Women: Save Your Life!

Know the Signs of Heart Attack

- Fatigue
- Anxiety
- Nausea
- Shortness of breath
- Chest pressure or discomfort
- Pain in arms, neck, jaw or stomach

Prompt treatment can prevent death or disability.

1-800-AHA-USA1
americanheart.org

Brought to you with funding from the Centers for Disease Control and Prevention.

MONTANA
Department of Public Health & Human Services

American Heart Association®
Learn and Live℠

In case of heart attack, call 9-1-1
and preserve our nation.