

Tribal Consultation

Community First Choice Expansion

May 12, 2022

Proposal to Expand CFC

CFC Background

Community First Choice is designed to support Montana residents age in place by providing personal assistance services including activities of daily living (ADLs) , instrumental activities of daily living (IADLs) and community integration (CI) through hands on assistance, supervision, and/or cuing and prompting.

To participate in CFC, participants must be Medicaid eligible, meet nursing facility level of care, and have a medical/functional need for at least on service outlined in the CFC service package.

ADLs – personal hygiene, meal preparation, mobility assistance, positioning, transferring, exercise routines and medication assistance.

IADLS – light housekeeping, laundry and shopping, yard hazard removal and correspondence assistance

CI – provides assistance so the member can participate in recreational and community activities

BSW Background

Similar Services are available under the Big Sky Waiver that provides an array of home and community-based services that promote community living for qualified Medicaid beneficiaries and avoid institutionalization. To participate in BSW participants must be Medicaid (LONG TERM CARE) eligible, meet nursing facility level of care, and have a medical/functional need that can only be met by BSW. Services related to CFC include:

CFC time **exceeding the CFC limit** (a.k.a – extended state plan)

Homemaker - general household tasks provided by a qualified homemaker when the individual regularly responsible for these activities is temporarily absent or unable to manage the home and care for themselves.

Supervision for health and safety in the home and the community.

Home delivered meals – either hot or prepackage meals delivered directly to the home.

Plan to expand

Why expand? Several waiver individuals are utilizing just the four services highlighted above plus case management. However, there are individuals with a greater degree of need are on the wait list. While one is discharged from BSW to receive all services from CFC, a slot will open for an individual with, most likely, greater needs. With all services provided through CFC, hours can be consolidated and the ability to manage services improves. (And the federal participation is 6% higher in CFC)

DPHHS has drafted a CFC proposal and a BSW waiver renewal to move the highlighted services to CFC. This proposal has been provided to CMS for initial review and comment. Next step is to release the draft for public comment.