

2009-2010 Focus: *Survivorship*

Nearly 140,000 patients with a new diagnosis of cancer have been reported to the Montana Central Tumor Registry since it began continuous operation in 1979. Of those, nearly 40,000 people are believed to be alive. The Montana Cancer Control Coalition would like to recognize two of the many organizations around the state that work hard throughout the year to make a positive impact on individuals and families that are affected by cancer.

Camp Mak-A-Dream

Camp Mak-A-Dream is celebrating their 15th anniversary this year! Camp Make-A-Dream serves kids as young as six in age specific programs, where they can discuss their challenges and frustrations openly and honestly. Camp Mak-A-Dream also hosts retreats for adult women into their 80's who are either currently undergoing or have completed treatment for cancer. This season, Camp Mak-A-Dream has offered ten cost-free programs for children, young adults, and families affected by cancer and served approximately 300 families.



Camp Mak-A-Dream Young Adult Survivors Camp

Cancer Support Community Montana



Recovery Yoga classes at the Cancer Support Community

The Wellness Community Montana is now called Cancer Support Community Montana, after merging with Gilda's Club Worldwide. With a new facility located in Bozeman, the Cancer Support Community Montana offers over 50 programs per month which includes support groups, education, art therapy, yoga, QiGong, Guided Imagery, family programming, cooking classes, nutrition education, exercise opportunities, and a Wig Center where volunteer cosmetologists trim wigs and help tie scarves.

All programs are free of charge for participants, including their annual women's retreat, Mending in the Mountains. The Cancer Support Community Montana had approximately 1820 visits in 2009.

Make a difference!

- **Get involved** with the Montana Cancer Control Coalition and comprehensive cancer control activities.
- **Educate yourself** on cancer control issues.
- **Talk to your community, state, and national lawmakers** about cancer issues.
- **Get screened!** Talk to your doctor about what you can do to reduce your risk of cancer.

For more information

Visit the MTCCC web site to become a member, support the MTCCC with a financial donation, request a copy of the complete CCC Plan, or learn more about cancer control activities in your community.

www.mtcancercoalition.org

Or contact:
Montana Cancer Control Programs
Department of Public Health & Human Services
Telephone: 406-444-6089

Email: cancerinfo@mt.gov

Website: www.cancer.mt.gov



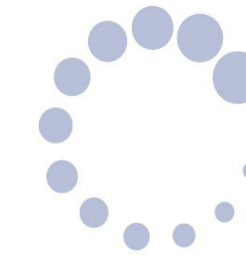
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Working together...

Credits
Donnie Sexton, Montana Office of Tourism *Clark Fork River*

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MONTANA
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Working together...

Montana Comprehensive Cancer Control Plan 2010 Annual Report



*“Survivorship
is one of the key areas
of focus for the MTCCC.*

*We will continue to make
survivorship a priority to improve
quality of life and follow up care for all
cancer patients.”*

- Dr. Thomas Purcell
Billings Clinic Cancer Center
Recipient of the 2010 Bette Bohlinger Leadership Award

Did you know...

- “Cancer Survivors” refers to those people who have been diagnosed with cancer and the people in their lives who are affected by the diagnosis, including family members, friends, and caregivers.
- Nearly 12 million Americans are alive after being told they have cancer.*
- About two-thirds of people with cancer are expected to live at least 5 years after diagnosis.*

*Centers for Disease Control and Prevention

Who

In 2003, a highly diverse group of individuals and organizations came together to develop Montana's five year Comprehensive Cancer Control (CCC) Plan, through which the Montana Cancer Control Coalition (MTCCC) was formed. Coalition members continue to work through broad, statewide public involvement to reduce cancer incidence, morbidity, and mortality for Montanans. Utilizing a coordinated and integrated approach to controlling cancer, the MTCCC strives to ensure better quality of life and enhance the odds of survivorship through prevention, early detection, and state-of-the-art cancer care.

How

The MTCCC is in its fifth and final year of implementation of the current CCC Plan. MTCCC members are now in the process of revising and creating the new CCC Plan that will provide guidance for cancer control activities for 2011 through 2016. Concerned stakeholders have come together to address issues across the cancer continuum from prevention and early detection to treatment and survivorship. The CCC Plan is a working, living document that represents Montana's determination to prevent and control cancer.

What

The Montana CCC Plan is a guide for achieving the following overarching goals:

1. Prevent the incidence of cancer by reducing risk factors.
2. Detect cancer at the earliest stage possible.
3. Promote access to quality, comprehensive cancer care.
4. Optimize the quality of life and survivorship for those affected by cancer.
5. Support research to improve cancer control.
6. Monitor, disseminate, and utilize cancer data while improving the consistency, coordination, and compliance of reporting and surveillance.
7. Monitor, document, and eliminate disparities across the cancer continuum.
8. Develop and support policies and initiatives that enable cancer control.

Montana's Comprehensive Cancer Control Plan *Progress Highlights*

This report reflects some of the progress made on the Montana Comprehensive Cancer Control Plan between July 1, 2009 and June 30, 2010. Although we cannot report all successes achieved statewide, this highlights some of the progress made.

Prevention

- Over 9,500 Montanans utilized the Montana Tobacco Use Prevention Quit Line from July 1, 2009-June 20, 2010.
- Through a USDA program, 111 Montana schools are receiving funds to provide a daily fresh fruit or vegetable snack to elementary students each day. Items like apples, kiwi, grapes, bananas, carrots, broccoli and even blood oranges, dates and avocados are being served through this program.
- The MTCCC Prevention Implementation members hosted a skin cancer prevention speaker at the high school Family, Career and Community Leaders of America (FCCLA) convention.
- Complete Street Policies: Missoula and Bozeman both passed policies that will make streets more conducive to walking, biking and taking transit.

Early Detection

- The MTCCC Early Detection Implementation Team collaborated with Ridgeway Pharmacy to provide over 1,200 customers with early detection and screening education in pharmacy mailers branded with the MTCCC logo.
- The screening component of the Montana Cancer Control Programs screened 5719 women for breast and cervical cancer between July 1, 2009 and June 30, 2010. 1286 Pap tests were provided to women between the ages of 30 to 49. These women are at the greatest risk for cervical cancer.

Treatment & Research

- The number of Commission on Cancer Approved facilities in the state increased from five to six.
- Since February 2009, the American Cancer Society Patient Navigator Program with St. Vincent's Healthcare has assisted more than 800 individuals that have been affected by cancer at some time in their lives, either by having a diagnosis themselves, or by having a loved one with cancer.
- Since 1996, more than 4,000 residents of Montana and Wyoming have participated in cancer clinical trials through the Montana Cancer Consortium, including 173 registered patients in 2009.

Quality of Life and Survivorship

- The Quality of Life and Survivorship Implementation team and the Montana Cancer Control Programs arranged a roundtable discussion with representatives from the Public School Systems, the Office of Public Instruction (OPI), parents of childhood cancer survivors and Oncology Social Workers to address the needs of childhood cancer survivors returning to school during and after treatment.
- The Montana Board of Medical Examiners voted unanimously to adopt the Federation of State Medical Boards Model Pain Policy and to add text in the preamble regarding the need for effective pediatric pain management.

Data, Registry and Surveillance

- The MTCCC Assessment and Development Committee provided review and feedback of MTCCC meeting evaluations and work plans, external environmental scans, and the dashboard.
- The Montana Pain Initiative and the Montana Cancer Control Programs partnered to develop and fund 8 pain focused questions to be included in the 2010 BRFSS survey.

Advocacy

- MTCCC members and partnering organizations donated a collective amount of over \$200,000 in time, travel expenses, goods, services, and financial contributions between July 1, 2009 and June 30, 2010.
- The MTCCC Communications Committee launched the online MTCCC Promotional Toolkit to support and facilitate media and public awareness activities.
- A Physician Advisory Group was created within the MTCCC structure.

Top Cancer Sites: Montana Women

Annual Averages	Incidence 2003-2007 ¹	Mortality 2008 ²
Sites	Number (Percent of cases)	
All Sites Combined	2,226	857
Breast	656 (29%)	103 (12%)
Lung/Bronchus	326 (15%)	237 (28%)
Colorectal	227 (10%)	83 (10%)

Top Cancer Sites: Montana Men

Annual Averages	Incidence 2003-2007 ¹	Mortality 2008 ²
Sites	Number (Percent of cases)	
All Sites Combined	2,575	997
Prostate	849 (33%)	120 (12%)
Lung/Bronchus	360 (14%)	303 (30%)
Colorectal	231 (9%)	72 (7%)

Data Sources

¹ Montana Central Tumor Registry (9/2009) ² Montana Office of Vital Statistics (4/2010)

