# Zika in Montana

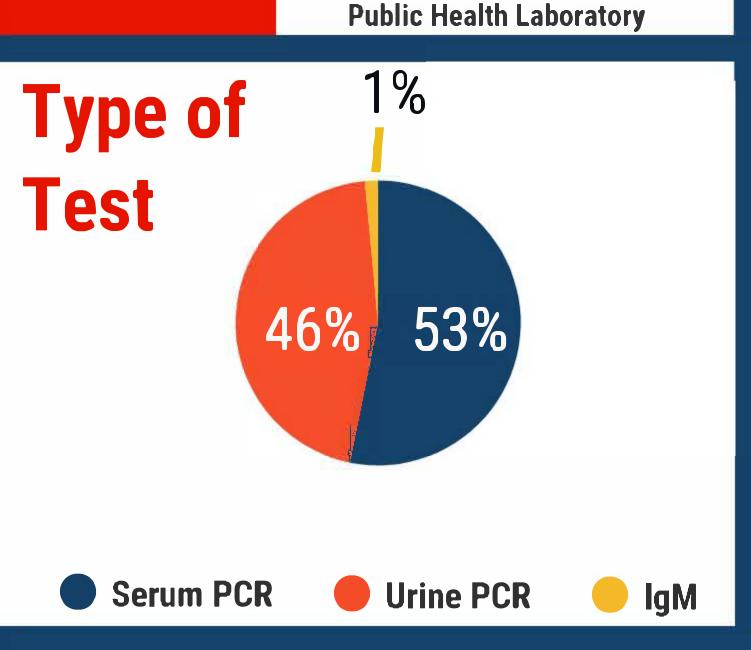


### 2017 Summary

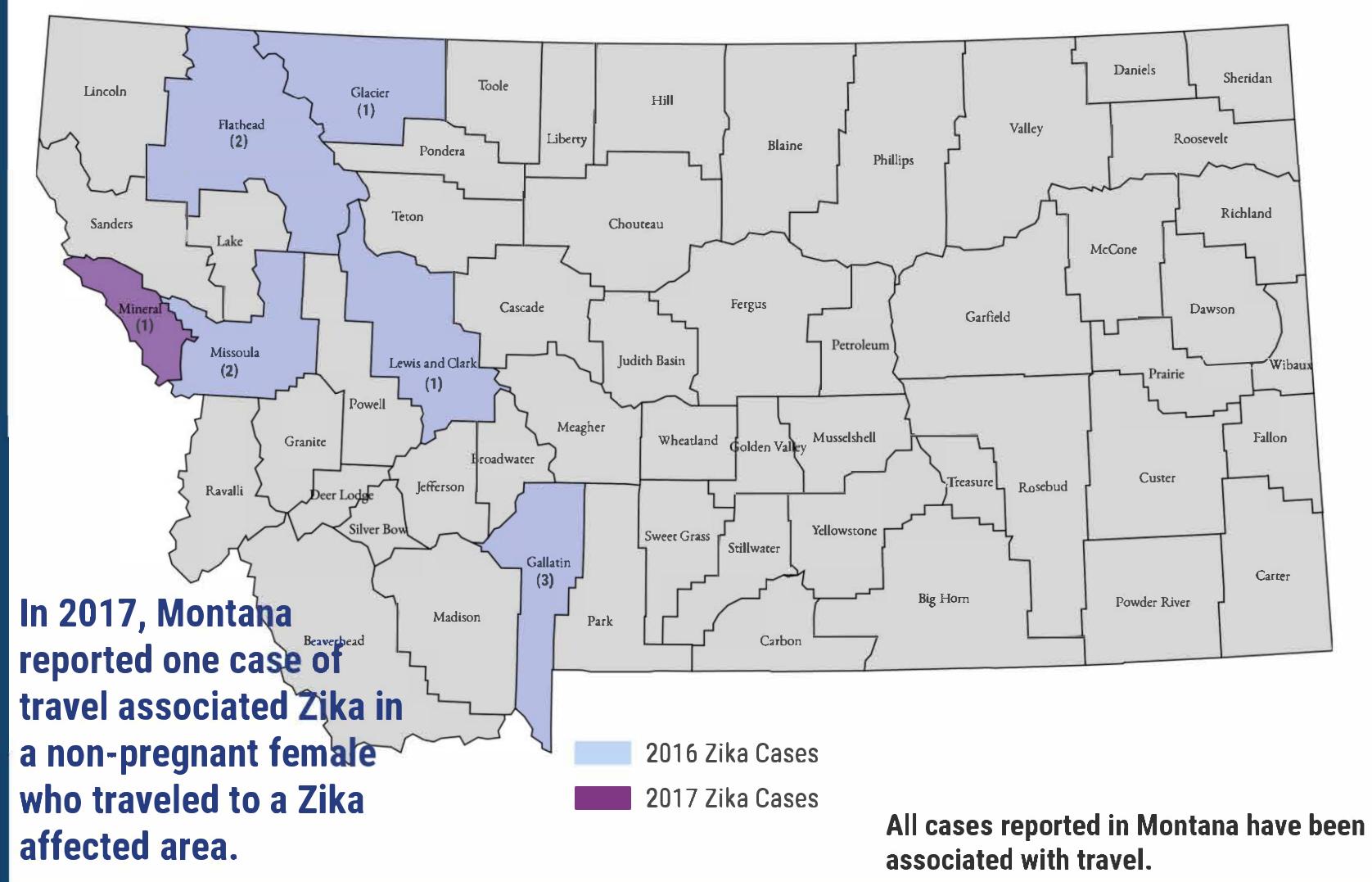




Tests conducted at the Montana



#### Confirmed Zika Cases Reported in Montana



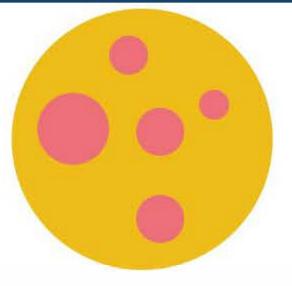
#### Common Symptoms Associated with Zika



Conjunctivitis



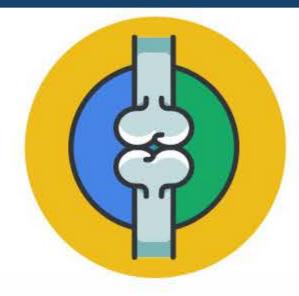
Headache



Rash



Muscle Pain



Joint Pain



Fever

Many people infected with Zika will not have symptoms.

Those that are symptomatic often experience mild clinical illness.

#### Prevention Recommendations for Zika

#### **Before Traveling**

- Know before you go. Are you traveling to a Zika affected area?
- Pregnant women should avoid travel to a Zika affected area.
- Contact your health care provider or local health department if you have questions or concerns.





## **While Traveling**

- Wear long sleeves and pants.
- Use repellent with DEET.
- Use condoms as Zika can be sexually transmitted.



#### **After Traveling**

- Continue using insect repellent for 3 weeks after you return from your trip.
- Protect your partner. If you're a woman, use condoms or do not have sex for 2 months. If you're a man, use condoms or do not have sex for 6 months.
- Contact your health care provider or local health department if you have questions or concerns.