



#### Montana Department of Public Health and Human Services

Intellectual and Developmental Disabilities (I/DD) Alternative Settings Design Study and Implementation Planning December 1, 2023

# Setting the Context – Exploring The Theory of Change

#### Understanding the why behind an improved setting of care

We understand that:

Individuals with complex needs benefit from a home-like, community-inclusive setting of care



Individuals with intensive needs currently have long length of stay in the State hospital, Intensive Behavior Center and/or are being served in out-of-state facility-based settings



The State is committed to advancing systems of care that promote high quality of care in the least restrictive settings, with HCBS as the preferred care setting



There is a need for flexibility in the continuum of care to address gaps, such as improved crisis response services for those with short or long-term intensive needs



#### Promoting and designing an improved care setting

Creating pathways to improvement by...

Identifying an appropriate eligibility criteria for a setting based on clinical and functional needs to improve access to I/DD services and supports based on clinical needs and best practices



Maintaining a "wholecontinuum" approach that promotes transition of care to the least restrictive setting of care



Projecting current and future demand in a way that also considers how DPHHS can partner to advance affordable housing to maximize HCBS and avoid a setting being used for housing vs. care



features of a setting including the needed capital investment and operating model to offer a setting that can serve those Montanans with intensive needs



#### Understanding the objective of the I/DD design study

Montanans living with I/DD, including those with intensive care needs, to have access to high quality and comprehensive services and supports, including crisis response services, provided in a person-centered setting. These services will exist within a broader care continuum that is committed to promoting care in the least restrictive, most community-embedded setting possible.

The design study should not be misunderstood as a plan to:

- 1. Close the Intensive Behavior Center (IBC)
- 2. Re-open the Eastmont Human Services Center or Montana Developmental Center
- 3. Continue the delivery of care with outdated service models from the past
- 4. Solely focus on improvement for institutional or facility-based settings

## How Will the Study Process Work?

#### The I/DD project overview

The I/DD Study is intended to run from September 2023 through December 2024. The engagement tasks will mimic a phased approach, with some aspects running concurrently.

Outreach and Education to Individuals, Families, and Stakeholders

Time frame: ~16 months: Sept '23 – Dec '2024

Study to Improve Care for Individuals with I/DD

Time frame: ~8 months: Sept '23 - April '24

Implement Recommendations

Time frame: ~9 months: April '24 – Dec '24

#### Summary and goals of the design study

Outreach and Education to Individuals, Families, and Stakeholders (~16 months: Sept '23 – Dec '2024)



- Facilitate stakeholder education and outreach plan
- Develop an I/DD network-specific communications plan and strategy



- Frequently asked questions document, updated regularly
- Provide ongoing support with inquiries
- A series of town halls after recommendations are released (up to five meetings)



• Presentations (as necessary) at commission and interim legislative committee meetings

#### Summary and goals of the design study (Continued)

#### Study to Improve Care for Individuals with I/DD (~8 months: Sept '23 – April '24)



- Identify need and demand for services that support people living with I/DD
- Analyze individuals' unique needs to inform clinical design of care settings



- Determine strategies to address crisis intervention (HB 691)
  - HB 691 is a community crisis bill for people with I/DD



Draft budget of building and operating costs including per diem and reimbursement rates

#### Summary and goals of the design study (Continued)

#### Study to Improve Care for Individuals with I/DD (~8 months: Sept '23 – April '24)

Develop ways to support individuals with **unique housing options** by:



 Examining capacity and demand for housing needs as well as availability of housing locations and financing opportunities



- Identifying available **partnerships and units** for individuals moving out of an institutional setting and into **the least restrictive community-inclusive setting**
- Determining **best practices** and examples of **housing models** from the across the country

#### Summary and goals of the design study (Continued)

#### Implement Recommendations (~9 months: April '24 – Dec '24)

Based on approved study recommendations by the HB 872 commission, this aspect of the engagement addresses tasks needed to implement approved recommendations. Tasks may include:



• Identify in-state and national partners, interested contractors and obtain subject matter expert input



• Contract with needed builders, developers, and operators



Develop a recommended per-diem reimbursement rate methodology and proposed rate

• Draft and finalize operating manuals and technical assistance as applicable

### Subcommittee Structure

#### Why a separate I/DD Subcommittee?

Understanding I/DD placement within the larger Behavioral Health Alternative Settings workstream.

1

The Behavioral Health Alternative Settings (BH Alt Settings) project is aimed at studying the benefits to alternative settings for individuals currently in long-term stays in both behavioral health and I/DD settings that can benefit from less restrictive, community-based settings.

2

Based on discussions with current stakeholders, DPHHS determined a specific work stream was needed to highlight the needs and scope of the I/DD population to support planning to improve and expand the continuum of services in the I/DD system.

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The I/DD scope of work will focus on the design and implementation of modernized, intensive services and supports to address gaps in the Intellectual and Developmental Disabilities (IDD) continuum of care, and expand the larger scope of BH Alternative Settings Design Study and Implementation Planning

#### I/DD Subcommittee Charge

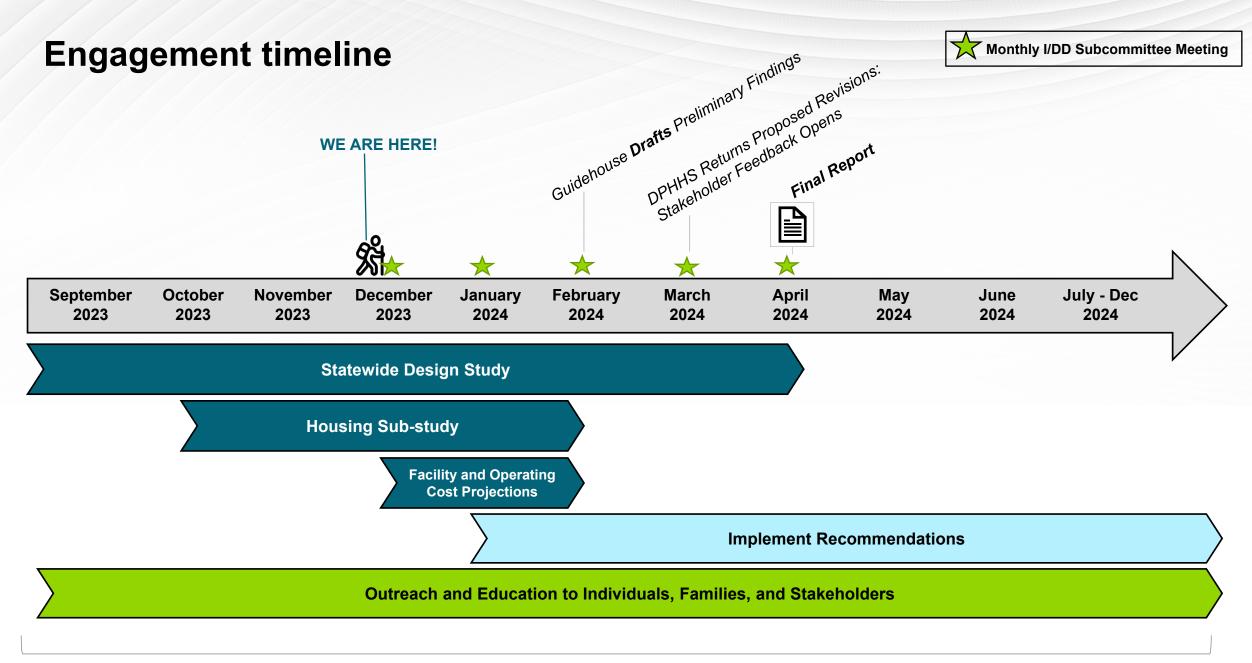


The I/DD Subcommittee will assist in providing information to help **inform recommendations** made to the Behavioral Health Systems for Future Generations (BHSFG) Commission. Members will include those with diverse expertise to ensure a variety of perspectives are included in the process.

#### Primary tasks will be to:

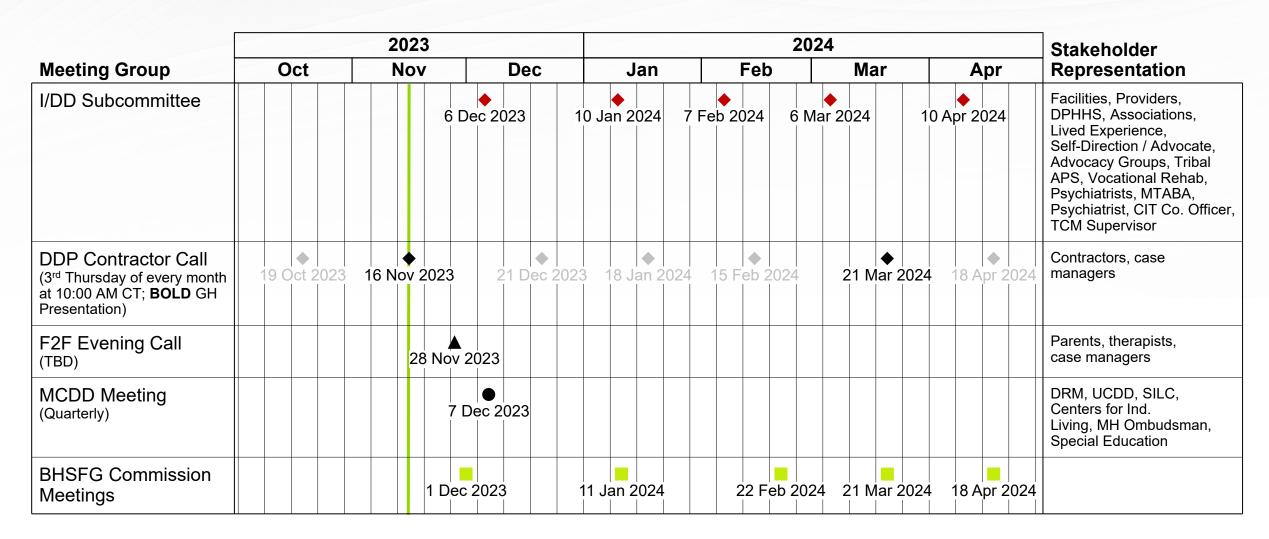
- Consider both the needs of children and adults, including those with co-occurring I/DD and mental health diagnosis(es)
- Offer insights, experiences, and recommendations
- Contribute to the development of a **long-term strategic plan**
- Provide both promising and best practice approaches
- Collect comments from individuals with I/DD and caretakers on lived experience for enhancing current programs and settings
- Envision future treatment setting(s) to better meet the needs of Montanans with I/DD

## Timeline Overview



#### Overview of I/DD Stakeholder Engagement

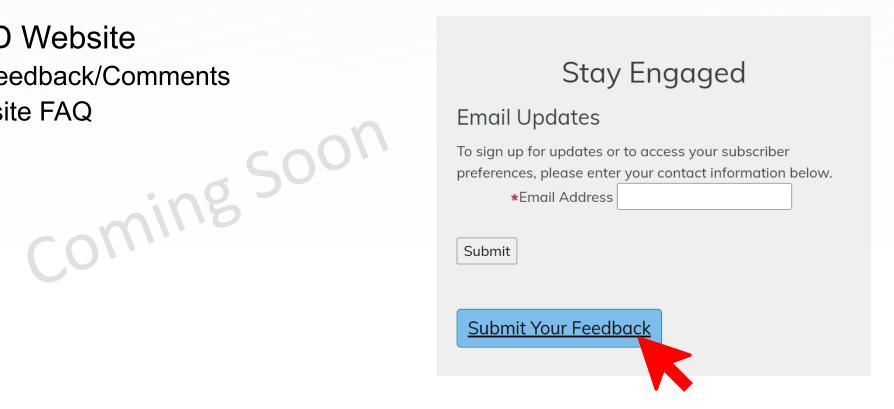
Approved overview and sequence of the upcoming DPHHS stakeholder meetings from November 2023 to April 2024.



## Public Engagement

#### **Providing Comments/Feedback Post Meeting**

- DPHHS I/DD Website
  - Capture Feedback/Comments
  - I/DD Website FAQ



#### **Acronyms List**

Abbreviation	Meaning
BH	Behavioral Health
BHSFG	Behavioral Health System for Future Generations
CMS	Centers for Medicare and Medicaid Services
CMCS	Center for Medicaid and CHIP, division of CMS
CY	Current Year
DD	Developmental Disabilities
DPHHS	Department of Public Health and Human Services
FY	Fiscal Year
GH	Guidehouse
HCBS	Home and Community Based Services
HHS	Home Health Services
IBC	Intensive Behavior Center
ICF	Intermediate Care Facility
I/DD	Intellectual and Developmental Disabilities
LTSS	Long-term Services and Support
MSH	Montana State Hospital
SLG	State & Local Government