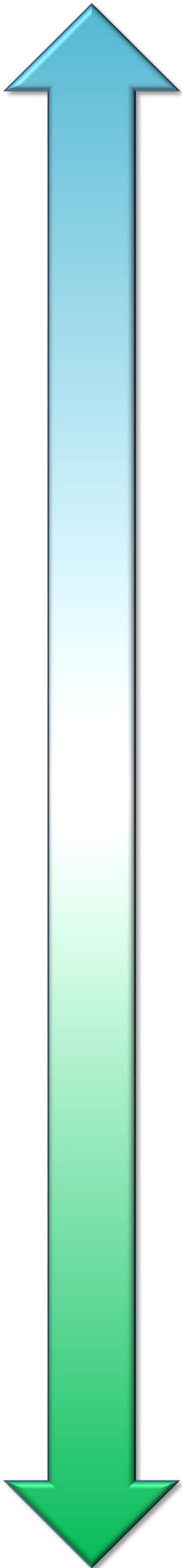


# Children's Mental Health Bureau

## Medicaid Services Continuum of Care

Note: Some services can be offered concurrently with other services. Other services have restrictions or exemptions.

Please refer to the Children's Mental Health Bureau Medicaid Provider Manual for requirements. <https://dphhs.mt.gov/dsd/CMB/Manuals>



<p><b>Outpatient Services</b></p> <ul style="list-style-type: none"> <li>▪ <b>Psychiatric Services and Medication Management</b></li> <li>▪ <b>Outpatient Therapy</b></li> </ul>	<p><b>Psychiatric Services and Medication Management</b> Medication treatment and monitoring services typically include the prescription of psychoactive medications by a physician (e.g., psychiatrist) that are designed to alleviate symptoms and promote psychological growth. Treatment includes periodic assessment and monitoring of the child's reaction(s) to the drugs(s).</p> <p><b>Outpatient Therapy (OP)</b> Psychotherapy and related services provided by a licensed mental health professional including individual, family, and group therapy.</p>
<p><b>Home and Community Services</b></p> <p><i>To prevent or minimize the need for more restrictive levels of care.</i></p> <ul style="list-style-type: none"> <li>▪ <b>Community Based Psychiatric Rehabilitation and Support</b></li> <li>▪ <b>Targeted Youth Case Management</b></li> <li>▪ <b>Intensive Outpatient Therapy*</b></li> <li>▪ <b>Home Support Services</b></li> <li>▪ <b>Therapeutic Foster Care</b></li> <li>▪ <b>Comprehensive School and Community Treatment</b></li> <li>▪ <b>Youth Day Treatment</b></li> <li>▪ <b>Partial Hospitalization Program</b></li> </ul> <p><i>*New children's mental health service</i></p>	<p><b>Community Based Psychiatric Rehabilitation and Support (CBPRS)</b> Adaptive skill building and integration services provided in person for a youth in home, school or community settings in order to help the youth maintain participation in those settings. The focus of the services is to improve or restore the youth's functioning in identified areas of impairment to prevent or minimize the need for more restrictive levels of care.</p> <p><b>Targeted Youth Case Management (TCM)</b> Services furnished to assist youth and families in gaining access to needed medical, social, educational, and other services. Case management services include assessment, determination of need, development and periodic revision of a specific care plan, referral and related activities, and monitoring and follow-up activities.</p> <p><b>Intensive Outpatient Therapy (IOP)*</b> Intensive outpatient therapy services provide a minimum of six hours of weekly structured intensive mental health care to youth with serious emotional disturbance (SED) while allowing youth to safely remain in school, in the home, and in their community. Core services may include a combination of the following: individual, family, and group therapy, CBPRS, crisis services, and care coordination.</p> <p><b>Home Support Services (HSS)</b> In-home therapeutic and family support services for youth living in biological, adoptive or kinship families who require more intensive therapeutic interventions than are available through other outpatient services. Services are focused on the reduction of symptoms and behaviors that interfere with the youth's ability to function in the family and facilitation of the development of skills needed by the youth and family to prevent or minimize the need for more restrictive levels of care.</p> <p><b>Therapeutic Foster Care (TFOC or TFC)</b> TFC services are in-home therapeutic and family support services for youth living in a therapeutic foster home environment, for youth unable to live with their biological or adoptive parents, in kinship care, or in regular foster care. These youth require more intensive therapeutic interventions than are available through other outpatient services. Services focus on skill building and integration for adaptive functioning to minimize need for more restrictive levels of care and to support permanency or return to the legal guardian.</p> <p><b>Comprehensive School and Community Treatment (CSCT)</b> A comprehensive planned course of community mental health outpatient treatment that includes therapeutic interventions and supportive services provided in a public school-based environment in office and treatment space provided by the school. Services are focused on improving the youth's functional level by facilitating the development of skills related to exhibiting appropriate behaviors in the school and community settings.</p> <p><b>Youth Day Treatment (Day Tx)</b> A set of mental health services provided in a specialized classroom setting (not a regular classroom or school setting) and integrated with educational services provided through full collaboration with a school district. The services are focused on building skills for adaptive school and community functioning and reducing symptoms and behaviors that interfere with a youth's ability to participate in their education at a public school, to minimize need for more restrictive levels of care and to support return to a public school setting as soon as possible.</p> <p><b>Partial Hospitalization Program (PHP)</b> Structured day program provided by a hospital under the direction of a physician with frequent nursing and medical supervision. Partial hospitalization has acute level and sub-acute level services.</p>
<p><b>Residential Services</b></p> <ul style="list-style-type: none"> <li>▪ <b>Therapeutic Group Home</b></li> <li>▪ <b>Extraordinary Needs Aide</b></li> <li>▪ <b>Psychiatric Residential Treatment Facility</b></li> <li>▪ <b>Acute Inpatient Hospital</b></li> </ul>	<p><b>Therapeutic Group Home (TGH)</b> A community-based treatment alternative provided in a structured group home environment. TGH is appropriate for youth requiring specific therapeutic treatment services and social supports which require higher intensity of specific therapeutic services and social supports than are available through traditional outpatient services and exceed the capabilities of support systems for the youth.</p> <p><b>Extraordinary Needs Aide (ENA)</b> Extraordinary needs aide services are additional one-to-one, face-to-face, intensive short-term behavior management and stabilization services provided in the TGH by TGH staff.</p> <p><b>Psychiatric Residential Treatment Facility (PRTF)</b> Provides interventions directed at addressing and reducing the specific impairments that led to the admission and at providing a degree of stabilization that permits safe return to the home environment and/or community-based services. A PRTF is a secure residential facility that typically serves 10 or more children and youth and provides 24-hour staff and psychiatrist supervision, and may include individual therapy, group therapy, family therapy, behavior modification, skills development, education, and recreational services.</p> <p><b>Acute Inpatient Hospital</b> Psychiatric facilities that are devoted to the provision of inpatient psychiatric care for persons under the age of 21 for observation, evaluation, and/or treatment. Services are medically oriented and include 24-hour supervision; services may be used for short-term treatment and crisis stabilization. A youth might be admitted to an acute hospital if s/he is considered dangerous to self or others.</p>

# CMHB Resources

## Websites

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**Children's Mental Health Bureau Website** <https://dphhs.mt.gov/dsd/CMB>

*Find contact information, provider manuals, descriptions of services, and links to other references.*

**Children's Mental Health Bureau Services Provided** <https://dphhs.mt.gov/dsd/cmb/childrensmentalhealthservices>

*Find a description of all available Medicaid children's mental health services.*

**Children's Mental Health Bureau Provider Manuals** <https://dphhs.mt.gov/dsd/CMB/Manuals>

*Find current and proposed provider manuals for Children's Mental Health Bureau as adopted in Administrative Rule. Provider manuals contain Serious Emotional Disturbance (SED) Criteria, prior authorization requirements and process, appeal rights and process, and other information.*

**Montana Healthcare Programs Provider Website** <https://medicaidprovider.mt.gov/>

*Find provider enrollment, resources by provider type, provider manuals, provider forms, training opportunities, and claim instructions.*

**Medicaid Optum MPATH Provider Services Portal** <https://mtdphhs-provider.optum.com/>

*Find a Medicaid provider, FAQs, provider services login, and announcements*

## Contact Information

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**Provider Relations** 1-800-624-3958

**Medicaid Member Hotline** 1-800-362-8312

**Office of Public Assistance Member Help Line** 1-800-706-1535

**Crisis Text Line** Free, 24/7 text line for people in crisis. Text "MT" to 741741

**National Suicide Prevention Lifeline** 1-800-273-TALK (8255)

**Children's Mental Health Bureau (CMHB)** (406) 444-4545

**Meghan Peel** - CMHB Bureau Chief (406) 444-1290 [MPeel@mt.gov](mailto:MPeel@mt.gov)

**Renae Huffman** - Medicaid Program Section Supervisor (406) 444-7064 [RHuffman@mt.gov](mailto:RHuffman@mt.gov)

**Christine White** - Medicaid Program Officer (406) 444-5916 [ChWhite@mt.gov](mailto:ChWhite@mt.gov)

**Brittany Craig** - Medicaid Program Officer (406) 444-6018 [Brittany.Craig@mt.gov](mailto:Brittany.Craig@mt.gov)

**CMHB Clinical Services Team**

**Katie Harlow** - Clinical Supervisor/Licensed Clinician (406) 444-3814 [Katelyn.Harlow@mt.gov](mailto:Katelyn.Harlow@mt.gov)

**Dan Carlson-Thompson** - Licensed Clinician (406) 444-1460 [Dcarlson-thompson@mt.gov](mailto:Dcarlson-thompson@mt.gov)

**Tony Killebrew** - Licensed Clinician (406) 655-7629 [Tkillebrew@mt.gov](mailto:Tkillebrew@mt.gov)

**CMHB Regional Resource Specialists**

**Trish Christensen** (406) 329-1330 [Trish.Christensen@mt.gov](mailto:Trish.Christensen@mt.gov)

*Serves the following Counties: Beaverhead, Carter, Custer, Daniels, Dawson, Deer Lodge, Fallon, Flathead, Garfield, Granite, Lake, Lincoln, McCone, Mineral, Missoula, Powder River, Powell, Prairie, Ravalli, Richland, Sanders, Sheridan, Treasure, Valley, Yellowstone, Wibaux*

**Theresa Holm** (406) 444-2958 [THolm2@mt.gov](mailto:THolm2@mt.gov)

*Serves the following Counties: Big Horn, Blaine, Broadwater, Carbon, Cascade, Chouteau, Fergus, Gallatin, Glacier, Golden Valley, Hill, Jefferson, Judith Basin, Lewis and Clark, Liberty, Madison, Meagher, Musselshell, Park, Petroleum, Phillips, Pondera, Roosevelt, Rosebud, Silver Bow, Stillwater, Sweet Grass, Teton, Toole, Wheatland*