist.
- ☐ Look for jobs, training, or education programs after high school that fit the child's goals and strengths (examples: Job Corps, 4-year College, Community College, Inclusive Post-Secondary Education, Job Services).
- ☐ Request accommodations for the child if they are going to take the SAT/ACT.
- ☐ Start having talks with the child about where they would want to live after high school. Consider Housing and Urban Development or Section 8 housing (look into this early because there are waiting lists).
- ☐ If parents believe that their child will need continued support as an adult to make life decisions: look at options under "Alternatives to Guardianship" in the Transition Planning Resources section of this binder.

- ❑ Support the child in learning money management skills; your closest Center for Independent Living can help with this.
- ❑ Get the child a State ID or Driver's License.
- ❑ Explore adult medical providers if the child will need to move on from their pediatric doctor when they turn 18.
- ❑ Track the child's progress towards graduation: when they reach their senior year, the special education teacher will document if they graduate, return next year, or age out before meeting graduation requirements.
- ❑ If the child is getting Supplemental Security Income (SSI) benefits, prepare for the redetermination that will happen at age 18:
<https://www.ssa.gov/pubs/EN-05-11005.pdf>

Note: The student is legally considered an adult at the age of 18. All the rights that the parents/guardians had in their special education services will become the student's responsibility. This is why it is important to consider alternatives to guardianship before they turn 18.

Transition Timeline for 18-21 years old

- ☐ Has the young adult applied for college, or will they start a new job? This short video on disability disclosure will help them understand why the choice to tell the school/workplace about their disability can be helpful: <https://www.youtube.com/watch?v=iMb5aURm81s>
- ☐ Register to vote and Selective Service (if person meets the criteria) <https://www.sss.gov/register/>
- ☐ Help the young adult apply for Supplemental Security Income– if they are able to get this then they will also automatically get Medicaid coverage too.
- ☐ If the young person gets Social Security benefits and are unable to manage them by themselves, investigate "Representative Payee" options: <https://www.ssa.gov/payee/>
- ☐ Make sure the young adult is on the waiting list for the Developmental Disabilities (0208) Waiver, and that case management services are in place (if appropriate).
- ☐ Encourage the young adult to connect with the closest Center for Independent Living if this has not been done already. They can offer more guidance on employment, education, housing, and transportation.
- ☐ If the young person moves to adult healthcare providers at 18, keep a list of their current doctors, therapists, and specialists, and know what is available under their medical insurance.
- ☐ Apply for mental health services if appropriate, to make sure the young adult has the emotional support needed for this big transition.
- ☐ If the adult wants to live independently and is not on a waitlist for housing services: apply now. There is housing services listed in the Community Resources section of this binder, and Centers for

Independent Living can also give more information on affordable housing options.

- ☐ Make sure the documents in your "Transitions File" are kept up to date.

Transition Planning Resources

- **IDEA and Postsecondary Transition**
- **Assessment**
- **Postsecondary Goals**
- **Course of Study**
- **Transition Services and Activities**
- **Corresponding IEP Goals**
- **Inviting Outside Agencies**
- **Indicator 13**
- **Graduation Requirements**
- **Summary of Performance**
- **Alternatives to Guardianship**
- **Transfer of Rights**
- **Procedural Safeguards**

IDEA and Postsecondary Transition

IDEA is a U.S. federal law that makes sure children with disabilities get the education they need. It guarantees that students with disabilities receive a **free and appropriate education (FAPE)** in the least restrictive setting possible, meaning they should be included with other students as much as they can. The law requires schools to provide special education and support services to help these students succeed in school and after graduation. States must follow the rules in IDEA to get federal money for special education programs.

The Individuals with Disabilities Education Act includes specific laws around **transition IEPs** for students with disabilities. These laws make sure that students are given the supports and services they need to prepare for life after high school, such as higher education, employment, and independent living. Here's a summary of the key requirements for transition planning under IDEA:

- The IEP needs to include plans for life after high school starting at age 16.
- The IEP must include specific, measurable goals about what the student wants to do after graduation, like going to college, getting a job, or living independently.
- The transition plan should focus on the student's strengths, needs, and interests, and help them work towards their future goals.
- The IEP must include the services, classes, and experiences the student needs to achieve their goals. This might include job training, life skills, or community activities.
- The student should be part of the planning process so that the goals match what they want for their future.
- The transition plan should be reviewed and updated every year to make sure it's still on track to help the student reach their goals.
- When the student finishes high school, they should receive a document that summarizes their academic abilities and functional performance and include what supports they might need after high school. This **Summary of Performance** is intended to assist future

services providers to help the student achieve their postsecondary goals.

The Office of Special Education and Rehabilitative Services (OSERS) makes sure that states and schools are providing the transition planning and supports (mentioned above). They use a **set of standards (Indicator 13)** which educators can use as a checklist to make sure that they are following the law.

Assessment

The Importance of Assessment in the Transition Plan

IDEA states that “beginning not later than the first IEP to be in effect when the child turns 16, or younger if determined appropriate by the IEP Team, and updated annually, thereafter, the IEP must include appropriate measurable postsecondary goals based upon age-appropriate transition assessments related to training, education, employment, and, where appropriate, independent living skills.”

Age-appropriate transition assessments are used to find out what a student is good at, what they like, and what they need help with as they get ready to move from school to life after school, such as going to college, getting a job, living on their own, or being part of the community. These assessments are used for students with disabilities as part of their transition plan— results are used to develop the goals and measure progress towards them.

Assessment Resources

Transition Matrix

This Transition Matrix from Indiana University can be used to find age-appropriate transition assessments. You can check the boxes on the left to filter assessment options based on transition domain (employment, independent living, education/training), language, and grade level; there is also an option to filter results for students with high support needs.

Examples of Transition Assessments

The handout linked above is from the Montana Office of Public Instruction. It outlines age-appropriate transition assessments and provides links to free assessments in areas like independent living, self-determination, and career interest.

Postsecondary Goals

Postsecondary goals in a student's transition IEP are plans for what the student wants to do after high school. These goals focus on the key areas of **education, training/employment, and independent living** (if appropriate). They guide the planning process and help prepare the student for life after high school. Special educators base these goals on the information gathered from age-appropriate assessments.

Good postsecondary goals are...

- **Student-Focused:** The goals reflect what the student wants to do after high school, based on their own preferences, strengths, and interests.
- **Clear and Observable:** Written in specific, concrete terms so it is clear what the student will be doing after high school.
- **Future Oriented:** Postsecondary goals must be written for after high school and describe outcomes that will occur after the student exits high school.
- **Realistic:** The goals are challenging but possible based on the results of transition assessment.
- **Collaborative:** Developed with input from the student, family, and IEP team to ensure they are practical and supported.

Postsecondary Goals Resources

OPI Measurable Postsecondary Goals

This handout from Montana's Office of Public Instruction gives examples of measurable postsecondary goals in the three key areas.

Examples of Postsecondary Goals

Starting on page 2 of this handout, the Wisconsin Department of Public Instruction defines postsecondary goals. They also give 4 different IEP case examples of students with mild to complex disabilities, and their postsecondary goals.

Course of Study

When writing a transition IEP (Individualized Education Plan), the **course of study** must include courses that align with the student's postsecondary goals. This is a plan for the classes and learning experiences the student will complete to prepare for life after high school. The course of study must be designed for the length of the IEP, including the current semester and the following two semesters, consisting of courses that focus both on academic skills and practical skills to help the student succeed after high school.

Match The Course of Study to the Student's Goals

- **If the student wants to go to college**, include classes that build foundational reading/writing, math, science, and social studies skills (e.g., critical thinking, and problem solving). This will support the student in meeting college entry requirements.
- **If the student wants a trade job**, like becoming a mechanic, include hands-on classes like auto shop or technical training.
- **If the student wants to be a chef**, include classes like cooking or consumer sciences.
- **If the student needs to build independence**, include life skills classes like budgeting, cooking, or using public transportation.

Course of Study Resources

OPI Course of Study This handout from the Montana Office of Public Instruction gives more guidance on planning a student's course of study for the IEP.

Transition Activities Mapping Tool This mapping tool from Arkansas Transition Services can be used to connect IEP goals to possible classes where the transition activities could be provided.

Transition IEP Examples. The Parent Education and Advocacy Training Center (PEATC) provides four Transition IEP case examples of students with different ability levels. Course of study is under “Step 7” for each example.

Transition Services and Activities

The IDEA (Individuals with Disabilities Education Act) includes rules about **transition services** for students with disabilities. Transition services are supports and activities included in a student's IEP to help them prepare for life after high school. These services are directly linked to the student's postsecondary goals in education, training/employment, and independent living. The transition services provide practical steps, like job training, life skills development, and career counseling, to help the student achieve their future goals. While many transition services fall under the responsibility of the school to deliver, other agencies or the family of the student may also provide transition services/activities. Go to the **Inviting Outside Agencies** section of this binder for more information on this.

Examples of Transition Services

Transition Service/Activity in Instruction: Dan will enroll in a career and technical education course in Computer Science.

Person or Agency Responsible: CTE Instructor, SPED Instructor, Dan, and his Parents

Transition Service/Activity in Employment: Layla will participate in job-shadowing at a dentist's office through Pre-Employment Transition services.

Person or Agency Responsible: Vocational Rehabilitation and Blind Services, SPED Instructor, Layla, and her Parents

Transition Service/Activity in Community Experiences: Sam's parents will take her to visit The University of Montana campus twice during the school year so that she can become familiar with the campus and meet with the Disability Services Support office.

Person or Agency Responsible: Sam and her Parents

Transition Service/Activity in Post-School Living: Fred will set up a bank account and learn how to access the money by the end of the school year.

Person or Agency Responsible: Sam, his Parents, SPED Instructor

Transition Service/Activity in Daily Living Skills: Paul will develop cooking skills by following steps to warm food up in the microwave, stovetop, and oven.

Person or Agency Responsible: Home Economics teacher, SPED Instructor, Parents, and Paul.

Transition Service/Activity in Related Services: Mabel will meet with an assistive technology specialist to learn about tools for organization and planning.

Person or Agency Responsible: MonTech Specialist, SPED Instructor, Mabel

Transition Service/Activity in Vocational Assessments: Dwayne will complete a study skills inventory by the end of the school year.

Person or Agency Responsible: Dwayne and SPED Instructor

Transition Services Resources

OPI Transition Services Needed

Montana's Office of Public Instruction has a handout that explains where and how to document transition services in the IEP.

Examples of Transition Services Needed

The Utah State Board of Education has a list of transition services and activities organized by grade level and transition area (employment, education/training, independent living).

Corresponding IEP Goals

In a student's transition IEP (Individualized Education Plan), the measurable **postsecondary goals** are directly connected to what the student wants to do after high school. These plans usually focus on three main areas: further education or training, getting a job, and, if needed, living independently.

The IEP also includes **clear, measurable annual goals (MAGs)** to help the student develop the skills or gain the experience they need to reach those postsecondary goals. Here's how these goals might matchup:

1. Postsecondary Goal (Education/Training): After high school, [student] will attend a community college to pursue a certificate in culinary arts.

Aligned Measurable Annual Goal (MAG): By the end of the school year, when given the template for a college application, [student] will independently complete the form with 100% accuracy, as measured by teacher observation and data.

2. Postsecondary Goal (Employment): After high school, [student] will work in a retail setting.

Aligned Measurable Annual Goal (MAG): By the end of the annual IEP period, given a position in a school-based job setting, [student] will demonstrate workplace readiness skills (e.g., following a schedule, responding appropriately to feedback) with at least 80% accuracy for 4 out of 5 consecutive opportunities, as measured by teacher observation and data collection.

3. Postsecondary Goal (Independent Living): After high school, [student] will live independently in an apartment and manage their personal finances.

Aligned Measurable Annual Goal (MAG): By the end of the school year, when given a projected income and list of expenses, [student] will create and follow a weekly budget with at least 90% accuracy for 8 out of 10

consecutive weeks, as measured by teacher observation and data collection.

Inviting Outside Agencies

Involving outside agencies is a legal requirement in transition planning under IDEA, and it helps ensure students with disabilities have access to the full range of services they need to succeed after high school. These agencies can provide **transition services** like job training, help with college or independent living, and ongoing support for health and daily needs. They also guide families through legal, financial, and long-term planning. Early connection to agencies prevents gaps in services when the student moves from high school to adulthood.

Examples of Agencies

Vocational Rehabilitation and Pre-Employment Transition Services:

Many students with disabilities need job training, career counseling, or assistance finding employment. Montana's Vocational Rehabilitation and Blind Services can provide these services to help students.

Centers for Independent Living: These centers help students by teaching them how to use public transportation, develop self-advocacy skills, and find housing. They also provide mentoring programs and support groups to guide students as they transition to greater independence.

Montana Job Services: A job service representative can share information about job training, local work opportunities, and career resources. They can guide the student on building job skills, creating a resume, and preparing for interviews to support their transition to work.

Transportation Agency: A transportation agency representative can explain local bus or transit options and show the student how to use them. They can help plan routes and schedules so the student can travel independently to work, school, or other activities.

Disability Support Services at Colleges and Universities: A Disability and Support Services representative should attend the IEP meeting a year

or two before graduation to help the student understand how college support works, like getting accommodations, providing paperwork, and speaking up for themselves. If the student has a college in mind, the representative can share what that school offers. They can also explain how college support is different from high school to help the student get ready.

Departments of Recreation: A recreation department representative can share local activities and programs the student can join, like sports, hobbies, or community events. They can also help the student find programs that are inclusive or adapted to their needs, building skills and connections in the community.

Assistive Technology Programs: An assistive technology representative can find tools or devices that support the student in areas like school, work, or everyday tasks. They can recommend and teach the student how to use technology like special apps or equipment to help with communication, learning, or movement. They also make sure the student will have access to these tools after high school.

The Workforce Innovation and Opportunity Act Program (WIOA): A WIOA Program Specialist can provide the student with job training, career advice, and support. They can help the student find work experience, internships, and job opportunities, as well as teach them skills needed for work. The specialist also helps the student make a career plan and find resources for a successful move to a job.

****For more information on agencies with resources for families, and how to connect with them, visit the Community Resources Section of this binder.**

You Must Have Consent

The school must identify and invite agencies likely to assist with transition services, but they need written consent from the parent or adult student before doing so. A **consent form must be completed** each time an agency is invited to a meeting. If an agency cannot attend, the school must find other ways to involve them in planning. If an agency doesn't deliver

promised services, the school is responsible for finding alternatives, such as using other funding, referring to a different agency, or using community resources, and updating the IEP to reflect these changes.

The Office of Public Instruction has created [a handout for teachers](#) that gives more in-depth information on inviting outside agencies, and how to create the invitation in AIM.

Indicator 13

Indicator 13 is a set of standards that the federal **Office of Special Education and Rehabilitative Services (OSERS)** uses to measure how well schools follow transition planning requirements for students with Individualized Education Plans (IEPs).

By following Indicator 13, special educators help make sure that students with disabilities are prepared for their future, with the skills and supports they need to succeed. It's important because it sets clear guidelines for educators to follow. Below is a checklist of questions that special educators should go over when creating the student's transition plan to make sure it meets Indicator 13.

Indicator 13 Checklist

- Does the IEP include measurable postsecondary goals?
- Are the postsecondary goals updated annually?
- Are the postsecondary goals based on age-appropriate transition assessments?
- Are there transition services in the IEP that will reasonably enable the student to meet their postsecondary goals?
- Do the transition services include courses of study that reasonably enable the student to meet their postsecondary goals?
- Are there annual IEP goals related to the student's transition services needs?
- Is there evidence that the student was invited to the IEP Team meeting where transition services were discussed?

- If appropriate, is there evidence that a representative of any participating agency was invited to the IEP Team meeting with the prior consent of the parent or student who has reached the age of majority (age 18)?

Indicator 13 Resources

Indicator 13 Checklist and Cross-Reference Tool

Arkansas Transition Services has an Indicator 13 Checklist Tool that provides further guidance on each question/standard, and examples of how to prove you have met each one.

NTACT:C Indicator 13 Checklist

The National Technical Assistance Center on Transition also has a checklist for Indicator 13 Items, with directions on where to find them/write them into the IEP.

Graduation Requirements

A regular high school diploma is defined in federal law. The definition includes the following requirements:

- A regular high school diploma is the standard diploma most students in a state earn.
- It must meet the state's **academic standards** and cannot include:
 - GED (General Equivalency Diploma) or HiSet (High School Equivalency Test)
 - Certificate of completion
 - Certificate of attendance
 - Any other credential that is less than a regular diploma, like one based only on Individualized Education Program (IEP) goals.
- It can also include higher-level diplomas that require students to go beyond the standard requirements.

While federal law provides these guidelines, each state determines the academic standards students must meet to earn a regular diploma. **Some states offer an alternate diploma for students with significant cognitive disabilities—Montana does not offer this option.**

Federal law also requires states to make a free appropriate public education (FAPE) available to eligible students until they either:

- Graduate with a regular high school diploma, or
- Age out of eligibility.

In Montana, students with disabilities are eligible for special education services until their 22nd birthday or until they graduate with a regular high school diploma, whichever comes first.

Graduation and Transition IEPs

When a student with a transition IEP reaches their senior year, the IEP team must complete the graduation section of the IEP. This section helps the team determine when the district's obligation to provide FAPE will end—either upon graduation with a regular high school diploma or when the student ages out, exceeding the age of eligibility for FAPE.

For students returning for an additional year after their senior year, that year is treated as an extra senior year. It is important to remember: once a student with an IEP graduates with a regular high school diploma, or ages out before meeting graduation requirements, they are no longer eligible for special education services. In both cases, the school must provide a Prior Written Notice (PWN) and Summary of Performance (SOP) to the parent and to the student if the student is 18 or older.

Graduation Requirements Resources

Montana has minimum graduation requirements, but each school district can add to this list. Search for "high school graduation requirements" on your district's website to find the most recent version of the state's minimum, and your school's own requirements too.

The Office of Public Instruction gives examples of how to document the student's graduation status in the transition IEP: [MT Transition IEP High School Graduation Section](#) and examples of what to include in the Prior Written Notice: [OPI Example of PWN for High School Seniors](#)

Summary of Performance

The Summary of Performance (SOP) is a required document for students with an IEP who graduate with a regular high school diploma or age out of special education services. Its purpose is to help students, families, and adult service providers understand the student's strengths, needs, and abilities as they prepare for life after high school.

The SOP includes:

- A summary of the student's **academic achievement** (reading, writing, math, etc.)
- A summary of the student's **functional performance** (daily living, social skills, work-related skills, communication, etc.)
- **Recommendations** to help the student and future service providers support the student in meeting their postsecondary goals (education/training, employment, and independent living)

The SOP explains what the student is good at, what areas may be challenging, and what supports or strategies have been effective. It is designed to give the next team—such as college disability services staff, job coaches, employers, or adult agencies—a clear picture of the student's strengths, needs, and recommended supports. This information helps ensure the student receives the right support in college, at work, or in the community.

The SOP must be completed by the end of the student's final year of high school.

Summary of Performance Resources

OPI Summary of Performance

This handout from the Montana Office of Public Instruction outlines the steps to record the student's SOP in the Individualized Education Plan.

Alternatives to Guardianship

Many parents help their young adult children, with or without disabilities, by offering emotional support, advice, money, or a place to live. Young adults with intellectual disabilities or autism might also need help making decisions. When they turn 18, families may need to take legal steps to help them with important choices. There are different kinds of decision-making supports that can be personalized to meet each person's needs. These supports can help with specific areas, like health or money, and can range from informal help to formal legal arrangements.

In Montana, the law says that families need to start with the less restrictive choices, like **supported decision-making**, before trying to get full guardianship of their adult child. Families can start by talking with their loved one about what support they need and can also get advice from other families, school staff, counselors, or legal experts.

Alternative approaches to guardianship			
Least Restrictive	Less Restrictive	More Restrictive	Most Restrictive
• Supported Decision Making • Advocacy Forms • Online or Bill Payment Service • Joint Checking Account Individual retains full independence and full decision-making power, and is able to access support as needed.	• Power of Attorney • Representative Payee • Special Needs Trust • Healthcare or Advanced Directives Individual retains some, but not all, control over decisions. A representative is designated to make decisions "for" an individual in specific areas.	• Limited or Temporary Guardianship A guardian is limited in which areas they act as the decision maker for the individual, or serves for a specific amount of time. The order is tailored by the court.	• Full Guardianship A guardian has full decision-making control over all areas of an individual's life. Requires a court order.

See Page 4 for decision-making resources.

The table above from The Rural Institute's Transition Resource Project, gives an outline of how families can support their adult children, from **least restrictive (supported decision making)** to **most restrictive**

(guardianship). Visit this link for a copy of the full, 4-page handout:
https://transition.ruralinstitute.umt.edu/www/wp-content/uploads/Adult_Guardianship_factsheet_FINAL_10.3.19.pdf

Transfer of Rights

Before the student with an Individualized Education Plan turns 17, the special education teacher must inform them that they will become an adult at age 18--this is called the **Transfer of Rights**. Special educators must notify families about this because when the student turns 18, they become an adult and can make their own decisions about school and services. This means parents no longer have the legal right to make those decisions for them. Notifying families helps them understand this change and gives them time to plan if the student needs extra help, like guardianship or power of attorney, to make decisions after they turn 18. For this reason, special educators can also give the Transfer of Rights notification at the student's first Transition IEP meeting to make sure they have enough time to plan. Once the special educator has notified the student of the Transfer of Rights during the IEP meeting, the parent signs the document, and they have officially been notified.

Transfer of Rights Resources

Alternatives to Guardianship

Families may need more information on alternatives to guardianship and supported decision-making. They may not be aware that our state requires these options to be considered before going after full-on guardianship. The Rural Institute's Transition Resources Project has helpful factsheets, toolkits, and webinars on options.

OPI Transfer of Rights

Montana's Office of Public Instruction outlines the Transfer of Rights notification process and where to record it in the IEP.

OPI Transfer of Rights Brochure

Montana's Office of Public Instruction has a brochure on the Transfer of Rights that outlines the school's responsibilities, the educational rights that transfer over, and how to prepare the student.

Procedural Safeguards

Procedural safeguards are rules that protect the rights of the student and their family during the student's individualized education planning. They are written into federal law under the Individuals with Disabilities Education Act.

A Summary of Procedural Safeguards

- **Parental Consent:** Parents must agree before certain actions, like inviting outside groups to meetings.
- **Meeting Notices:** Parents must be told in advance about IEP meetings so they can attend (meeting notices should be easy to understand/ in the guardian's native language when necessary).
- **Right to Participate:** Parents and students have the right to be involved in decisions about the transition plan.
- **Confidentiality:** The student's personal information is kept private.
- **Dispute Resolution:** If there's a disagreement, there are ways to solve the issue, like mediation or a hearing.

Procedural Safeguard Resources

The Montana Office of Public Instruction has a booklet with all of the procedural safeguards described in detail. You can access an e-copy here:

[IDEA Special Education Part B Procedural Safeguards Notice](#)

If you have any difficulty understanding these rules, or have questions, you can reach out to either of the following organizations:

Disability Rights Montana

Website: <https://disabilityrightsmt.org/contact-us/>

Phone: (406) 449-2344

The Montana Empowerment Center

Website: <https://mtempowermentcenter.org/contact/>

Phone: (877) 870-1190

Summary of Performance

The **Summary of Performance (SOP)** in a transition IEP is a document that provides an overview of a student's strengths, needs, and achievements before they graduate or exit school. It includes information on the student's academic skills, functional abilities, and how they perform in areas like work, social skills, and daily living. The SOP helps students and future service providers understand the student's abilities and areas that may need support after high school. It's meant to guide the student's transition to further education, employment, or independent living. The SOP should be complete by the end of the student's senior year of high school.

Summary of Performance Resources

OPI Summary of Performance

This handout from the Montana Office of Public Instruction outlines the steps to record the student's SOP in the Individualized Education Plan.

OPI Examples of SOP

This handout from the Montana Office of Public Instruction gives examples of completed summaries of performance.