

Clean Hands at the Beach!



Germs don't go on vacation! So as you pack your bags for the beach, it's a good time to remember to keep hands clean. It's easy to relax with the sound of the ocean and unplanned days but vacation isn't the time to be under the weather. Whether you are a parent, babysitter, teacher, health care professional or grandparent – we all need to do our part to help others keep their hands clean even when we are on vacation!

Families are packing their cars and heading to the beach so we created a word search to help keep those clean hands busy! Why not start a list of all of the places you stopped on your way to the beach and keep a scorecard of the availability of soap, water, paper towel or dryer?

According to the Centers for Disease Control and Prevention, keeping hands clean through improved hand hygiene is one of the most important steps we can take to avoid getting sick and spreading germs to others.

When should you wash your hands?



When preparing food



Before snacks and meals



After using the restroom



After touching animals



When someone is ill



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