

# Treatment of Active Tuberculosis (TB) Education Form

Public Health Nurse: \_\_\_\_\_

Agency: \_\_\_\_\_

Phone: \_\_\_\_\_

This is to inform you about the treatment, side effects and risks of taking medication for active tuberculosis disease.

Treatment of active TB with prescribed drugs will in most cases cure TB. The medication normally needs to be taken for a minimum of 6 months, but may require a longer period according to your physician's instructions.

Medication	Side Effects	Comments
Isoniazid (INH)	Dark Urine, Light-colored Stools, Fatigue, Loss of Appetite, Nausea, Vomiting, Abdominal Pain, Yellow Eyes or Skin, Rash, Tingling or Muscle Twitching in Hands or Feet	<b>Call your doctor or public health nurse</b> if you have any of these side effects. <b>Do not use alcohol</b> because of risk of liver damage. <b>Do not take Tylenol (acetaminophen)</b> or any medication with Tylenol while on INH. You can take Ibuprofen, Aleve or Advil. <b>Avoid antacids (Maalox, Tums, Mylanta)</b> within 2 hours of taking INH. <b>Tell your doctor or public health nurse</b> if you become pregnant while on INH.
Rifampin (RIF)	Orange-colored Body Fluids, Flu-like Symptoms, Nausea, Vomiting, Abdominal Pain, Bleeding Problems, Fever, Light-colored Stools, Rash, Yellow Eyes or Skin, Fatigue, Blood in Urine, Bruise Easily	<b>Do not use alcohol</b> because of risk of liver damage. Significant interactions with methadone, birth control meds, digitalis, coumarin derivatives, anticonvulsants, PIs, NNRTIs, and many other drugs. Colors body fluids orange (i.e. sweat, urine, tears). May permanently discolor soft contact lenses. <b>Tell your doctor or public health nurse</b> if you become pregnant while on RIF.
Pyrazinamide (PZA)	Dark Urine, Light-colored Stools, Yellow Eyes or Skin, Joint Aches, Upset Stomach, Nausea, Vomiting, Fatigue, Rash, Photosensitivity, Gout	<b>Do not use alcohol</b> because of risk of liver damage. Drink plenty of fluids (water, juices, milk). May cause elevated uric acid. <b>Tell your doctor or public health nurse</b> if you become pregnant while on PZA.
Ethambutol (EMB)	Any Changes in Vision, (Ability to see or discriminate color) Skin Rash	<b>Do not use alcohol</b> because of risk of liver damage. Not recommended for children who are too young to be monitored for vision changes. <b>Tell your doctor or public health nurse</b> if you become pregnant while on EMB.

**CALL:** If you have any of the side effects listed above or

If you have any questions: \_\_\_\_\_

I have read the statements on this form about the treatment of active TB disease. I have had an opportunity to ask questions which were answered to my satisfaction. I believe I understand the benefits and risks of taking these medications.

\_\_\_\_\_  
Client name, please print

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Today's Date

\_\_\_\_\_  
Client or authorized person signature

\_\_\_\_\_  
Public Health Nurse Signature

**List educational material given to client:** \_\_\_\_\_

**Gave client a copy of form:** \_\_\_\_\_ (PHN Initials)