

	Behavioral Health and Developmental Disabilities (BHDD) Division
	Medicaid Services Provider Manual for Substance Use Disorder and Adult Mental Health Date effective: October 1, 2022
Policy Number: 514	Subject: Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Definition

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based intervention to identify those members at risk for psychosocial or health care problems related to their substance use. Screening is intended to identify unhealthy substance use. Brief intervention provides feedback about unhealthy substance use and focuses on education, increasing member insight and awareness about the risks related to unhealthy substance use and enhances motivation toward healthy behavioral change. Referral to treatment helps facilitate access to addiction assessment and treatment.

Medical Necessity Criteria

- (1) The member must present with patterns of substance use that puts their health at risk.

Provider Requirements

- (1) SBIRT may be provided by a licensed behavioral health professional, a physician, a mid-level, or a supervised unlicensed staff.
- (2) Appropriate staff providing this service must have a minimum of four hours training approved by the department related to SBIRT services that is documented in the staff's personnel file.

Service Requirements

SBIRT has the following requirements:

- (1) Must include structured substance use, other than tobacco, screening and brief intervention (SBI) services.
- (2) The following are approved screenings instruments for adults:
 - (a) AUDIT (Alcohol Use Disorder Identification Test);

(b) ASSIST (Alcohol, Smoking, and Substance Abuse Involvement Screening Test); or
(c) DAST – 10 (Drug Abuse Screening Test).

(3) The following are approved screenings instruments for adolescents:

(a) CRAFFT (Car, Relax, Alone, Forget, Family or Friends, Trouble); or

(b) SB2I (Screening to Brief Intervention).

(4) The following are approved screenings instruments for pregnant women:

(a) T-ACE (Tolerance, Annoyance, Cut Down, Eye Opener); or

(b) TWEAK (Tolerance, Worried, Eye Opener, Amnesia, K/Cut Down).

(5) A provider may submit other evidence-based screening instruments not listed above, with the supporting research documentation of the appropriateness of the instrument, for consideration and approval by the department.

Utilization Management

(1) Prior authorization and continued stay review are not required.