



Section 1115 PLAN FIRST Demonstration Waiver Post Award Forum (November 29, 2022)

Waiver Summary:

Plan First is a Section 1115 Medicaid Family Planning Waiver. Plan First covers family planning services for eligible women. Some of the services covered include office visits, contraceptive supplies, laboratory services, and testing and treatment of STDs.

Eligibility:

- Montana women ages 19 through 44;
- Not eligible for other Medicaid benefits;
- Able to become pregnant but are not now pregnant; and
- Earning a household income up to 200% of the federal poverty level (FPL) plus 11% of the FPL calculated by CMS as a substitute for income disregards, for a total of 211% of the FPL.

Plan First's Goals:

- Ensure access to family planning and/or family planning-related services for individuals not otherwise eligible for Medicaid.
- Improve or maintain health outcomes for the target population as a result of access to family planning services and/or family planning-related services.

Program Evaluation Activities:

A new Evaluation Design was approved on November 30, 2020. An evaluation update is published with each Annual Report beginning with the baseline on the 2020 report. The most recent Annual Report can be found on the [Plan First webpage](#). The link to the plan first page can be found on the bottom of handout.

Plan First's Renewal:

- The Plan First Waiver began in 2012 and was approved for renewal effective April 1, 2019 through December 31, 2028. The renewal approval contained no substantial changes.

Plan First 2021/2022 Updates:

- Although the waiver is limited to 4,000 women at any time, the current enrollment is around 1,800. There was a marked and steady decline in enrollment that coincided with the implementation of Medicaid Expansion in January of 2016 whereby many women qualified for the more comprehensive coverage. However, as of January of 2021, Plan First application and enrollment was integrated into the greater Montana Healthcare Programs eligibility and enrollment system (CHIMES). Since then, enrollment has been steadily climbing again. This may be due to the greater number of applicants filtered through the CHIMES system catching applicants that otherwise might not have applied for Plan First specifically and/or, boosted by the COVID-19 moratorium on non-voluntary dis-enrollments. Plan First enrollment as of June 30, 2022 was 1,757, which is a near 29% percent increase in enrollments over the SFY.



Information:

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Plan First Webpage
<https://dphhs.mt.gov/MontanaHealthcarePrograms/planfirst/index>